



BLESSED ARE _____

DISCUSSION GUIDE

THE HUNGRY

SPEAKER: Bo Stern Brady

DATE: March 29, 2026

TEXT(S): Matthew 5:9, with Is. 52:7; Eph. 6:14-15; Col. 1:19-20; and Rom. 16:20

***HOW TO USE THIS GUIDE:** This resource is designed to help you, and your group, step through a progression of engagement with the Bible passage(s) and the speaker's message.*

Our goal is to help you better understand and apply B4's teaching.

MESSAGE SUMMARY + DISCUSSION PROMPTS

This message explores Jesus' blessing of peacemakers as a call to embody shalom, as we say, "nothing missing, nothing broken." It contrasts an imposed peace, like the Pax Romana or forced conversions under Charlemagne, with the internal, transforming peace of Christ. True peace is not maintained through control, coercion, or cultural order, but through surrender and the Gospel's reconciliation. Peacemakers don't enforce behavior; they carry the peace of Jesus into every space they enter. Marked by "beautiful feet," they actively bring restoration, trusting that lasting order flows from inward transformation, not outward pressure.

LEAN IN: *These are icebreakers and warm-ups, mostly to get the group talking and start the flow of conversation. Choose one and talk it over for 5 minutes.*

1. When have you felt the most peaceful, and why?
2. Do you tend to avoid conflict or engage in it, and why?
3. How does popular culture typically try to depict peace?
4. What environments feel most peaceful to you?
5. Who is someone you consider a peaceful person, and why?

LOOK DOWN: *These are questions about the Bible passage(s) above. Spend about 10 minutes discussing your choice of two or three questions:*

1. Matthew 5:9, what does it mean to make peace rather than simply keep it?
2. How does Isaiah's image of "beautiful feet" deepen our understanding of peacemaking?
3. What about Ephesians 6 suggests that peace is something we "wear" or carry?
4. What stands out about God's role in Romans 16:20 in contrast to human efforts?
5. What repeated themes do you notice in the scriptures cited about the source of true peace?

LOOK OUT: *These questions help connect the world of the Bible to today. Spend about 10 minutes discussing*

your choice of two or three questions:

1. Where do you see an “imposed peace” after the fashion of the Pax Romana in today’s world?
2. Does your culture confuse order with true peace, and why or why not?
3. How can/has Christianity be/been misused as a tool for control rather than peace?
4. Why is internal transformation harder than external compliance?
5. How can social media accelerate whether we spread peace or chaos?

LOOK IN: *These questions help you consider how to engage the teaching for yourself. Spend about 15-20 minutes discussing your choice of two or three questions:*

1. Where in your life are you tempted to enforce control rather than make peace?
2. How do your words and tone affect the environments you enter?
3. Is there a relationship with someone in your life where God is inviting you to pursue reconciliation?
4. How can you better “wear” the gospel of peace in your interactions?
5. What does trusting Jesus for peace (rather than your power to control things) look like this week?

LIVE IT OUT: *These practical action steps help you apply this message to day-to-day life. Choose one prompt and talk it over for 5 minutes:*

1. Practice a daily “Shalom Inventory” this week: Spend 5 minutes praying in the morning or evening and ask, “Lord, where is something missing or broken in me today? Bring your peace into that space.” Intentionally surrender control of the situation and invite Jesus’ internal transformation before engaging the day, or reflecting back on it if you’re doing this at night.
2. Before leaving home each day this week, pray a “Gospel Feet” commissioning prayer: Pause and pray before you start your day, “Jesus, guide my steps today. Let every place I go be touched by Your peace.” Be sure to name specific places and relationships (work, home, store, spouse, parents, friends, coworkers) and ask God to make you a carrier of His peace into those spaces and to those people.

You can find B4’s [Series Resources here](#).

