



**2026**

**Fasting & Prayer**  
**Breakthrough**



# *21 Days of Breakthrough*

Take an inventory of your life and determine which areas you most need a breakthrough in.

Take the time to write out your prayer plan and goals. We will begin our 21 days of breakthrough on Monday January 5, 2026, and break our fast on Sunday January 25, 2026.

As I was getting ready for this year's breakthrough fasting and prayer, I sensed that we are living in a time of prophetic fulfilment where the very foundations of the Christian faith are being assaulted with the intent of complete destruction. The bible presents this as a question to ponder.

Ps 11:3

If the foundations are destroyed, what can the righteous do?" ESV

These are called times of shaking and they are upon us and everything will be tested for kingdom authenticity.

Heb 12:25-29

See that you do not refuse him who is speaking. For if they did not escape when they refused him who warned them on earth, much less will we escape if we reject him who warns from heaven. 26 At that time his voice shook the earth, but now he has promised, "Yet once more I will shake not only the earth but also the heavens." 27 This phrase, "Yet once more," indicates the removal of things that are shaken—that is, things that have been made—in order that the things that cannot be shaken may remain. 28 Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, 29 for our God is a consuming fire. ESV

We are encouraged to not just hear but listen to the voice of God's word and rejoice in gratefulness that we are receiving a kingdom that can't be shaken. This rejoicing leads us to offer God our acceptable worship through the shaking with reverence and awe as we witness the faithfulness of God.

I see storms arising that will shake and challenge the very fabric and foundations of our Christian faith. Jesus' spoke of a time that kingdoms of this world and the kingdom of God would clash in Matthew 24.

Jesus taught His disciples and all who had trained their ears to listen that we should build our lives on the unshakable foundation of His word. Jesus promised that those who do so will weather the storms and shaking. I like the Message version.

Matt 7:24-29

"These words I speak to you are not incidental additions to your life, homeowner improvements to your standard of living. They are foundational words, words to build a life on. If you work these words into your life, you are like a smart carpenter who built his house on solid rock. 25 Rain poured down, the river flooded, a tornado hit — but nothing moved that house. It was fixed to the rock.

26 "But if you just use my words in Bible studies and don't work them into your life, you are like a stupid carpenter who built his house on the sandy beach. 27 When a storm rolled in and the waves came up, it collapsed like a house of cards."

28 When Jesus concluded his address, the crowd burst into applause. They had never heard teaching like this. 29 It was apparent that he was living everything he was saying — quite a contrast to their religion teachers! This was the best teaching they had ever heard. MESSAGE

Jesus promised that if we worked His word into the foundational fabric of our lives, we would not only escape the storms of life but that we would weather the shaking of the storms of the winds of doctrine.

Our focus for 2026 will be the "Unshakable Foundations" that we build our lives upon. I am asking us to prepare ourselves for this fast by acknowledging that we are entering the shaking, to examine the foundation we are standing on, and commit to making the necessary repairs.

I believe that the Lord desires for us to not just survive the shaking but wants to encourage us to rejoice and even thrive because we are built on a foundation that cannot be shaken.

It is in these times in biblical history when God has done extraordinary things through the people who dare to believe Him and stand on the unshakable foundation of His word in the times of shaking.

Dan 11:30-35

He shall turn back and pay attention to those who forsake the holy covenant. 31 Forces from him shall appear and profane the temple and fortress, and shall take away the regular burnt offering. And they shall set up the abomination that makes desolate. 32 He shall seduce with flattery those who violate the covenant, but the people who know their God shall stand firm and take action (Do mighty exploits KJV). 33 And the wise among the people shall make many understand, though for some days they shall stumble by sword and flame, by captivity and plunder. 34 When they stumble, they shall receive a little help. And many shall join themselves to them with flattery, 35 and some of the wise shall stumble, so that they may be refined, purified, and made white, until the time of the end, for it still awaits the appointed time. ESV

1 Cor 2:9

But, as it is written, "What no eye has seen, nor ear heard, nor the heart of man imagined, what God has prepared for those who love him. ESV

## **The Central Focus**

We are drawing ourselves closer to God and thanking Him for drawing us to Himself. We are thanking God that the foundations He provides in His word are unshakable and unbreakable. We are confessing that we are helpless without Him, and that we require Him to give us the hope and encouragement we need to press on and press out in the shaking. This will clarify and reveal Christ the rock upon whom we stand is unshakable and proclaims to all who see it that Christ is truly the King of our unshakable kingdom. This brings great glory to God.

Make time to read each day's devotional and meditate upon it asking the Lord to infuse your spirit with His signature voice or rhema word. This breakthrough is a prayer emphasis focused on the incredible goodness of God our Father.

Begin to pray for the harvest of souls. Ask God to make you truly aware of lost people in your sphere of influence. Think of your neighborhood, family, friends, coworkers, schoolmates, and people you encounter on a regular basis. Ask God to make you more AWARE of them and their needs.

Pray over your field of influence as a part of your daily prayer and ask God to make you deeply AWARE of the ways He can use you to reach them for the kingdom of God.

