

Sunday, 10 October 2021



RIVERSIDE

FIRST CHURCH OF GOD



SOUL DETOX

Clean Living in a Contaminated World

Our 5-week Church-Wide Study begins TODAY!

Many Riverside LifeGroups will also be working through this study the weeks after the lesson is presented on Sunday by Pastor Brian. The goal of the series is to examine ourselves and the influences in our lives. We truly believe WE ALL will benefit from working through this study as a church body!

Want to join a LifeGroup? Click [HERE](#) to find a LifeGroup!

Need help finding a LifeGroup? Email office@rchurch.net

Want a daily devotional copy for the 5 weeks? Pick one up on the table on the left going into the sanctuary, or click [HERE](#) for a copy to print.



Riverside is looking forward to a month long church wide study.

October 3 - Lethal Language
October 10 - Scare Pollution
October 17 - Radioactive Relationships
October 24 - Septic Thoughts
October 31 - Germ Warfare

Many LifeGroups will be discussing this sermon series also during their weekly meetings.



Want more information?
Check out Soul Detox by [Craig Groeschel](#)

Free Right Now Media accounts are available for those who wish to follow along. Email office@rchurch.net for the invitation mail. Everyone who attends Riverside can have access to this wonderful resource!

Desintoxicación – El Espíritu del Miedo

Bienvenido a la segunda semana de nuestra serie de cinco semanas llamada "desintoxicar el alma".

El miedo hará que seamos golpeados, derrotados, tengamos los hombros caídos, los pies arrastrando los pies, personas que no sonrientes, críticas y desconfiadas.

¿Cómo sabes si estás viviendo con la toxina del miedo? Tal vez estas preguntas ayuden...

La primera pregunta es esta. ¿Estás sacudido?

¿A menudo te preocupas por cosas que están fuera de tu control?

¿Pierdes el sueño por problemas apremiantes?

¿Es difícil apagar tu mente?

¿Lo desconocido te intimida?

¿A menudo te imaginas el peor de los casos?

Estamos hablando de miedo tóxico. Y vivimos en una cultura de ello.

2 Timoteo 1:7 ... porque Dios nos dio un espíritu no de temor, sino de poder, amor y autocontrol.

Un espíritu de miedo. Pablo no está hablando de un momento de tener miedo.

No está hablando de un pensamiento temeroso.

No está hablando de un mal sueño.

Está hablando de vivir con un espíritu de miedo.

Un compañero constante de preocupación y temor.

Un estado constante de agitación y ansiedad que congela la fe y paraliza el corazón.

Una implacable sensación de inquietud.

Aprensión constante.

Es un espíritu de miedo.

¿Ves las bajas del miedo en ese versículo? El poder de Dios en mi vida es una víctima del miedo porque cuando temo, Dios no es lo suficientemente grande en Dios no es lo suficientemente bueno.

El amor de Dios por mí o mi amor por los demás es una víctima del miedo porque cuando temo solo me protejo y me aísla.

El autocontrol es una víctima del miedo porque ahora la vida está fuera de control y estoy lleno del espíritu del miedo.

Josué 1:9 ¿No te he mandado? Sé fuerte y valiente. No os asustes, y no os consternes, porque el Señor vuestro Dios está con vosotros dondequiera que vayáis".

Salmo 27:1 El Señor es mi luz y mi salvación; ¿a quién temeré? El Señor es la fortaleza de mi vida; ¿A quién debo temer?

Deuteronomio 31:6 Sed fuertes y valientes. No temáis ni temáis por ellos, porque es el Señor vuestro Dios quien va con vosotros. Él no te dejará ni te abandonará".

Salmo 23:4 Aunque camine por el valle de la sombra de la muerte, no temeré ningún mal, porque tú estás conmigo; tu vara y tu bastón, me consuelan.

Isaías 41:13 Porque yo, el Señor tu Dios, sostengo tu mano derecha; soy yo quien te dice: "No temas, yo soy el que te ayuda".

