

HOPE

A Good Place to Find Life

Small Group Discussion Guide — FEBRUARY 8, 2026

- Series: Seek Peace and Pursue It
- Sermon: No surprise
- Scripture: Psalm 3

FOLLOW-UP FROM LAST WEEK

After the completion of our 4 week series on prayer, in what ways has your prayer life grown, shifted, or become more intentional?

CONNECT

1. If your week had a theme song, what would it be?

ENGAGE

1. Read verse 1-2 How does David describe his situation? What feels raw or honest about his words?
2. What images or descriptions does David use for God in Verses 3-6? What do these reveal about his trust?
3. After reading Psalm 3 and Matthew 5:9 what connection do you see between David's inner trust in God during conflict and Jesus' call to be peacemakers? How might one lead to the other?

APPLY

1. How do you personally define the word "enemy"? When you think about enemies, do you tend to focus on people or circumstances outside of you - or are you willing to look inward as Pete challenged us to do? In what ways may you sometimes be your own worst enemy?
2. Pete said seeking peace takes courage, character and puts us in a vulnerable position. Where in your life right now might God be asking you to take a courageous step toward peace - even though you can't control how the person responds? (A phone call, a conversation, setting boundaries)
3. Seeking peace often begins with humility - a willingness to soften our hearts instead of defending our pride. What does it look like to build bridges instead of holding onto pride or anger, and what makes that so difficult in the moment?

PRAYER

Lord, we come before You asking that You fill us so completely with Your truth, Your love, and Your character that there is no room left for fear, bitterness, or retaliation. Shape our hearts to reflect Yours and guard it from pride and anger. Teach us to pause, to trust, and to respond in a way that honors You. Lord, we love You.

SCRIPTURE

Psalm 23:5 Psalm 34:14

Romans 12:18

1 Peter 5

GOING DEEPER

How do you pursue humility and peace without compromising truth? What does it look like to stand firmly for righteousness and justice while still having a soft, surrendered heart? Can you think of a time when you had to balance grace and conviction and what helped (or hindered)you in responding in a way that reflected both Christlike humility and courage?

QUOTES

“Jesus and Christianity do not discriminate between good people and bad people. Instead, Jesus and Christianity discriminate between humble and proud people.”
Scott Sauls

“You may not be facing an imminent military battle when you wake up most mornings, but you are facing a battle. The climate in the department of the company you work for may be open warfare.”
Jim Boyce

“You may not be attacked by soldiers commanded by your son, as King David was but someone you love or care for may have betrayed you.” Jim Boyce