Matt 9:35-38

And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction. 36 When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. 37 Then he said to his disciples, “The harvest is plentiful, but the laborers are few; 38 therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest.”  
ESV

## **The Daniel Fast Model**

To accommodate this year’s theme “Unshakable Foundations” I have chosen the Daniel Fast. Daniel and his three friends Shadrach, Meshach, and Abednego were Hebrew princes from the royal line. They were put in a three-year program to remove the foundations of their Hebrew faith and replace it with the gods of the Babylonians.

Daniel and his friend’s entire world view was shaken severely and from the start they refused to go along with the deprogramming and held on to the foundation their life was anchored to. These four young boys facing severe odds gradually through the faithfulness of their God shifted the Babylonian, Mead, and Persian reality of the culture they were captive to.

The **Daniel Fast** is a biblically based, partial fast that involves a strict plant-based diet for a specific period, typically **21 days**, focusing on spiritual discipline and prayer rather than physical weight loss. It is inspired by the prophet Daniel's experiences in the Book of Daniel.

The core principle is abstaining from "choice" or "rich" foods to prioritize spiritual nourishment.

The primary goal of the Daniel Fast is spiritual growth, discipline, and drawing closer to God through prayer and reflection.

Secondary physical benefits may include weight loss, lower cholesterol, reduced blood pressure, and a "detox" from processed foods, sugar, and caffeine. Side effects such as headaches and fatigue can occur as the body adjusts. I would suggest that you begin to wean yourself from sugars and caffeine to reduce these side effects.

For individuals who are pregnant, have diabetes, or have other medical conditions It is recommended to consult a healthcare professional before starting this fast.

I pray that you will establish, resurrect, or rekindle your passion for prayer as we all employee this model for the next twenty-one days. I pray that the Lord will meet with you and reveal Himself to you in amazing ways.

We all need a refreshing in the baptism of the Holy Spirit to infuse us with the power of boldness to complete our kingdom mission.

Acts 4:29-31

Now, Lord, consider their threats and enable your servants to speak your word with great boldness. 30 Stretch out your hand to heal and perform miraculous signs and wonders through the name of your holy servant Jesus." 31 After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly. NIV

We are praying that the Lord will help us understand the threat of the shaking and the winds of doctrine that we may rejoice that we are built on Christ our rock the unshakable foundation. May the Lord enable us His church with great boldness in these times of shaking to do mighty exploits, in Jesus' name.

Welcome to the 2026 **"UNSHAKABLE FOUNDATIONS"** Breakthrough Prayer and Fasting.

## 21 Day Prayer Guide

### DAY 1 – Monday, January 5

Read Daniel 1:1-17

Today we begin our 21-day journey to examine the present foundation of our faith and to make a solemn commitment of building our faith on the unshakable foundation of the word of God.

We are presently experiencing the seismic shifting sands of culture and the winds of changing doctrine in much the same way Daniel and his three friends did. The pressure to conform to the current worldly view is enormous and is increasing. We are not exempt from the shifting winds of doctrine even in the church.

Dan 1:8-9 But Daniel resolved that he would not defile himself with the king's food, or with the wine that he drank. Therefore, he asked the chief of the eunuchs to allow him not to defile himself. 9 And God gave Daniel favor and compassion in the sight of the chief of the eunuchs, ESV

1. Why would eating the king's food defile Daniel?
2. What kind of things can defile your faith in God today?
3. How can we resolve not to allow our faith to be defiled in the present shifting sands of culture?

Heb 11:1,6 One of the meanings of the word faith is to be fully persuaded.

Eph 4:11-32 God's word declares that God has given us gifts to mature us and protect us from us from the winds of doctrine and gives us instructions on how to live in such a way that we do not grieve the Holy Spirit.

Ask God to help you examine the foundations of your faith throughout these 21 days and identify anything that could corrupt your full persuasion to build and stand on Christ His unshakable foundation.



## DAY 2 – Tuesday, January 6

Read Jerimiah 25

The nation of Israel forfeited God's blessing and went into this captivity because of their rebellion against God as they followed foreign gods and made idols of them to bow down and worship them and doing detestable and forbidden things. They ignored God's prophets who warned them to return to God and keep His commands and escape captivity.

The nation of Israel was living through a time of shaking and winds of doctrine were wildly blowing. The kings were evil and refused to submit to God, His prophets or priests. Their persuasion was being challenged and tested.

Have you ever pondered that Daniel and his three friends were just teenagers when they were taken to Babylon? How were they so thoroughly persuaded in their faith in the God of Abraham, Issac, and Jacob that they were able to resist the overwhelming pressure to conform to the gods of the Babylonians?

1. How is America forfeiting the blessing of God?
2. What winds of doctrines are blowing that remove God's blessing?
3. How are we resisting God and ignoring His prophets and priests?

