



DISCUSSION GUIDE

RESCUE

SPEAKER: Bo Stern Brady

DATE: September 28, 2025

TEXT(S): Heb. 1:1-3; John 3:17 + 10:10;

Matt. 3:13-17 + 27:54; 2 Cor. 5:21;

1 Cor. 15:3-8; and Romans 10:9

HOW TO USE THIS GUIDE: *This resource is designed to help you, or your group, step through a progression of engagement with the Bible passage(s) and the speaker's message. Our goal is to help you better understand and apply B4's teaching.*

MESSAGE SUMMARY + DISCUSSION PROMPTS

This week's message reminds us that the story of God is not about us as the heroes. It is about Him. From creation onward, God has always been both author and main character. We are the beloved objects of His affection. Yet like Adam and Eve, we often lose the plot, turning inward in fear, shame, or self-reliance instead of living within God's loving gaze. Into this brokenness, God sent His Son, not to condemn but to rescue us. Jesus, who is fully God and fully human, entered our story, lived among us, revealed the Father, and ultimately died on the cross, bearing our sin and defeating death. His resurrection secures our own and offers us real, abundant life. The gospel is not a checklist of beliefs but an invitation to step into God's story through Christ, the true hero. The question now is whether we will lay down our own scripts and trust His.

LEAN IN: *These are icebreakers and warm-ups, mostly to get the group talking and start the flow of conversation. Choose one and talk it over for 5-10 minutes.*

1. What kinds of stories inspire you the most—adventure, redemption, love, comedy, something else?
2. When you were a kid, what character in a story or movie did you most see yourself as?
3. If your life *right now* were a movie, what would the title be?
4. Share about a moment when you felt really seen, noticed, or delighted in by someone.
5. What's one word you'd use to describe how you're feeling coming into this message study?

LOOK DOWN: *These are questions about the Bible passage(s) from the message. Spend about 15-20 minutes discussing your choice of two or three questions:*

1. In Matthew 3:16–17, God expresses His delight over Jesus. How might that shape our thinking about identity?
2. Read John 3:17. What stands out to you most about Jesus' purpose in coming to the world?
3. John 10:10 says Jesus came to give us life—real, abundant life. How would you describe that kind of life?
4. 2 Corinthians 5:21 says Jesus “became sin for us.” What does that mean in your own words?
5. In 1 Corinthians 15:3–8, Paul lists eyewitnesses to Jesus' resurrection. Why do you think Paul emphasizes

the evidence?

LOOK OUT: *These questions help connect the world of the Bible to today. Spend about 15-20 minutes discussing your choice of two or three questions:*

1. Pastor Bo said we often try to be the “star of our story.” Where do you see people doing that now?
2. When God called Jesus His beloved Son at baptism, it was before He “proved” anything. How does that challenge the way our culture measures worth?
3. Jesus came not to condemn but to save (John 3:17). How is that different from the way Christianity is often portrayed in the world today?
4. Pastor Bo described Jesus stepping into our broken world. What brokenness in today’s world makes you wish for a rescuer?
5. The Resurrection means death doesn’t have the final word. How could that change the way people today think about loss or suffering if they embraced its truth and significance?

LOOK IN: *These questions help you consider how to engage the teaching for yourself. Spend about 15-20 minutes discussing your choice of two or three questions:*

1. When you think about your life, do you tend to see yourself as the “hero” of the story or a supporting character in God’s story, and why?
2. Which negative emotions (fear, shame, confusion, anger) most often pull your eyes away from God?
3. When you imagine God looking at you, what do you think He sees? How does that line up with Matthew 3:17 (“This is my Son, whom I love”)?
4. How does knowing Jesus already finished the work of salvation (“It is finished”) bring peace? Or, is it hard to believe?
5. Where do you most long for the “real life” Jesus promises in John 10:10?

LIVE IT OUT: *These practical action steps help you apply this message to day-to-day life. Choose one prompt and talk it over for 5-10 minutes:*

1. What’s one area of your life where you need to let go of control and let God be the hero? Find a trusted friend and share this, asking them to help you figure out practical ways to surrender this to God.
2. Create communion and community as a living memory of Acts 3 by gathering a few friends or family around a table this week for a meal. Read Acts 3:1–10, and let the story of healing and witness shape your time together. Share bread and cup in communion, remembering that Jesus’ life binds you together. As you eat, tell stories of where you’ve seen God at work in your own story.

You can find more encouragement on [our series resources page](#).