

# HOW TO DISCOVER YOUR ONE WORD

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# #1 PRAY FIRST

**Start in Silence. Pray with Humility.**

**So Eli told Samuel, "Go and lie down, and if he calls you, say, 'Speak, Lord, for your servant is listening.'" So Samuel went and lay down in his place.**

**1 Samuel 3:9**

# **#2 LOOK FOR A WORD IN THE WORD**

**Read and Reflect on Biblical Passages.  
The Number One Way God Speaks  
is through His Word.**

**Be Still and Know that I am God.**

**Psalm 46:10**

# **#3 LISTEN AND RECEIVE**

**Write a Few Words Down. Give Space for the Holy Spirit to Work. Receive and Rest.**

**After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper.**

**1 Kings 19:12**

# **#4 SHARE AND TEST WITH TRUSTED FRIENDS**

**Invite trusted friends to discern with you  
and pray for you.**

**“It seemed good to the Holy Spirit and us.”**

**Acts 15:12a**

# **#5 DEVELOP A PLAN TO GROW**

**Your word for the year is a way God wants to shape you and form you.**

**#1 Read every passage in Scripture on the topic of your one word.**

**#2 Order three to four books to read about the topic of your one word.**

**#3 Ask three to four people to pray for you throughout the year around your one word.**