2 Tim 4:3-5 For the time is coming when people will not endure sound teaching but having itching ears they will accumulate for themselves teachers to suit their own passions, 4 and will turn away from listening to the truth and wander off into myths. ESV

God has given gifts to the body of Christ to bring His body into maturity and keep them securely anchored to the unshakable foundation of Christ in the times of shaking, but people set up their own leaders and are tossed here and there.

1 Thess 5:19-22 Do not quench the Spirit. 20 Do not despise prophecies, 21 but test everything; hold fast what is good. 22 Abstain from every form of evil. ESV

Pray that God would reignite the Spirit's fire in your heart and give you divine persuasion to follow Christ with all your heart in these times of shaking.

## DAY 3 – Wednesday, January 7

So, what made the difference of faith or persuasion in the lives of Daniel, Shadrach, Meshach, and Abednego that empowers them to be determined to challenge the edicts of the king of Babylon?

1. What does it mean to believe in God and His word?

2 Tim 3:14-17 All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, 17 that the man of God may be complete, equipped for every good work. ESV

2. Is there a difference between knowing about God and knowing God?

God the Father gave us His word so that we might know His truth. Knowing God as the creator is a theological exercise. Theology comes from two Greek words, Theo meaning God and logos meaning word. This is the study of God from His word. This is how we know about God. He reveals Himself to us.

Knowing God as Father is biological relationship. Biology comes from two Greek words, bio meaning life and logos meaning word. This is receiving life from the God of the word. This is where the logos or written word becomes rhema or life-giving word.

John 1:1-4 In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was in the beginning with God. 3 All things were made through him, and without him was not anything made that was made. 4 In him was life, and the life was the light of men. ESV

John 1:12-13 But to all who did receive him, who believed in his name, he gave the right to become children of God, 13 who were born, not of blood nor of the will of the flesh nor of the will of man, but of God. ESV

We must have this live-giving relationship to weather the storms and the winds of doctrine that arise to deceive and destroy. Jn 10:10

Pray that God would breathe the life of His word into your spirit that you may become a fully mature son or daughter of God that can stand in the storms.

## DAY 4 – Thursday, January 8

Read Daniel 3:1-18

Even in the days of the Old Testament there were people who knew about God and people who truly knew God. The scriptures are full of devastating stories of those who knew about God but didn't really surrender to Him and their lives crashed in the storms. On the other hand, there are amazing stories of people who knew God on a different level.

King Nebuchadnezzar erected a golden image 90 foot tall and 9 feet wide. This was a self-glorifying monument to the king's ego and dominion. Everyone was ordered to bow down and worship this image when they heard music. If anyone refused, they would be thrown into a blazing furnace.

Shadrach, Meshach, and Abednego refused to bow and were drug before an enraged king Nebuchadnezzar and interrogated about the gods they refused to worship. Listen carefully to their response.

Dan 3:16-18 O Nebuchadnezzar, we have no need to answer you in this matter. 17 If this be so, our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of your hand, O king. 18 But if not, be it known to you, O king, that we will not serve your gods or worship the golden image that you have set up." ESV

Sounds to me like they were fully persuaded in who God was and was not and spoke confidently to the king.

We are in the beginning of the shakings Daniel talked about. The bible speaks of an image that is coming that all must bow to participate in society. Revelation 13

1. What are we seeing today that could be precursors to this image?
2. Are you fully persuaded in who God is and is not?
3. How will you remain on the unshakable foundation?

Pray that God will give you the wisdom and insight to rid yourself of any entanglement that could cloud your judgement or weaken your persuasion. Heb 12:1-4

## DAY 5 – Friday, January 9

Read Daniel 3:19-27

The faith or confident persuasion of Shadrach, Meshach, Abednego infuriated the king who ordered the furnace be made seven times hotter and had them thrown in bound hand and foot. The fire was so hot the soldiers who threw them in died.

King Nebuchadnezzar was astonished to see the three men walking around in the fire with a fourth man who looked like the son of the gods. King Nebuchadnezzar approached the furnace and called for them to come out and the three of them came out.

There with many witnesses from his administration they saw that the fire had not harmed their bodies, their clothes, or their hair, nor did they even smell like smoke.

Notice that only the three of them came out of the fire. The fourth man didn't come out. I wonder if the three men saw what King Nebuchadnezzar saw when they were in the fire? I would love to ask them about it.

This is one of the most incredible stories of the entire bible.

1. How can a person be thrown into a raging fire and not be burned at all?
2. Who and where was the fourth man in the fire?

Heb 12:25-29 is the passage that talks about this end-times shaking. This passage ends with the phrase 28 Therefore let us be grateful for receiving a kingdom that cannot be shaken, and thus let us offer to God acceptable worship, with reverence and awe, 29 for our God is a consuming fire. ESV

The bible tells us that God is a refining fire Isaiah 48:10. The silversmith refines the silver in fire to remove the impurities and dullness of the dross or flesh. The smith refines the silver until he can see his reflection in it. God is the consuming fire of fires. When we are in His refining fire no other fire can touch us period.

Pray and thank God that He is the refining fire that is developing us into His image and nothing can interfere or overcome His will for your life when we are hidden in Him.