Salmo 118:6 El Señor está de mi lado; No voy a temer. ¿Qué puede hacerme el hombre?

Salmo 56:3 Cuando tengo miedo, pongo mi confianza en ti.

Isaías 35:4 Di a los que tienen un corazón ansioso: "Sed fuertes; ¡No temas! He aquí, tu Dios vendrá con venganza, con la recompensa de Dios. Él vendrá y te salvará".

¿Cuál es el tema común? Es esto; el temor es común hasta que Dios entra en escena.

41:9 – 10 "Tú eres mi siervo, te he escogido y no te he desechado";

¹⁰ no temas, porque yo estoy contigo; no te consternes, porque yo soy tu Dios; te fortalecerá, te ayudará, te sostendrá con mi justa mano derecha.

En este versículo hay **dos mandamientos** y estos mandamientos están sostenidos por **cinco pilares**. Los dos mandamientos se encuentran en el versículo 10; no temas y no te desanimes ni te desanimes.

1. Estoy contigo, no temas porque estoy contigo.
2. Yo soy tu Dios, no tengas miedo porque soy tu Dios.
3. Te fortaleceré, puedo darte lo que necesitas.
4. Te ayudaré, algo sobrenatural del cielo viene en tu camino.
Te defenderé, prevalecerás por mi mano.

Ahora tomemos este conocimiento y derrotemos el miedo con estas cuatro acciones.

1. Derrotaremos el miedo tóxico con la verdad.

Sigue este pensamiento...

- Juan 14:6 Jesús se llamó a sí mismo "la verdad".
 - Juan 14:17 Jesús dijo que nos daría el espíritu de verdad, el Espíritu Santo.
 - Juan 17:17 Jesús dijo: "Tu palabra es verdad".
 - También en Juan 17:17 Jesús dijo que la palabra de verdad nos separaría, nos haría diferentes.
- En Juan 8:32 Jesús dijo: "la verdad os hará libres".

2. También derrotamos el miedo tóxico con el poder.

2 Timoteo 1:7 ... porque Dios nos dio un espíritu no de temor, sino de poder, amor y autocontrol.

Ahora escucha la verdad...

Efesios 1:18 para que sepas... 19 ¿Cuál es la inconmensurable grandeza de su poder hacia nosotros que creemos, según la obra de su gran poder ²⁰, que trabajó en Cristo cuando lo resucitó de entre los muertos...

3. Derrotamos el miedo tóxico con amor.

2 Timoteo 1:7 ... porque Dios nos dio un espíritu no de temor, sino de poder, amor y autocontrol.

1 Juan 4:18 No hay temor en el amor, pero el amor perfecto expulsa el temor.

4. Derrotamos el miedo tóxico con autocontrol.

2 Timoteo 1:7 ... porque Dios nos dio un espíritu no de temor, sino de poder, amor y autocontrol.

El punto es que podemos decidir qué historia vamos a vivir.

Lets see what GOD can do!
Pastor Brian Harrell

Detox – The Spirit of Fear

Welcome to the second week of our five week series called “detoxing the soul.”

Fear will cause us to be beaten down, defeated, have drooping shoulders, shuffling feet, unsmiling, critical, and distrusting kind of people.

How do you know if you are living with the toxin of fear? Maybe these questions will help...

First question is this. Are you rattled?

Do you often worry about things that are beyond your control?

Do you lose sleep over pressing issues?

Is it hard to turn off your mind?

Does the unknown intimidate you?

Do you often imagine the worse case scenario?

We are talking about toxic fear. And we live in a culture of it.

2 Timothy 1:7 ...for God gave us a spirit not of fear but of power and love and self-control.

A spirit of fear. Paul's not talking about a moment of being afraid.

He's not talking about a fearful thought.

He's not talking about a bad dream.

He's talking about living with a spirit of fear.

A constant companion of worry and dread.

