



game plan
personal playbook



ASCENSION
PARISH

Rules of Engagement

At some point or another, you've probably asked yourself,
"God, what should I do with my life?"

The heaviness of this question often brings stress, worry, or anxiety because we look for a definitive answer. But if we understand and accept that we are on a journey then we can see that life isn't defined in one moment but rather a path that we travel. Where God's will is concerned, there should be light, joy, and peace-filled direction, more like a game than a battle. When we view life's direction with this mindset, we can search for answers with an open heart, wonder, and a sense of discovery.

In Jeremiah 1:1 we read, *"Before I formed you in the womb, I knew you."*

He is infinitely interested in the details of your life.
He created you with intention.
And loves you unconditionally.

As we begin this series, may you find reassurance in this knowledge,
and look at the process of finding God's will for your life
with joyful optimism.

Series Schedule

Sunday, September 12 - The Fundamentals
Sunday, September 19 - Penalties and Replays
Sunday, September 26 - Tackling Stumbling Blocks
Sunday, October 3 - Teamwork

THIS BOOK BELONGS TO

Week One ~ The Fundamentals

homily notes

WHO DO YOU SAY I AM?

Jesus asks each of us, "Who do you say I am?"

Savior, teacher, mentor, advocate, coach

He doesn't show us the path to our life. He IS life.

Who do you say Jesus is? Who are you in relation to him?

HOW DO YOU DEFINE WINNING/SUCCESS?

Week One Exercises

God whispers because He is so close.
But you need to put yourself in a position to listen.

HOW ARE YOU LISTENING TO GOD?

HOW IS GOD CONNECTED TO YOUR ENTIRE LIFE?

WHERE IS GOD WORKING IN YOUR LIFE?

Week Two ~ Penalties and Replays

homily notes

“We are what we believe we are.”

- C.S. Lewis

HOW DO YOU DEFINE GREATNESS?

God gifted you with unique talents. He wants to leverage them. Mistakes or moments of disappointment, setbacks, event failure are opportunities to learn and grow.

EXAMINE YOUR ATTITUDE TOWARD LIFE

Do you find yourself trying to live someone else's life? Or striving for a perceived "ideal" life? How can you find fulfillment in faith?

Week Two Exercises

Knowing what God has revealed to you, paves the way
to discovering where He is leading you.

IDENTIFY WHAT YOUR STRENGTHS ARE

WHAT HAVE BEEN DEFINING SETBACKS IN YOUR LIFE

REPLAY - WHAT IS GOD TEACHING YOU?

Week Three ~ Tackling Stumbling Blocks

homily notes

Jesus asks you to examine yourself, your motivations,
and trust in the Father's will.

WHAT ARE YOUR STUMBLING BLOCKS?

Our earthly selves get caught up in assuming we know best – always being right, being first, and seeking power and control. Your future could depend on the wisdom you seek today.

HOW ARE THESE BLOCKS IMPEDING YOUR GROWTH?

Week Three Exercises

Consider how difficult Scripture teachings give you wisdom and how they apply to your life.

GOD'S PROVIDENTIAL WILL

God entrusted His Church to us.

What role does the Church play in your life?

GOD'S MORAL GUIDANCE

How does God's moral code shape your decisions?

How is the law meant to protect you and lead to fulfillment?

YOUR FREE WILL

What decisions and habits drain you?

What are good habits that build you up?

Week Four ~ Teamwork

homily notes

Examination of your heart softens hardness,
opens you up to change.

WHAT IS THE HEALTH OF YOUR RELATIONSHIPS?

As we examine and soften our hearts we discover that we have become one with God. God has joined us to himself and no one can separate what God has joined together. It is the work of examining your own heart; to name the places of hardness, to be open and vulnerable, to be willing to change and be changed.

WHAT FEELS BROKEN & IN NEED OF HEALING?

Week Four Exercises

“You will know the truth, and the truth will set you free.”

- John 8:32

HOW DO YOU DEFINE TRUTH?

WHAT TEACHERS HAS GOD PLACED IN YOUR LIFE?

WHERE CAN YOU SEEK WISE COUNSEL?

Put it into practice

*“I can do all things through Him
who strengthens me.”*

- Philippians 4:13

CHECK YOUR FORMATION

What is the alignment of your attitude, your ability to listen, your understanding of Scripture, and your ability to be present?

WHAT ARE YOUR NEXT STEPS?

When you consider your life through Scripture, God's gifts to you, and seek wise counsel, you are on a firm foundation.

What opportunities are available to you now?

“For I know well the plans I have in mind for you, plans for your welfare and not for woe, so as to give you a future of hope.”

- Jeremiah 29:11



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