## DAY 6 – Saturday, January 10

Read Daniel 3:28-30

Nebuchadnezzar goes from being an egotistical maniac bent on flexing his unchecked authority to an overwhelmed observer of the superior authority of the God he is inferior to.

In that moment he acknowledges a God previously unknown to him and declares a blessing over the God of Shadrach, Meshach, and Abednego. Nebuchadnezzar testifies openly of God's power to set aside the king's sovereign command and deliver His servants who are fully persuaded enough to yield even their own bodies to suffer rather than worship any other god but their own God.

King Nebuchadnezzar then makes a decree forbidding any people, nation or language to speak anything against the God of Shadrach, Meshach, and Abednego at the threat of total annihilation. His reason for this praise to their God was that no other god can rescue in this way.

1. What threats do we face today to embrace the shifting winds of culture?
2. What should our response be?
3. What about those who say we should give in and go along for unity?

Then the king promoted Shadrach, Meshach, and Abednego in the province of Babylon. These three defy the king's orders. God steps in and delivers them in such a way they get promoted over those who turned them in for defying the king's orders.

In times of shaking when the winds of doctrine are blowing God is not looking for servants who go along to get along but servants to promote into places to make real change. Sometimes it requires those willing to enter the conflict of confrontation. This requires that we be fully persuaded in our God and His ways.

Pray for the courage to be fully persuaded and ready to be used of God regardless of where you are presently serving. Spiritual promotion and acceleration happen in places and ways we don't expect.

## **DAY 7 – Sunday, January 11**

Read Daniel 6 & 9

According to the dream interpretations and prophecies of Daniel king Belshazzar and the Babylonians are overcome by the Medes and Persians and Darius the Mede took over the kingdom.

Daniel once again distinguishes himself among the administrators that the king planned to set Daniel over the whole kingdom. The other administrators tried to find some corruption to accuse Daniel of but they could find none. They determined that the only way to trap him was to find something that conflicted with the law of his God.

They convinced King Darius to forbid any man to pray to any god other than the king for thirty days or be thrown in the lion's den. The king signed the law and the other administrators waited for Daniel to pray to God as he did every day.

They informed the king of Daniel's infraction and the law of the Medes and Persians forbidding him to change the law and forcing him to throw Daniel into the Lion's den. The king didn't sleep and worried for Daniel's life. The next morning when he went to check on Daniel who informed that the Lord sent an angel to shut the lion's mouth.

The administrators who devised this plan were thrown into the lion's den with their families. King Darius responds in much the same way as King Belshazzar but goes further declaring that the people must fear and reverence the God of Daniel, for He is the living God and He endures forever; His kingdom will not be destroyed and His dominion will not end.

Daniel remembers Jeremiah's prophecy of seventy years of captivity and begins to repent for his country and intercede for deliverance.

1. How can we repent for the church and our country before God?
2. How can we intercede for revival and deliverance?

Pray that God would favor you to be able to honor Him in whatever condition or administration you find yourself. God will elevate you to elevate Him and His eternal kingdom forever.

## **DAY 8 – Monday, January 12**

Read Psalms 119:1-24

How are we to become fully persuaded in our faith. In other words, how do we move from the theology of the word of God to the biological relationship of sons and daughters?

The simplest answer is from the word of God. Today's Psalm teaches God's word hidden in us will preserve our life. Isaiah 55:11 says that God's word will accomplish its purpose. Jesus said in Matthew 24:35 that His word will never pass away but stand forever. Romans 10:17 instructs us that persuaded faith comes from hearing the word of God. Notice it doesn't say faith comes from reading the word but from hearing or receiving or making room for the word as a seed that can then produce the persuasive faith that we call the promise.

The question is asked how did we get the bible? Is the bible accurate? Is the bible trustworthy? The history of how we got the bible is an epic adventure that begins with scarcity, opposition, and bloodshed. The bible has been the most attacked book the history of mankind. The bible is now so abundant in the west that anyone who desires can have one in as many translations as one may desire. The bible is the best-selling book ever. Nothing even comes close.

The bible tells us in the gospel of John chapter one that the word was with God in the beginning and that the word became flesh and dwelt among men. The word that became flesh was none other than Jesus Christ. John 1:12 reveals that if we allow the word of God to dwell in us we can become sons of God.

The modern believer must choose if we will waste our time trying to satisfy the critic's unbelief in God and His word or if we will feed on the word that promises to manifest Christ in us. We choose either to argue with the critics or to reveal to the critic the living word formed in us which is Christ.

2 Cor 4:10-11 always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. ESV

Pray that as you feed on the word of God that the Holy Spirit would manifest Christ life in and through you which is the purpose of the Father's word.

## **DAY 9 – Tuesday, January 13**

Read Psalms 119:24-56

This Psalm pleads “do not snatch Your word of truth from my mouth vs.43 as it preserves my life. This reminds me of Jesus when He was tempted by the Devil, He said, “man does not live by bread alone but by every word that proceeds from the mouth of God.” Matthew 4:4

John 6:31-35 Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” 32 Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven. 33 For the bread of God is he who comes down from heaven and gives life to the world.”