A constant state of churning and anxiety that freezes faith and paralyzes the heart.

A relentless sense of uneasiness.

Constant apprehension.

It is a spirit of fear.

Do you see the casualties of fear in that verse? The power of God in my life is a casualty of fear because when I fear, God's not big enough in God's not good enough.

The love of God for me or my love for others is a casualty of fear because when I fear I only protect myself and isolate.

Self-control is a casualty of fear because now life is out of control and I'm full of the spirit of fear.

Joshua 1:9 Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go.

Psalm 27:1 The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?

Deuteronomy 31:6 Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you.

Psalm 23:4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

Isaiah 41:13 For I, the Lord your God, hold your right hand; it is I who say to you, “Fear not, I am the one who helps you.”

Psalm 118:6 The Lord is on my side; I will not fear. What can man do to me?

Psalm 56:3 When I am afraid, I put my trust in you.

Isaiah 35:4 Say to those who have an anxious heart, "Be strong; fear not! Behold, your God will come with vengeance, with the recompense of God. He will come and save you."

What is the common theme? It is this; fear is common until God steps into the picture.

**41:9 – 10 "You are my servant,
I have chosen you and not cast you off";
¹⁰ fear not, for I am with you;
be not dismayed, for I am your God;
I will strengthen you, I will help you,
I will uphold you with my righteous right hand.**

In this verse there are **two commands** and these commands are supported by **five pillars**. The two commands are found in verse 10; fear not and don't be dismayed or discouraged.

1. I am with you – don't fear for I'm with you.
2. I am your God – don't be afraid because I am your God.
3. I will strengthen you – I can give you what you need.
4. I will help you – something supernatural from heaven is coming your way.
I will uphold you – you will prevail by my hand.

Now let's take this knowledge and defeat fear with these four actions.

1. We will defeat toxic fear with truth.

Follow this thinking...

- John 14:6 Jesus called himself "the truth."
- John 14:17 Jesus said he would give us the spirit of truth, the Holy Spirit.
- John 17:17 Jesus said, "thy word is truth."
- Also in John 17:17 Jesus said that the word of truth would separate us, make us different.

In John 8:32 Jesus said, "the truth will set you free."

2. We also defeat toxic fear with power.

2 Timothy 1:7 ...for God gave us a spirit not of fear but of power and love and self-control.

Now listen to truth...

Ephesians 1:18 that you may know...19 what is the immeasurable greatness of his power toward us who believe, according to the working of his great might ²⁰ that he worked in Christ when he raised him from the dead...

3. We defeat toxic fear with love.

2 Timothy 1:7 ...for God gave us a spirit not of fear but of power and love and self-control.

1 John 4:18 There is no fear in love, but perfect love casts out fear.

4. We defeat toxic fear with self-control.

2 Timothy 1:7 ...for God gave us a spirit not of fear but of power and love and self-control.

The point is that we get to decide which story we are going to live.

Lets see what GOD can do!

Pastor Brian Harrell



Following Worship Services TODAY - [Oct. 10th](#) we will have a covered dish family-style potluck luncheon coordinated by Jody Gaston and the Women's Ministry. women@rchurch.net

We encourage our Riverside family to find special ways to encourage our Senior Pastor (Pastor Brian Harrell) and our Youth Pastor (Pastor Steve Weber) during the month of October. Some good ideas are handwritten cards with words of encouragement, gift cards for specialty shops in Fredericksburg, Restaurant gift cards, or other tangible items that will help to encourage each man and his family.



Every year Riverside Church participates in Operation Christmas Child! This is an amazing opportunity to bless a child in an impoverished nation. Riverside will have boxes available for you to pack.

The display and boxes will be available all of October!

The last drop-off date is October 31st. If you miss the Riverside collection date of October 31st.

Kerian Gaston is coordinating this effort for Riverside this year. We need many volunteers.

(Click [HERE](#) to learn how to pack a box!)