

## The Keys Marriage and Sex

**Scripture:** Matt 19:3-6, Gen. 2:15-18, Genesis 2:15-18, Ephesians 5:22, 25

**Icebreaker:** What country would you travel to if you knew there was a chance you would have to stay there for up to a year?

### **Questions:**

1. All of us have a picture of marriage, we may have gotten it from our parents, or maybe it was a family we knew. When you think about marriage where do you get your idea of what a marriage should be from?
2. Tim mentioned that loneliness can be found just as easily inside a marriage. Why is this true?
3. During times of Stress it can put a strain on a marriage, what are some common places frustration can pop up in marriage and with our spouses?
4. We talked about 4 basic needs:
  - acceptance- Accept me for who I am
  - identity- Who I am?
  - security- Am I safe and secure?
  - purpose- What is the meaning of life?

Which of those four do you tend to look for in a relationship?

5. Read Matt 19:3-6 - Tim talked about the need for us to value our Marriage. And that value is made known to us in what we are willing to give up or sacrifice. What are some big or small things that you see your spouse giving up for you?
6. Compare and Contrast Eph. 5:22 with vs 25. What is asked of each spouse in marriage?
7. How does recognizing each others value, make Sex better in marriage?

**Note:** Please take the time to tailor these questions to your group dynamic.

Keys Blessed:

Anxiety- Sabbath

Financial- First Fruits

Marriage and Sex

For some-

- Marriage in not in your thoughts
- marriage is in your thoughts because of Divorced, Spouse Pass Away
- marriage is new and Thriving- Your more f teammates than
- You are ready to Break

Loneliness can be found just as easy in a marriage

Stress on any object shows its strength-

Illustration: Rubberband- shows our faith Level. Strength of marriage

happy the spouse becomes the object of your affection

stressed the spouse comes the object of your Frustration

Why?

4 Basic Needs

- acceptance- accept me for who I am- Jesus Never leaves us for forsakes us
- identity- who I am- He made You in his mothers womb
- security- Am I safe and secure
- purpose- What is the meaning of life

Illustration: My wife and I watched out first Hallmark Romantic Movie of the year

- Looking for someone to give us hope

What we do with relationships-

We are looking for a transaction

You provide me- Acceptance, Identity, security, purpose

You complete me, you Fulfill me,

You go i with HIGH expectations about that relationship

That person has High Value

But when these 4 areas are retriggered???

- Lose value

- Illustration: Disappointed in a product- Apply and let dry

- Some of you have been de-valued

Matthew 19:3 Some Pharisees came to him to test him. They asked, "Is it lawful for a man to divorce his wife for any and every reason?"

- Background?
- 400 Year Prior: Malachi
- What justifies me getting out of this?

4 "Haven't you read," he replied, "that at the beginning the Creator 'made them male and female,' 5 and said, 'For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh'? 6 So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate."

God has joined together:

- Genesis 2:15 The Lord God took the man and put him in the Garden of Eden to work it and take care of it. 16 And the Lord God commanded the man, "You are free to eat from any tree in the garden; 17 but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die."

- 18 The Lord God said, "It is not good for the man to be alone. I will make a helper suitable for him."

- Adam didn't say Im in need: God said- Adam is in need

- God will provide a spouse that exposes what you need, not always what you want

Value- What do I give Up for you

The process- of devaluing an item

The more you protect an item- The greater the value of that item, especially to the owner of that Vehicle

Illustration: One of the original pace cars  
men Build Barns for there collector cars

Illustration: Going through the filter of Jesus- Removes all the need

- Let God take care of your needs

If we don't go through the Jesus Filter We come out "Needing these needs"

Here is the breakthrough- Your focus is on what you give instead of what you get:

Ephesians 5

22 Wives, submit yourselves to your own husbands as you do to the Lord.

25 Husbands, love your wives, just as Christ loved the church and gave himself up for her

I don't find value in what you give me-

I find value in that God gave me you

For Sex- When we value not on what they give me, but who they are- Sex becomes amazing.