Jesus taught that just as the manna sustained life in the wilderness, the word of God is the bread of heaven that comes down to give His life to the world.

34 They said to him, “Sir, give us this bread always.” 35 Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. ESV

No wonder Jesus instructed His disciples to pray, “give us this day our daily bread.” Matthew 6:11

The new life we desire and so desperately need is called our daily bread. In the truest sense spiritually, we become what we eat. Far too many believers settle to live with anxiety, depression, fear, and the guilt and shame of sin rather than the abundant life of faith and victory that Jesus promised His followers.

In Christ you become what you partake of. If you partake of the divine nature of God, you become the divine nature of God, but if you partake of the flesh, you become flesh. (Galatians 5:16-25)

Pray for the insight and heart of the psalmist that the bread of life is not snatched from your mouth. I believe this speaks of appetite. Pray for an increase in appetite for your daily portion of the bread of life from the word of God. Eat it with renewed anticipation of the life of Christ being formed in you.



## **DAY 10 –Wednesday, January 14**

Read Psalms 119:57-80

This Psalm speaks about being afflicted, bound with ropes, and smeared with lies, by those who reject the word of God. The writer rejoices that he has a heart to seek God's face and keep His statutes with all his heart.

Paul instructs Timothy he can expect much the same from the critic and that it is the scriptures that will make him wise for salvation through faith in God's Christ the word made flesh.

Tim 3:12-17

Indeed, all who desire to live a godly life in Christ Jesus will be persecuted, 13 while evil people and impostors will go on from bad to worse, deceiving and being deceived. 14 But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it 15 and how from childhood you have been acquainted with the sacred writings, which are able to make you wise for salvation through faith in Christ Jesus. 16 All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, 17 that the man of God may be complete, equipped for every good work. ESV

Paul declares that God's word is God breathed. This reminds me of creation when Adam was a lifeless statue until God breathed His breath in him and he became a living being. (Gen 2:7)

God breathes His word into our spirit and we are born again John 3:3. The word begins to wash, cleanse, and develop the life of Christ through faith and obedience. (Hebrews 4:12; 1 John 1:9)

We can know about God from studying the word of God, but we enter the relationship of sons and daughters when we partake of the word of God and allow it grow in us to reprove, correct, and train us in the righteousness of Christ.

Pray that God the Father would breathe the breath of His word into you like never before. Feel the heart of your spirit begin to beat steady as the life Christ radiates through you.

## **DAY 11 – Thursday, January 15**

Read Psalms 119:81-104

This psalm reveals the wisdom of the word obeyed. It will preserve your life from the depths of despair. It will make you wiser than the teachers. It will give you the understanding of the elders. The word will become the most satisfying delight of your life.

The scriptures were not written as an exhaustive proof text on all issues of life but that we can get a glimpse of the life and sacrifice of Jesus the Son of God and begin to believe and follow Him and in that pursuit partake of eternal life.

John 20:31 but these are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name. ESV

The scriptures bear witness to the reality that faith in God is not automatic or easy. Faith in Christ will require endurance through the encouragement of scripture that give us the hope of our future with Christ.

Rom 15:4-7 For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope. 5 May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus. ESV

Notice the scriptures are clear that we need the God of endurance and encouragement to help us live in harmony with each other. Our brokenness can leave a stubborn residue that can be most difficult to endure.

I love that the word is not silent about this difficulty but it is equally resolved that if we allow the word to dwell in us it will encourage us with the wisdom understanding of the life of Christ. This is one of the schemes of the thief and the promise of the good shepherd in John 10:10.

Pray and acknowledge that believing is not easy. Ask the God of endurance to give you encouragement from His God breathed scriptures that will produce the hope of the abundant life of Christ in you.

## DAY 12 – Friday, January 16

Read Psalms 119:105-128

This Psalm begins with Your word is a lamp to my feet and light to my path. This was the writer's oath. You get the sense of everybody doing what is right in their own eyes or living by their own version of truth. They were doubleminded and deceitful. There was no consensus and living by the promise of God's word could cause one's eyes fail looking for salvation or lose hope.

2 Peter 1:19-21 And we have the prophetic word more fully confirmed, to which you will do well to pay attention as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts, 20 knowing this first of all, that no prophecy of Scripture comes from someone's own interpretation. 21 For no prophecy was ever produced by the will of man, but men spoke from God as they were carried along by the Holy Spirit. ESV

Peter encourages us to make the same declaration as the psalmist. We would do well to pay attention as to the lamp of God's word shining in a dark place until the day dawns and the morning star arises in your heart. Reminding us that the promise of prophetic scripture is not for the personal purposes of men but for the purposes of God.

The prophetic word of God will guide our feet on the path of God's righteousness during the unrighteous storms and keep us grounded on the foundation of our relationship with God the father.

If we make our assessments about the authority of God's promise based on the shifting cultural or the blowing of doctrinal winds, the confidence of our hope can wain and we can allow the darkness to snuff out the light of the word.

