

A FATHER'S BLESSING

31 SCRIPTURAL BLESSINGS FOR DADS TO SPEAK OVER THEIR CHILDREN

THE POWER OF BLESSING YOUR CHILD

Dear Agape Dad,

As a father, God has entrusted you with the great privilege and responsibility of raising children who fear the Lord and obey His commands. Godly fathers are called to love, instruct and discipline. One powerful way to do this is by speaking a daily blessing over your children. God has given fathers the mandate and authority to bless their children in His name and in accordance with His will. This pattern of fatherly blessing is seen throughout Scripture: God the Father blesses His children; the patriarchs, priests, and prophets of the Old Testament blessed their children and God's people; and the spiritual fathers of the New Testament spoke blessings over God's church.

Here we have compiled 31 blessings from Scripture that you can speak over your child - one for every day of the month. In speaking these blessings over your children, you are pointing them to God as the Source of all blessing; you are giving them a vision for their future in Christ; and you are communicating your love for them and your desire for them to serve the Lord. We encourage you to set aside a specific time each day to bless your child. Place your hand on their head or shoulder. Look into their eyes, and speak the blessings of God's Word over them and into them.

With love,
Agape House New Testament Church

THE BLESSING OF PSALM 112:1-4

"Blessed are those who fear the Lord, who find great delight in His commands. Their children will be mighty in the land; the generation of the upright will be blessed. Wealth and riches are in their houses, and their righteousness endures forever. Even in darkness light dawns for the upright, for those who are gracious and compassionate and righteous."

May you be a man/woman who fears the Lord and finds great delight in His commands.

May your children be mighty in the land and may the generations after you be blessed.

May you find your wealth and your riches in God and may you endure in righteousness forever.

Even in the darkness, may the light dawn for you.

May you be a gracious, compassionate, and righteous man/woman.
Amen!

THE BLESSING OF PSALM 112:5-9

2

"Good will come to those who are generous and lend freely, who conduct their affairs with justice. Surely the righteous will never be shaken; they will be remembered forever. They will have no fear of bad news; their hearts are steadfast, trusting in the Lord. Their hearts are secure, they will have no fear; in the end they will look in triumph on their foes."

May you be generous and conduct your affairs with justice so that good will come to you.

May you never be shaken and may your godly legacy be remembered forever.

May you have no fear of bad news.

May your heart be steadfast, trusting in the Lord.

May your heart be secure, without fear, knowing that in the end, the Lord will give you victory over every foe. Amen!

THE BLESSING OF PSALM 103:1-5

3

"Praise the Lord, my soul; all my inmost being, praise His holy name. Praise the Lord, my soul, and forget not all His benefits— who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's."

May you bless the Lord all the days of your life.

With all that is within you, may you bless His holy Name.

May you never forget the benefits of the Lord Who forgives your sins, heals your diseases, and redeems your life from destruction.

May the Lord satisfy your desires with good things and cause you to rise up on eagle's wings. Amen!

THE BLESSING OF PSALM 1

4

"Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on His law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers. Not so the wicked! They are like chaff that the wind blows away. Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous but the way of the wicked leads to destruction."

May the Lord always keep you from the steps of the wicked, the way of sinners and the company of mockers.

May you delight in the law of the Lord and meditate on it day and night.

May you be like a tree, planted by streams of water which yields its fruit in season. May the Lord prosper all that you do for His glory and watch over your way all the days of your life.

May you be able to stand in the day of judgment and join the assembly of the righteous forever. Amen!

THE BLESSING OF PSALM 4

5

"Answer me when I call to you, my righteous God. Give me relief from my distress; have mercy on me and hear my prayer....Know that the Lord has set apart His faithful servant for Himself; the Lord hears when I call to Him.....Many, Lord, are asking, "Who will bring us prosperity?" Let the light of Your face shine on us. Fill my heart with joy when their grain and new wine abound. In peace I will lie down and sleep, for You alone, Lord, make me dwell in safety."

May the Lord answer when you pray and relieve you in distress.

May He have mercy on you and hear your prayer.

May the Lord set you apart as a faithful servant for Himself.

May He lift up the light of His countenance upon you and fill your heart with joy that surpasses all earthly pleasures.

May the Lord make you dwell in safety

And when you lie down, may you sleep in peace. Amen!

THE BLESSING OF NUMBERS 6:24-26

6

'The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you; the Lord turn His face toward you and give you peace.'

