

Teaching Notes: Ray Davis

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Life – there's an app for that!

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Ephesians 5:14-21 "Spirit-Filled"

The Spirit-filled life is the most amazing life you could ever hope or dream to live this side of heaven!

What does it mean to be Spirit-filled? (Acts 2:1-13)

How are being spirit-filled & drunk ALIKE? (v18)

• Both make you courageous & happy.

How are being spirit-filled & drunk UNALIKE? (v18)

- Being drunk <u>decreases</u> your sense of reality.
- Being spirit-filled <u>increases</u> your sense of reality. (Eph5:14-17; 2Kings 6:8-17; Luke 24:3-42; John 16:13-15)

What does it look like to be Spirit-filled? (vv19-21)

Gifts (Ministry): Rom12; 1Cor12; Eph4:1-16; 1Pet5 Fruit (Maturity): 1Cor13; Gal5:22-23; Eph1:15-23, 3:14-21; Col3:16-17

- An interaction with others that is <u>edifying</u> and <u>healing</u>.
 V19a addressing one another in psalms and hymns and spiritual songs...
- A <u>song in your heart</u> from the delight of living in God's presence. V19b singing and making melody to the Lord with your heart...
- A life of <u>thanksgiving to God</u> always & in everything (contentment). V20 giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ...
- A pouring of your life out in <u>service to others</u>. V21 submitting to one another out of reverence for Christ.

How can I become Spirit-filled?

 It is not how much of the Holy Spirit you have but how much the Holy Spirit <u>has you</u>. V18 "Drunk" = Gr. Intoxicated (Soaked, saturated with, dominated by). (Rom.8:5-6; Gal5:16-17)

- Once you've tasted of His Greatness & Goodness you'll do whatever it takes to be <u>intoxicated</u> with more of Him. V18 (Rom8:13; Eph4:30; 1Thess5:19)
- People intoxicated with the Greatness & Goodness of Christ are <u>willing to risk everything</u> for Him & in doing so, experiencing more of Him. Vv19-21 (Acts 1:8, 15:26)



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- 1) What comes to mind when you think of the Spirit-filled life? Do you think most Christians have a positive, negative, or a confused understanding of the Spirit-filled life? Explain.
- 2) Read Ephesians 5:15-21. Why do you think Paul makes a contrast with being drunk & being filled with the Spirit (Acts2:1-13)? How are being Spirit-filled & drunk alike & unalike? What did Jesus say would be the work of the Holy Spirit (John 16:13-15)? How does 2Kings 6:8-17 and Luke 24:30-32 illustrate the Spirit-filled life of increasing our sense of reality?
- 3) Review the four statements in the sermon notes describing what it looks like to be Spirit-filled (vv19-21). What would interaction with others that is edifying and healing look like (v19a)? Who is the source and what is the depth of this "singing and making melody" (v19b)? What distractions keep us from living in the presence of God with such delight that there is a song in our heart?
- **4)** Keller-"Worry is not believing God will get it right, & bitterness is believing God got it wrong." How does this quote relate v20 "giving thanks always...? How does Jesus' emptying of Himself (Cross) so we may be full (Spirit-filled), so that we can empty ourselves so that others may be full depict v21?
- 5) Becoming Spirit-filled is not how much of the Holy Spirit you have but how much the Holy Spirit has you (Rom.8:5-6; Gal5:16-17). Explain. Once you've tasted of His Greatness/Goodness you'll do whatever it takes to be intoxicated with more of Him & risk everything for Him! How is that the essence of being Spirit-filled?