

Week 6 Proverbs

Authenticity

Questions for Reflection and Discussion

1. Have you or someone in your family ever had a broken bone? What was necessary for it to heal?
2. Was it easy for you to trust what the doctor suggested? Staying off of a leg or keeping an arm in a sling is a painful and arduous process- were there moments you just wanted to forget what the doctor said or at least wish you could change the timeline on the healing process?
3. The passage below in proverbs suggests trusting in another who heals bones and flesh and more. It suggests for us to trust with our whole heart. What do you think is your whole heart?
4. What makes this hard for you?
5. Do you often want to “understand” more than trust? What does the Lord ask us to do with our understanding?
6. What is the result of trusting the Lord in the proverbs below? Does this mean that there will be no detours, roadblocks, or crashes on your “path” of life?
7. How does He make our paths straight?
8. Where do you think that you know better than God? Where are you wise in your own eyes?
9. What do the proverbs suggest as a contrast to turning to evil?
10. What is the ultimate end of trusting in the Lord? How have you seen the Lord at work healing you or others around you? Where are you still longing for healing? How can you trust Him for that process for you or others?

- Spend some time thanking the Lord for the healing you have experienced and seen in others. Praise Him that His work on the cross ultimately has healed us. “**By His stripes we are healed**” (*Isaiah 53:5*). Also, spend a few minutes laying down those parts of your heart and life where it is harder to trust. Just talk with the Lord and create some silence to hear Him as well. Your heart is safe with Him.

Proverbs 3:5–8

[5] Trust in the LORD with all your heart,
and do not lean on your own understanding.

[6] In all your ways acknowledge him,
and he will make straight your paths.

[7] Be not wise in your own eyes;
fear the LORD, and turn away from evil.

[8] It will be healing to your flesh
and refreshment to your bones. (ESV)