May the Lord bless you and keep you.

May the Lord make His face shine on you and be gracious unto you.

May the Lord turn His face toward you and give you peace. Amen!

THE BLESSING OF ROMANS 15:13

7

"May the God of hope fill you with all joy and peace as you trust in Him, so that you may overflow with hope by the power of the Holy Spirit."

May the God of hope fill you with all joy and peace as you trust in Him.

May you may overflow with hope by the power of the Holy Spirit.

Amen!

THE BLESSING OF PSALM 15

8

"Lord, who may dwell in your sacred tent? Who may live on your holy mountain? The one whose walk is blameless, who does what is righteous, who speaks the truth from their heart; whose tongue utters no slander, who does no wrong to a neighbor, and casts no slur on others; who despises a vile person but honors those who fear the Lord; who keeps an oath even when it hurts, and does not change their mind; who lends money to the poor without interest; who does not accept a bribe against the innocent. Whoever does these things will never be shaken."

May you dwell daily in the presence of the Lord.

May your walk be blameless and your work be righteous.

May you speak the truth from your heart and may your tongue utter no slander.

May you do no wrong to your neighbor.

May you be honorable, faithful, and generous with your money.

May the Lord keep you in His way so that you will not be shaken. Amen!

THE BLESSING OF I THESSALONIANS 5:23-24

9

"May God Himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The One who calls you is faithful, and He will do it."

May God Himself, the God of peace, sanctify you through and through.

May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

And may you always trust the One who calls you and who has faithfully accomplished your redemption. Amen!

THE BLESSING OF PSALM 16:5-7

10

"Lord, You alone are my portion and my cup; You make my lot secure. The boundary lines have fallen for me in pleasant places; surely I have a delightful inheritance. I will praise the Lord, who counsels me; even at night my heart instructs me."

May the Lord be your portion and your cup.

May the Lord make your lot secure.

May the boundary lines fall for you in pleasant places, and may you delight in the inheritance God gives you.

May the Lord be your Counselor, and at night, may He speak to your heart and instruct you. Amen!

THE BLESSING OF PSALM 16:8-10

II

"I keep my eyes always on the Lord. With Him at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body also will rest secure, because You will not abandon me to the realm of the dead, nor will You let your faithful one see decay."

May you keep your eyes always on the Lord.

Because the Lord is at your right hand, may you not be shaken.

May your heart be glad and your tongue rejoice because the Lord will not abandon you.

May the Lord show you the path of life. May He fill you with joy in His presence and with eternal pleasures at His right hand. Amen!

THE BLESSING OF EPHESIANS 6:10-17

12

"Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes.....Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God."

May you be strong in the Lord and in His mighty power.

May you be blessed with the full armor of God so that you can take your stand against the devil's schemes.

May you stand firm with the belt of truth buckled around your waist, and the breastplate of righteousness in place. May your feet be fitted with the readiness that comes from the Gospel of peace.

May you take up the shield of faith, the helmet of salvation, and the sword of the Spirit, which is the Word of God so that when the day of evil comes, you will be able to stand your ground. Amen!

THE BLESSING OF PSALM 23:1-4

13

"The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, He leads me beside quiet waters, He refreshes my soul. He guides me along the right paths for His name's sake. Even though I walk through the darkest valley, I will fear no evil, for You are with me; Your rod and your staff, they comfort me."

May the Lord be your shepherd. May He bless you with all that you need.

May He make you lie down in green pastures and lead you beside quiet waters, and restore your soul.

May He guide you in paths of righteousness for His name's sake.

May you fear no evil, even when you walk through the valley of the shadow of death, because you know that God is with you.

May His rod and staff always comfort you. Amen!

THE BLESSING OF PSALM 23:5-6

14

"You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely Your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever."

May the Lord prepare a table before you in the presence of your enemies.

May He anoint your head with oil. May your cup of joy overflow continuously.

May the Lord's goodness and mercy follow you all the days of your life, and may you dwell in the house of the Lord forever. Amen!

THE BLESSING OF DEUTERONOMY 28:3-6

15

"You will be blessed in the city and blessed in the country. The fruit of your womb will be blessed, and the crops of your land and the young of your livestock—the calves of your herds and the lambs of your flocks. Your basket and your kneading trough will be blessed. You will be blessed when you come in and blessed when you go out."

Blessed shall you be when you obey the Lord your God.