The word of God will be a lamp to our feet and will light a pathway through the darkest of the darkness.

Ps 139:11-12 If I say, "Surely the darkness shall cover me, and the light about me be night," 12 even the darkness is not dark to you; the night is bright as the day, for darkness is as light with you. ESV

Declare that the word of God is your light in and through the darkness. Light has more power than darkness. Pray for the courage to let the Christ' light shine.

## **DAY 13 – Saturday, January 17**

Read Psalms 119:129-152

In today's reading the psalmist declares "Your testimonies are wonderful; therefore, my soul will keep them, and the entrance of Your word gives light to the soul and understanding to the simple."

Here we are given insight to the power of mouth reciting the word of God or what the mouth of God has spoken. God's word has amazing power to transform the soul and direct us from our inner man on the quest to return to God the father with all our heart.

The psalmist continues to speak of the righteousness judgment of God and the faithfulness of His testimonies which ignite the zeal of his own soul because God's enemies have forgotten His words. The psalmist gives us insight that though we may find ourselves in the minority God's word is everlasting and true and therefore should be our delight to confess and seek to understand.

The psalmist understands the wickedness that grows as people forsake and abandon the testimony that is the word of God. He gives us his remedy to retain the testimony of God within his heart. He rises in the darkness before the dawn and cries to God for help and finds his hope in the word of God. He is allowing the word of God to arise in his heart like the light of the dawn to dissipate the darkness.

When the darkness of unrighteousness encroaches on every side it is easy to feel that God has abandoned you, but the psalmist reminds us that God's testimony of righteousness is true. He has delivered others in their times of trouble, and He will deliver us as well.

There has never been a better time to open our mouth and release the promise of the word of God. God is faithful and true. The light of His word is our greatest hope in the times of darkness.

Pray that God would give you the courage to open your mouth and release the word of His light into your darkness. Pray that God would continue to write His testimony in the victories of your life in your wilderness.

## **DAY 14 – Sunday, January 18**

Read Psalms 119:163-176

The psalmist reminds himself yet again that the purpose of the enemy's affliction is to separate him from the righteous and true testimonies of the word of God which are the hope of his salvation.

Even though we are persecuted in many forms for holding on to the righteous testimony of the word of God we are encouraged by the psalmist not to let go of God's word because the entirety of truth is in the word of God.

He encourages us to stand in awe of the word of God and see it as the greatest and most valuable treasure one can have. He instructs us to praise God for this most gracious gift of the testimony of His word. He declares that those who love God law will possess peace that can't be stolen away and that nothing can make them stumble. Did you catch that? No amount of cultural shaking and doctrinal winds blowing will cause them to stumble.

How do we survive the shaking? It begins with understanding that there is a war going on against the testimony of God. The sons of God are fully persuaded that God's testimonies are true, and they mark themselves by openly confessing that their salvation comes from the testimony of God's word. They make God's word their delight and release their souls to live for God.

I love the last verse of this psalm where he declares that he has gone astray like a lost sheep but has confidence that the great shepherd of the testimony of God will seek him as he passionately keeps the testimony of God's word

So where did the scriptures come from and can we trust them? The scriptures came from God to reveal Himself to us and make us wise for salvation. You either believe that or you don't. There really is no middle ground. This is the one thing that has never changed, and your eternal life depends on it.

Pray that the enemy's scheme to separate you from the hope of salvation promised in the testimony of God's word would be thwarted as you praise God for your hope of salvation in Christ because of the testimony of God's word.

## DAY 15 – Monday, January 19

Read Psalms 139:11-24

We have explored some of the cultural shaking and doctrinal winds that are blowing and discovered that these are not new. It seems that every generation of believers have experienced them on some level. Some were more severe than others and we are more familiar with some of the stories. We have highlighted from Hebrews 12:24-29 that all these are leading to a prophetic shaking in heaven and earth that will remove all the man-made things so that which can't be shaken will remain. This is where the idea for **“UNSHAKABLE FOUNDATIONS”** was birthed.

In today's Psalm we are reminded yet again that there is no darkness that can dim the light of God. The presence of God drives darkness into the recesses. Again, we are encouraged to allow God's presence into our darkness.

We have all heard this psalm about how we are fearfully and wonderfully made recited. We are told that God formed our inward parts and covered us in our mother's womb. Our frame was not hidden from God when we were skillfully made in the lowest parts of the earth (Dust). God's eyes saw our substance before it was even formed. Just think about how intricately God knows you.

As you read this portion listen carefully. In Your book they were all written. What was written? All the days God fashioned for you before any of them were even here. This means that God the creator or architect has a plan for your life.

The reality remains that no matter how far off track from His plan you may be at the present, God's plan is still in the forefront of His mind and written in His book and is what you have been redeemed unto in Jesus Christ.

The psalmist ends this passage by asking God the architect to search and know his anxieties or fears and to see if there is any wicked root that would stand between him and the architect's plan. His final cry is to lead me in Your everlasting way.

