



**The Scarlet Thread of Redemption**  
**Lesson 1: Sin Enters the World**

**February 19, 2026**

**Teacher: Erin Wells**

**INTRODUCTION:**

**READING: Genesis 4:6-10 [NIV]**

6 Then the Lord said to Cain, "Why are you angry? Why is your face downcast? 7 If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."

8 Now Cain said to his brother Abel, "Let's go out to the field." While they were in the field, Cain attacked his brother Abel and killed him.

9 Then the Lord said to Cain, "Where is your brother Abel?"

"I don't know," he replied. "Am I my brother's keeper?"

10 The Lord said, "What have you done? Listen! Your brother's blood cries out to me from the ground.

**TABLE STUDY:**

1. What do we learn about Cain and Abel in verses 1-5? What are their similarities and differences?
2. Why does Cain get angry? What is God's response to his anger?
3. What warning does God give Cain in verse 7?
4. What does Cain do as a result of his anger? (vv 8-10)

## **TEACHING NOTES:**

## **TABLE DISCUSSION:**

1. What roles in life has God asked you to play? How can you be sure to follow God's script and not write your own?
2. What led Cain to murdering Abel? What is the danger of carrying grudges in our own lives?
3. How does a remorseful person differ from a repentant person?
4. Through redemption God gives us a new heart and brings healing. How have you experienced that?

## **UNISON READING: Ephesians 1:7 [NIV]**

In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace.