

Teach Us to Pray

Reflection Questions | Matthew 6:11

11 Give us this day our daily bread.

1. Bread. It's been a staple for society for thousands of years. What do you think of when you hear the word - bread?
2. When Jesus references bread in his prayer - he means a loaf of bread, but also more than bread - our daily sustenance. What would you include in your daily sustenance?
3. Early on the Lord would tell Adam that he would have to work the cursed ground to have bread. This bread would come at a cost. And yet in Jesus' prayer he is asking the Father to "give us" this bread. How do you reconcile this?
4. Wouldn't it be more efficient if this "bread" lasted forever? Jesus knows our hearts. He leads us to our "daily" bread - not our weekly, monthly, yearly, or one and done bread. What is hardest about this reality? What is comforting?
5. Jesus guides us to ask for bread for "us" not "me". We are a part of a family. We ask for this sustenance for our brothers and sisters - we feel their need alongside ours. How does this make you feel? How does it change the way you pray?

6. Most of us do not want to ask for daily bread. We want to order it on our grocery store website and feel in control. The Lord wants more for us than to “feel” in control. He knows that is not safe or secure for us. What is actually safe for us?

7. Next time you put your grocery store order in, park to get your groceries, or walk in to grab that last item – recite - ***“Give us this day our daily bread.”***
Write a prayer for you or your family that is truly dependent on the Lord for those groceries that will go in your trunk.

8. Write a prayer on behalf of your neighbors and others across our city that struggle with food insecurity.

9. Write a prayer on behalf of our sisters and brothers across the world that are hungry. “Give us this day our daily bread”.

10. We trust and know that our ask goes deeper than bread, but is also not less than bread. Spend some time in praise and worship to this King who gives us our daily bread and also who is the “bread of life” Himself.