As you contemplate on the plan God has for you and how intimately God knows you ask Him to search you for the purpose of revealing what limits you from His marvelous plan for your life.

## **DAY 16 – Tuesday, January 20**

Read Jeremiah 29:10-14

In today's text we hear Jeremiah the prophet of God declaring on behalf of the Lord God the architect of Israel that after the seventy years of correction have been completed that He would visit them again and bring them back home to Jerusalem.

We are familiar with Jeremiah 29:11 where the prophet says, God knows the thoughts he thinks toward them, thoughts of peace and not evil to give you the hope of the future I have for you. Notice that God's plan for them as the nation that would bring the Messiah has not changed.

God says then. When is then? When they are delivered from this Babylonian captivity and returned to their promised ancestral home of Abraham, Issiac, and Jacob.

They will go to God's altar and pray to Him in renewed covenant to the plan God has for them as the people God has chosen to bring forth the promised Messiah through Whom God has promised to destroy the works of rebellion. God says When they do this He will listen to their intercession and supplication.

God declares that when they search for His plans for them with all their hearts, He will be found by them, and they will be delivered from their foreign captors and returned to His plan which is their purpose for being His chosen ones.

Today we could think of a lot of ways the people of God have been taken captive. For instance, turning the gospel of God for salvation through repentance and forgiveness for deliverance into a means of prosperity and the promotion of self-will rather than God's plan for us to be a kingdom of priests.

God's amazing plan for our lives is written in His book. Our enemy deceives us with cheap imitations, but Jesus came to redeem the Father's original design.

Pray that God would remove the veil from your eyes to see His plan for your life and present yourself everyday before the Lord and ask the Holy Spirit to help you live out the architect's original design.

## **DAY 17 – Wednesday, January 21**

Read Ephesians 2:1-10

In our text for today we are reminded that we all once walked in the way of this world, surrendered to the spirit who continues to work in the sons of disobedience. Could this disobedience be to live in opposition to the plans that God imagined and wrote for us in His book before we were even created?

God created us in love for His love and continues to love us with His love. We are reminded that God being rich in mercy because of His love for us that even though we were dead in our trespasses against him made us alive together with Christ and raised us up or seated us together with Christ in heavenly places. Paul was not teaching universalism but speaking of those who had found forgiveness through repentance and were serving Christ.

The reason given for this is that God in the ages to come, might show the exceeding riches of His grace in his kindness toward us in Jesus Christ. We would qualify as in the ages to come. Today just like in the times of Daniel, Shadrach, Meshech, Abendego and then following with Nehemiah and the rebuilding of the temple, our world needs to witness the exceeding riches of God as He raises up people who are willing to embrace His plan for their life.

The text then says, “for by grace you have been saved through faith (being fully persuaded) and that not of yourselves, it is a gift of God, not of works, lest anyone should boast.” Far too often, we just quote this verse by itself as a proof text to define grace and stop there.

The text goes on to say, “We are God’s workmanship, created in Christ Jesus for good works that God prepared beforehand that we should walk in them.” What if this word workmanship refers to God’s Plan in His books for us before we were even born? We certainly couldn’t take credit for allowing God to redeem His plans for our life through Christ but we would have to fully embrace it.

Rejoice that no matter how far you may be from God’s plans for your life, His plans are still His ultimate purpose for your life. Ask God to help you more fully embrace His plans for your future. Remember it is one step at a time.



## **DAY 18 – Thursday, January 22**

Read Matt 16:13-20

In today's text Jesus asked His disciples, "who do men say that I the Son of Man am?" Jesus was asking what they were hearing from other people about who He was.

They related to Him, "Some say John the Baptist, some say Elijah, others say Jerimiah or one of the prophets." Then Jesus said, "But who do you say I am?" Simon Peter said, "You are the Christ (Messiah), the Son of the Living God."

Jesus said, "Blessed are you Simon Barjonah, for this is not a revelation of man but from My Father who is in heaven." Then Jesus said, "You are Peter, and on this rock, I will build my church." Some like to say that the church was built on Peter, but I don't think this is what implied. Jesus is the rock of our salvation not Peter or any other man , woman, or church. The rock of this text is the revelation that Jesus was in fact the Messiah. Jesus is the stone the builder rejected that has become the chief cornerstone. (Matt 28:42)

Jesus went on to say that the church He would build on this Messianic foundation would withstand every assault even from the gates of hell itself. Let me remind us that the very foundation of hell is the direct rebellion to God and His Messiah. This means that the church that Jesus builds will never succumb to the lies of hell and the attempt to raise up a counter Christ or messiah called the antichrist.

This is the epicenter of the shaking and the winds of doctrine. Jesus declares that He will give great authority to this church in the form keys to bind and lose the voices and entities in heaven and earth that attempt to deceive, thwart, or tear down the church that Christ is building.

Many claim that Jeus is the Christ, but it is clear from Jesus Himself that this revelation must come from God the father.

Pray that God the Father would seal the unshakable revelation of Christ in your heart and lead you in a procession to understand how to use the keys of kingdom authority to bind or lock the gates of hell and loose unlock the gates of the heaven and release the power of His grace.

