



**Teaching Notes:** Ryan Davis  
May 27, 2012  
**YOUTH SUNDAY**

## desert breeze community church

### **I HEART** Psalm 37:4

Delight yourself in the LORD, and he will give you the desires of your heart.

1. **Believe** You Are Loved (In Christ)  
(JOHN 3:16, Romans 6:23, 10:13)  
*1 John 3:1 (ESV)*  
*See what kind of love the Father has given to us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him.*
2. **Belong** To The Body (of Christ)  
(Romans 12:3-8; Proverbs 27:17; James 1:2-4)  
*John 15:5 (ESV)*  
*I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.*
3. **Become** More Complete (Like Christ)  
(Hebrews 13:7; 2 Timothy 3:16-17; Phil 2:1-9)  
*Luke 6:40 (ESV)*  
*A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher.*
4. **Bring** The News (About Christ)  
(Mat 5:13-16; Mat 28:19)  
*Acts 1:8 (ESV)*  
*But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth."*

5. **Because** Of (For Christ)  
(Col 3:17)  
*1 Corinthians 10:31 (ESV)*  
*So, whether you eat or drink, or whatever you do, do all to the glory of God.*



# Growing

May 27, 2012

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- 1.** Is there something within your life (i.e. fast cars, success, sports, winning, music, friendships, relationships etc...) that gets you amped, something that gets your heart pumping, something that is your #1 desire? What is that something? How would it make you feel if it was suddenly taken away? What would your response to God be?
- 2.** Have you ever read Psalm 37:4 "Delight yourself after the Lord and He will give you the desires of your heart." And thought, "I'm serving/worshipping God and He is not giving me what I want?" (James 4:2-3)  
What does it mean to take delight in the Lord?  
What does it mean to desire? (Luke 11:9; Matthew 7:7)  
What do you desire? (Jeremiah 29:11-13)  
How do you know what your desire is? (Matthew 6:21)
- 3.** We all crave pleasure, we all want our desires to be fulfilled, and we all want to be completely satisfied... C.S. Lewis put it best, "If we find ourselves with a desire that nothing in this world can satisfy, the most probable explanation is that we were made for another world." That is why... "What comes into our minds when we think about God is the most important thing about us." – A. W. Tozer.
- 4.** For God to give us the desires of our hearts, why is the first step, in delighting after the Lord, to believe that we are loved? What does that mean and what does that look like? (1 John 3:1; John 3:16-17) Once we believe that we are loved, how important is it to belong to the body of Christ (Proverbs 27:17)? Once we believe that we are loved and belong to the body of Christ, what happens in our hearts/lives (Luke 6:40; Phil 2:1-9)? Once we become complete in Christ, meaning that there is nothing on this earth that can satisfy except for a relationship with Christ, our natural response will be to bring this good news to those in need (Acts 1:8).  
Doing this for no greater cause than the Glory of God. "So, whether you eat or drink, or whatever you do, do all to the glory of God." – 1 Corinthians 10:31

- 5.** Pray that we truly believe that we are loved, that we stay connected to the body of Christ even when things get tuff, that we become complete in Christ alone, that we find joy in bringing the good news of the gospel to the world, and know that we do this all for no greater cause than the glory of God.