Blessed shall you be in the city. Blessed shall you be in the country.

Blessed shall be the offspring of your body. Blessed shall be the work of your hands.

Blessed shall you be when you come in. Blessed shall you be when you go out.

Blessed be the name of the Lord in your life, forever and ever. Amen!

THE BLESSING OF 1 KINGS 8:57-61

16

"May the Lord our God be with us as He was with our ancestors; may he never leave us nor forsake us. May He turn our hearts to Him, to walk in obedience to Him and keep the commands, decrees and laws He gave our ancestors. And may these words of mine, which I have prayed before the Lord, be near to the Lord our God day and night, that He may uphold the cause of his servant and the cause of his people Israel according to each day's need, so that all the peoples of the earth may know that the Lord is God and that there is no other. And may your hearts be fully committed to the Lord our God, to live by His decrees and obey His commands, as at this time."

May the Lord your God be with you as He has been with me. May He never leave you or forsake you.

May He turn your heart to Him, to walk in obedience to Him and keep His commands. May the Lord hear your prayers night and day.

May He uphold your cause and the cause of all His people so that all people of the earth will know that He is God and that there is no other.

May your heart be fully committed to the Lord God to live by His decrees and obey His commands. Amen!

THE BLESSING OF HEBREWS 13:20-21

17

"Now may the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, equip you with everything good for doing His will, and may He work in us what is pleasing to Him, through Jesus Christ, to whom be glory for ever and ever. Amen."

May the God of Peace - who brought up from the dead Jesus Christ our Lord through the blood of the eternal covenant -

May He equip you with everything good for doing His will.

May He work in you that which is pleasing to Him through the power of Jesus Christ to whom be the glory forever and ever. Amen!

THE BLESSING OF HEBREWS 12:1-2

18

"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith...Consider Him who endured such opposition from sinners, so that you will not grow weary and lose heart."

May the Lord bless you like the mighty men/women of faith who have gone before you.

May He give you grace to throw off everything that hinders you and the sin that so easily entangles you.

May He empower you to run with perseverance the race marked out for you.

May you fix your eyes on Jesus, the Pioneer and Perfecter of your faith.

May you consider Jesus so that you will not grow weary and lose heart.
Amen!

THE BLESSING OF 2 THESSALONIANS 2:16-17; 3:16

19

"May our Lord Jesus Christ Himself and God our Father, who loved us and by His grace gave us eternal encouragement and good hope, encourage your hearts and strengthen you in every good deed and word."

"Now may the Lord of peace Himself give you peace at all times and in every way. The Lord be with all of you."

May the Lord Jesus Christ Himself and God our Father - who loves you and by His grace gives you eternal encouragement and hope -

May He encourage your hearts and strengthen you in every good deed and word.

May the Lord of peace give you peace at all times and in every way.

May the Lord be with you. Amen!

THE BLESSING OF 2 THESSALONIANS 1:11-12

20

"With this in mind, we constantly pray for you, that our God may make you worthy of His calling, and that by His power He may bring to fruition your every desire for goodness and your every deed prompted by faith. We pray this so that the name of our Lord Jesus may be glorified in you, and you in Him, according to the grace of our God and the Lord Jesus Christ."

To this end, I bless you in the name of the Lord:

That the Lord may make you worthy of His calling.

That by His power, the Lord will bring to fruition your every desire for goodness and your every deed prompted by faith.

May the name of our Lord Jesus may be glorified in you, and you in Him, according to the grace of our God and the Lord Jesus Christ. Amen!

THE BLESSING OF ISAIAH 41:10

21

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

May you have no fear because you know the Lord is with you.

May you never be dismayed because you know and trust in your God.

May the Lord always strengthen you and help you.

May the Lord uphold you with His righteous right hand. Amen!

THE BLESSING OF PSALM 125:1-2

22

"Those who trust in the Lord are like Mount Zion, which cannot be shaken but endures forever. As the mountains surround Jerusalem, so the Lord surrounds His people both now and forevermore."

May the Lord increase your trust in Him.

May you be like Mount Zion which cannot be shaken but endures forever.

As the mountains surround Jerusalem, may the Lord surround you both now and forever. Amen!

THE BLESSING OF PSALM 121:5-8

23

"The Lord watches over you— the Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The Lord will keep you from all harm— He will watch over your life; the Lord will watch over your coming and going both now and forevermore."

May the Lord watch over you.