## **DAY 19 – Friday, January 23**

Read 1 Corinthians 3:1-17

Today's text reveals how the enemy of our soul exploits the residual carnality of our flesh that feeds on jealousy and quarreling about who is the greatest that separates and divides the redeemed of Christ. Paul says that this is the action not of the redeemed but mere or carnal men.

Paul then asks the unshakable foundational question. Who is Apollos or Paul but servants whom the Lord has assigned a task or mission. Paul then unfolds the reality that our assignments work together as one plants the seed or shares the message of Christ, then another waters or develops the message, but only God makes it grow. So, neither the one who plants nor the one who waters are anything in themselves but only God who makes it grow.

Paul then declares that by God's grace he has laid the foundation as an expert builder, others are building on it. But each one should be careful how they build, for no one can lay any foundation other than the one already laid, which is Jesus Christ.

Paul says if anyone build on this foundation using gold, silver, costly stones, wood, hay, or straw, his work will be revealed for what it is because the day will bring it to light. The quality of their work will be revealed by fire and only that which survives will be worthy of a reward.

Paul then reveals that we ourselves are God's temple that are being built onto this foundation of His church. He declares that anyone who destroys his temple in which the Holy Spirit lives God will destroy that person.

Paul then says if anyone thinks he is building by the wisdom of this world's standards he should become a fool so that he has a chance to be wise for the wisdom of this world is foolishness to God. So, no more boasting about men and giftings for all things are yours and you are of Christ, and Christ is of God.

Pray that the Lord will reveal your assignment to you and the courage to lean into it and with help of the Holy Spirit learn how to build up and build out the body of Christ which is His church.

## **DAY 20 – Saturday, January 24**

Read Heb 5:7-6:8

In today's text we are confronted with the reality that while Jesus Christ was a Son learned obedience from what He suffered and, once made perfect, He became the source of eternal salvation for all who would obey Him.

The writer declares that we, meaning the apostles and leaders, have much to say to you about this obedience and becoming sons of God but that it is hard to explain because you are slow to learn. He goes on to say that by this time you ought to be teachers but that you need someone to teach you the elementary truths of God's word all over again. He compares this to an infant who must have milk and can't partake of solid food. He makes it clear that solid food is for the mature who by constant use have learned how to distinguish good from evil.

He urges the hearers to leave the elementary teachings about Christ and go on to maturity or grow up. He urges them to move on from laying again the foundation of repentance from acts that lead to death, and faith in God, instructions in baptisms, the laying on of hands, the resurrection of the dead, and eternal judgement and God permitting we will do so.

He then talks about the impossibility of those who have been enlightened, tasted the heavenly gift, who have shared in the Holy Spirit, have tasted the goodness of the word of God, and the powers of the coming age, if they fall away to be brought back to repentance because to their loss they crucify the Son of God all over again and subject Him to public disgrace.

He uses an illustration of ground that receives rain from God and produces a crop useful to those who farm it will receive the blessing of God but land that produces thorns and thistles is in danger of being cursed.

What he is saying is that God requires us to produce righteous fruit that advances the cause of His kingdom and not just continue in our carnal ways. He ends with instructing them to keep their hope sure and how he wants them to avoid being lazy but to imitate those who through faith and patience inherit what has been promised.

Pray that God give you a heart for maturity leading you past the elementary truths.

## DAY 21 – Sunday, January 25

Read Matthew 7:24-27

Today's text frames the “**Unshakable Foundations**” theme for 2026. In this text Jesu throws down the parable of the wise and foolish builder to summarize His teaching on Sermon on the Mount.

His words are simple but profound. Everyone who hears these words of mine and puts them into practice is a wise man who built his house on the rock. The rains came down, the streams rose, the winds blew and beat against the house; yet it did not fall because it was built on the rock.

But everyone who hears these words of mine and does not put them in practice is like a foolish man who built his house on the sand. The rains came down, the streams rose, the winds blew and beat against the house, and it fell with a great crash.

The key to this parable that separates the wise builder from the foolish builder is weather or not they put Jesus words into practice or not.

We are all building our spiritual house. We can choose to build by the standards of this world or we can choose to build by the standards of the kingdom of God revealed in the words of Jesus. The test of how we are building our spiritual house will be revealed in the storms. Will our house stand or fall.

We have established that we are in a time of cultural shaking and the doctrinal winds are blowing and it is going to intensify. We see and hear the warnings signs. A great time of spiritual deception is on the horizon. The question is are we standing on the “**Unshakable Foundation**”?

The Spirit of the living God is not asking about our doctrinal professions but warning us and urging us to inspect and shore up the foundations on which we stand and to renew our commitment to build our house on the “**Unshakable Foundation**” of Jesus Christ our **ROCK**. That our house will withstand the storms and shaking that is coming.

Can you give your hearty AMEN to building on the “**Unshakable Foundation**” of Jesus Christ the word made flesh to experience your **Breakthrough 2026**?



**What is the Lord saying to YOU?**

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