


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
CONNECT CYCLE 5:15AM - 6:00AM Cycle Room LES MILLS BODYPUMP 6:00AM - 7:00AM Studio 1 Body Reborn 8:30AM - 9:30AM Gym CONNECT CYCLE 8:30AM - 9:15AM Cycle Room LES MILLS BODYFLOW 9:30AM - 10:15AM Studio 1  ZUMBA 5:15PM - 6:15PM Studio 3 Dance 2 BFit 5:30PM - 6:30PM Studio 1	LES MILLS BODYPUMP 5:15AM - 6:00AM Studio 1 CONNECT CYCLE 8:30AM - 9:15AM Cycle Room LES MILLS BODYPUMP 9:30AM - 10:15AM Studio 1 LES MILLS BODYPUMP 4:30PM - 5:15PM Studio 1  ZUMBA 5:15PM - 6:15PM Studio 3 Dance 2 BFit 5:30PM - 6:30PM Studio 1	CONNECT CYCLE 5:15AM - 6:00AM Cycle Room LES MILLS BODYPUMP 6:00AM - 7:00AM Studio 1 Body Reborn 8:30AM - 9:30AM Gym CONNECT CYCLE 8:30AM - 9:15AM Cycle Room LES MILLS BODYFLOW 9:30AM - 10:15AM Studio 1	LES MILLS BODYPUMP 5:15AM - 6:00AM Studio 1 CONNECT CYCLE 8:30AM - 9:15AM Cycle Room LES MILLS BODYPUMP 9:30AM - 10:15AM Studio 1 LES MILLS BODYPUMP 4:30PM - 5:15PM Studio 1  ZUMBA 5:15PM - 6:15PM Studio 3 Dance 2 BFit 5:30PM - 6:30PM Studio 1	CONNECT CYCLE 5:15AM - 6:00AM Cycle Room LES MILLS BODYPUMP 6:00AM - 7:00AM Studio 1 Body Reborn 8:30AM - 9:30AM Gym CONNECT CYCLE 8:30AM - 9:15AM Cycle Room	LES MILLS BODYPUMP 9:30AM - 10:30AM Studio 1	