

# AS ABOVE SO BELOW

OUR FATHER IN HEAVEN, HALLOWED BE YOUR NAME, YOUR KINGDOM COME, YOUR WILL BE

DONE, ON EARTH AS IT IS IN HEAVEN, GIVE US TODAY OUR DAILY BREAD, AND FORGIVE

US OUR DEBTS, AS WE ALSO HAVE FORGIVEN OUR DEBTORS, AND LEAD US NOT INTO TEMP

TATION, BUT DELIVER US FROM THE EVIL ONE.

MATTHEW 6:9-13

## DISCUSSION GUIDE

### DELIVER US

SPEAKER: Bo Stern Brady

DATE: February 8, 2026

TEXT(S): Matt. 6:9-13; with 1 Cor. 10:13; James 1:13; Psalm 1:1-3, 40:2; and 2 Tim. 4:18

**HOW TO USE THIS GUIDE:** This resource is designed to help you, or your group, step through a progression of engagement with the Bible passage(s) and the speaker's message. Our goal is to help you better understand and apply B4's teaching.

### MESSAGE SUMMARY + DISCUSSION PROMPTS

Jesus ends the Lord's Prayer where some of us forget to begin: with the reality of evil and our need for rescue. From "Our Father" to "the evil one," the prayer acknowledges a world shaped by tension. One that sits between provision and scarcity, forgiveness and resentment, temptation and deliverance. Jesus teaches us to pray as he does, not because God would tempt us, but so that He would lead us wisely through a landscape filled with alluring sin. We choose proximity to our Shepherd, as we delight in him. And because we cannot save ourselves, we cry out for deliverance, trusting the God who rescues us from evil and draws us back into His kingdom, together.

**LEAN IN:** These are icebreakers and warm-ups, mostly to get the group talking and start the flow of conversation. Choose one and talk it over for 5-10 minutes.

1. Share about a situation that looked great to you at first, but turned out to be costly later.
2. When you hear a phrase like "cosmic battle," what comes to mind? Star Wars, or...?
3. Who, or what, has been a steady guide to you during confusing seasons?  
Don't feel the need to overly spiritualize your answer
4. What's one habit that helps you feel grounded when life feels chaotic?
5. What words come to mind when you hear a phrase like "deliver us"?

**LOOK DOWN:** These are questions about the Bible passage(s) above. Spend about 15-20 minutes discussing your choice of two or three questions:

1. Why do you think Jesus ends the Lord's Prayer with temptation and deliverance?
2. How does Psalm 1 frame human interaction with God's guidance?
3. What does "lead us not into temptation" suggest about God's role versus ours?
4. How does the image of "deliverance" deepen our understanding of salvation?
5. What does it mean that the Lord's Prayer is framed as a communal prayer, not an individual one?

**LOOK OUT:** *These questions help connect the world of the Bible to today. Spend about 15-20 minutes discussing your choice of two or three questions:*

1. What are some “beautiful but corrosive” temptations people face today?
2. How does celebrity culture and loyalty to personalities impact your culture, American or otherwise?
3. Where do you see certainty valued more than humility in today’s public discourse?
4. How can social media amplify “word wounds” as Pastor Bo described them?
5. In what ways is being “right” subtly replacing humble character formation in our society?  
What impact does this drive have on curiosity and empathy?

**LOOK IN:** *These questions help you consider how to engage the teaching for yourself. Spend about 15-20 minutes discussing your choice of two or three questions:*

1. Where might God be trying to lead you away from something that feels good but isn’t life-giving?
2. How close do you currently live to your Shepherd’s voice?
3. Are there opinions or preferences God might be asking you to hold more loosely?
4. What does attentiveness to God look like in your daily routine? What erodes it?
5. Where do you most need rescue, maybe not from dramatic failure, but from slow erosion?

**LIVE IT OUT:** *These practical action steps help you apply this message to day-to-day life. Choose one prompt and talk it over for 5-10 minutes:*

1. Each morning this week, pray with awareness of God’s proximity, the final line of the Lord’s Prayer. Do it slowly, asking God to show you what He may be leading you around, not just through.
2. For one week, intentionally speak words that protect unity and the hearts of others, pausing before responding to a challenge, while refusing a sarcasm or certainty that wounds, and choosing humility over being “right.”

You can find B4’s [Series Resources and a link to 21 Days of Prayer and Fasting here.](#)