May He be a shade at your right hand so that the sun will not harm you by day or the moon by night.

May the Lord keep you from all harm. May He watch over your life.

May He watch over your coming and your going both now and forever.
Amen!

THE BLESSING OF EPHESIANS 3:16-19

24

"I pray that out of his glorious riches He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God."

May our great and eternal Father bless you from His glorious riches.

May He may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith.

May you, being rooted and established in love, have power to grasp how wide and long and high and deep is the love of Christ.

May you know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Amen!

THE BLESSING OF PSALM 20:1-4

25

"May the Lord answer you when you are in distress; may the name of the God of Jacob protect you. May He send you help from the sanctuary and grant you support from Zion. May He remember all your sacrifices and accept your burnt offerings. May He give you the desire of your heart and make all your plans succeed."

May the Lord answer you when you are in distress.

May the name of the God of Jacob protect you.

May He send you help from the sanctuary and grant you support from Zion.

May He remember your sacrifice of worship and all your prayers.

May He give you the desire of your heart and make all your plans succeed in accordance with His will. Amen!

THE BLESSING OF COLOSSIANS 1:9-12

26

"We continually ask God to fill you with the knowledge of His will through all the wisdom and understanding that the Spirit gives, so that you may live a life worthy of the Lord and please Him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to His glorious might so that you may have great endurance and patience, and giving joyful thanks to the Father, who has qualified you to share in the inheritance of His holy people in the kingdom of light."

May God continually fill you with the knowledge of His will through all the wisdom and understanding that the Spirit gives.

May you live a life worthy of the Lord and please Him in every way. May you bear fruit in every good work, growing in the knowledge of God.

May you be strengthened with all power, according to His glorious might so that you may have great endurance and patience.

May you give joyful thanks to the Father who has qualified you to share in the inheritance of His holy people in the kingdom of light. Amen!

THE BLESSING OF PHILIPPIANS 4:4-6

27

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God."

May you rejoice in the Lord always.

I will say it again: May you rejoice in the Lord!

May your gentleness be evident to all. May you live in a way that reveals the Lord is near.

May you be anxious for nothing. In every situation, by prayer and petition, with thanksgiving, may you present your requests to God.

May the peace of God, which transcends all understanding, guard your hearts and your minds in Christ Jesus. Amen!

THE BLESSING OF 2 CORINTHIANS 9:8-11

28

"And God is able to bless you abundantly, so that in all things at all times, having all that you need, you will abound in every good work. As it is written: 'They have freely scattered their gifts to the poor; their righteousness endures forever.' Now He who supplies seed to the sower and bread for food will also supply and increase your store of seed and will enlarge the harvest of your righteousness. You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God."

May God bless you abundantly. May you have all you need at all times so that you will abound in every good work.

As you live generously, may our God supply and increase your store of seed and enlarge the harvest of your righteousness for His glory.

May you be enriched in every way so that you can be generous on every occasion.

May your generosity always result in thanksgiving to God. Amen!

THE BLESSING OF PHILIPPIANS 1:6,9-11

29

*"Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus."
"And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God."*

May our mighty and powerful God, who began a good work in you, carry it on to completion until the day of Christ Jesus.

May your love may abound more and more in knowledge and depth of insight.

May you be able to discern what is best and may you be pure and blameless for the day of Christ.

May you be filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God. Amen!

THE BLESSING OF ISAIAH 40:29-31

30

"He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

May the Everlasting God, the Creator of the ends of the earth -

May He give strength to you when you are weary and increase your power when you are weak.

Even though many around you grow tired and weary and many stumble and fall, may you maintain your hope in the Lord.

As you hope in Him, may the Lord renew your strength.

May you soar high on wings like eagles. May you run in God's power and not grow weary. May you walk in God's strength and not be faint. Amen!

THE BLESSING OF PROVERBS 3:5-8

31

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight. Do not be wise in your own eyes; fear the Lord and shun evil. This will bring health to your body and nourishment to your bones."

May you trust in the Lord with all your heart and lean not on your own understanding.

May you submit all your ways to the Lord, and may the Lord make your paths straight.

May you fear the Lord and shun evil. May you cling to God's wisdom and not your own.

As you do this, may the Lord bring health to your body and nourishment to your bones. Amen!



AGAPE HOUSE

NEW TESTAMENT CHURCH

www.agapehouseghana.org

Written by Sarah Grace Owusu

© 2022 Agape House New Testament Church