

HOPE

A Good Place to Find Life

Small Group Discussion Guide — MAY 3, 2026

- Series: The Basics
 - Sermon: None. Really.
 - Scripture: Romans 8: 1-2
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CONNECT

What's one yard task you actually enjoy... And one you would happily never do again?

FOLLOW-UP FROM LAST WEEK

Thinking back on last weeks sermon, what is one way you've noticed God shaping you or changing you recently to become more like Jesus?

ENGAGE

1. When you hear the phrase "no condemnation," what's your immediate reaction - relief, skepticism, confusion, something else? Why?
2. Read the verse and the added to verse. Which version do you tend to live like is true? Therefore, there is now no condemnation for the those who are in Christ Jesus, because the through Christ Jesus the law of the spirit who gives life has set you free from the law of sin and death. Therefore, there is now some condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you partially free from the law of sin and death.

APPLY

1. We often carry layers of condemnation toward ourselves and others, yet condemnation produces death rather than life. So what voices - both internal and external - tend to contradict the truth that there is no condemnation in Christ? And in light of that, why do we so often try to earn our way out of condemnation instead of receiving the grace already given?
2. If God offers 100% forgiveness through the cross, what percentage of that forgiveness do you actually live in and believe for yourself? David mentioned he is around 73%. What percentage would you give yourself? Why do you think we often don't live in the full 100%? How would you describe God's judgement of grace?

3. Looking at Peter and Judas - both failed, but responded differently- when you fail, do you tend to respond more like Peter (turning back to Jesus for grace) or like Judas (turning inward in judgement), and why?

GOING DEEPER

If the only right response to what Jesus has done is gratitude - not earning or paying back - what makes it hard for you to fully receive that gift, and how might that struggle also affect your willingness to receive help from others?

This week - *With God*: Spend 2-3 minutes with God, thanking Him that He is full of grace, love and forgiveness - that He responds to your repentance with joy, not anger or punishment, and that His mercy toward you is unchanging and eternal.

With Others: Intentionally accept help, encouragement, or a gift from someone without deflecting it. Just say “thank you” and receive it fully.

PRAYER

Lord, we come before you with grateful hearts, thankful for the incredible gift of Your grace. Thank you for the 100% forgiveness offered to us through Jesus - not partial, not conditional, but complete and full. Help us to live in that truth. When condemnation rises up in our thoughts towards ourselves and others, remind us of what You have spoken - there is no condemnation in Christ. We rest in You and we thank You. In Jesus' name, amen.

SCRIPTURE

Matthew 7:1

Romans 7:15, 6:23, 8:1

John 3:17

QUOTES

“Condemnation - giving it and receiving it - is such a large part of “normal” human existence that we may not even be able to imagine or think what life would be like without it.”

Dallas Willard