



Living in Hopeful Expectation: Lessons from Isaiah

October 30, 2025

Teacher: Heather Beckmann

A God Who Renews Us

INTRODUCTION:

READING: Isaiah 40: 27-31 (MSG)

27 “Why would you ever complain, O Jacob, or, whine, Israel, saying, “God has lost track of me. He doesn’t care what happens to me”?

28 Don’t you know anything? Haven’t you been listening? God doesn’t come and go. God lasts. He’s Creator of all you can see or imagine. He doesn’t get tired out, doesn’t pause to catch his breath. And he knows everything, inside and out. 29 He energizes those who get tired, gives fresh strength to dropouts. 30 For even young people tire and drop out, young folk in their prime stumble and fall. 31 But those who wait upon God get fresh strength. They spread their wings and soar like eagles, They run and don’t get tired, they walk and don’t lag behind.”

TABLE STUDY:

1. What kind of people is God speaking to through this passage?
2. How is God described by Isaiah in verses 28-29?
3. In this passage, what happens to those who wait on the Lord? Which description resonates the most with you today and why?

TEACHING NOTES:

TABLE DISCUSSION:

1. We see how Isaiah describes God in this passage. How would you describe God?
2. What are some things that get in the way of your being able to wait on God?
3. The NIV phrases part of verse 31 like this: “but those who hope in the Lord will renew their strength.” The MSG says, “those who wait upon God...” What connection do you see between hoping and waiting?
4. Share about a time in your life when you felt either particularly hopeful or a time when you struggled to find hope.

UNISON READING: Isaiah 43:1 [NLT]

But now, O Jacob, listen to the LORD who created you. O Israel, the one who formed you says, “Do not be afraid, for I have ransomed you. I have called you by name; you are mine.”