

Crazy Busy

Going from burnout to balance

Sunday, January 26, 2014

Ray Davis

desert breeze
community church



Sermon Notes

“First Things First”

If you're going to go from burnout to balance you must do first things first because you can't do it all and time is running out. Unlike money, time cannot be stored and yesterday's time is gone forever and will never come back. Time is one of our most precious resources.

Eph5:15-17; Ps90:12

How to Put First Things First:

Mark 1:35-39

- 1) Your public life will only be as strong as your private prayer life. (v35; Luke 5:16; 11:1-4 abbreviated version of the Lord's Prayer Matt6:9-13) George Mueller -- "I must have my heart happy in God or I will be of no use to anybody. I'll use them and try to get them to satisfy my cravings and my vacancies."
- 2) Your private prayer life will help you to establish first things first. (Vv36-37; Heb4:15; 2Tim3:16-17; Eph2:10; Acts13:36) Jesus was busy but never in a way that made Him frantic, anxious, irritable, proud, envious, or distracted by lesser things. Jesus knew the difference between the urgent and the important. Jesus understood his God-given mission.
- 3) The things we value we prioritize and the things we prioritize we practice. (vv38-39; Pro4:23; Matt6:21)
- 4) Knowing Christ & making Him known is of infinite & eternal value. (Vv35, 39, v37 "Everyone is looking for you." Phil1:21, 3:8-11)

"He is no fool who gives what he cannot keep to gain what he cannot lose." –Jim Elliot

"Only one life, 'twill soon be past, only what's done for Christ will last." – C.T. Studd

Growing Notes

- 1) We don't expect to buy whatever we want because we know there is a limit to our money. But why do you think most people live as if time has no limits, when in fact time is much more limited than money? How is time one of our most precious resources according to these verses (Eph5:15-17; Ps90:12)?
- 2) Read Mark 1:35-39. What stands out to you from this text and what does it tell you about Jesus, knowing that this is after one of His busiest ministry days of His life? Why do you think your public life will only be as strong as your private prayer life? Nothing wrong with bringing our "lists" (petition) to God but why do you think bringing our "love" (adoration) to God is more important than bringing our "lists" (v35; Luke 5:16; 11:1-4)?
- 3) How might your private prayer life help you to establish first things first? How does this text show us that Jesus knew the difference between: Being crazy busy (frantic, irritable, anxious) vs. just busy? Doing the important vs. the urgent? Driven by a God-given mission vs. driven by the needs & opinions of others? How should these distinctions help us with our putting 1st things 1st?
- 4) How is it that values determine priorities and priorities determine your practices (behavior)? If you want to change your behavior (practices) what must you work on (Pro4:23; Matt6:21)? In v37 Simon says, "Everyone is looking for you." How did Simon speak more truly than he knew & how is everyone looking for Jesus (hope, meaning & purpose) whether they know it or not? What does it mean that knowing Christ & making Him known is of infinite & eternal value (Phil1:21, 3:8-11)? Pray.