

cross fit

finding wholeness in a broken world

Saturday & Sunday, June 7 & 8, 2014

Ray Davis

desert breeze
community church



Sermon Notes

1Peter 1:13-21 "Wholeness of Heart"

To the degree I am captivated by God's holiness (He has no rivals or imperfections) is to the degree I'll be holy (wholly God's). Holiness is giving your life wholly to God...mind (head), emotions (heart) & will (hands).

Wholeness of Heart (emotions)...

- 1) Is grieving deeply over brokenness and at the same time rejoicing greatly over Christ's saving work. vv6, 8; 2Cor6:10; Rom12:15
- 2) Is living a Thoughtful, Hopeful (v13) & Purposeful life (v18). 1Pet4:7, 5:8; Eph1:18; Jn10:10
- 3) Is aware of good things becoming ultimate things in my life. V14; Gal5:16; 2Tim2:22 Anything more important to us than God is an idol & will control us as we seek it, disappoint us if we get it & devastate us if we lose it.
- 4) Is motivated not by fear and/or pride (common virtue) but a heart captivated by Christ's love (true virtue). vv17-19; 2Cor5:14-15
- 5) Is an attraction & affection for Christ that is greater than all others. Vv18-19; Ps27:3, 63:3; Phil3:8-11. 1999 Harvard English professor Elaine Scary – On Beauty and Being Just: "Beauty gets you out of your self-absorption, infuses hope through the conviction of meaning & creates community through the joy of praise."
- 6) Is an emotional wealth of acceptance, security & significance from God through Christ that can face anything. Vv14 "children" v17 "Father" 20-21; 1Jn3:1; Mark1:11

Growing Notes

- 1) To the degree I am captivated by God's holiness (He has no rivals or imperfections) is to the degree I'll be holy (wholly God's). Explain. Why do you think much of our anxiety, bitterness & depression come from our low view of God (God is perfect [holy] in His loving wise control of my life)?
- 2) Read 1Peter1:13-21. What stands out to you from this text? Why do you think emotional wholeness is being both sadder about the brokenness of this world & happier about the hope we have through Christ (vv6, 8; 2Cor6:10; Rom12:15)? Why do you think living a Thoughtful, Hopeful (v13; 1Pet4:7, 5:8; Eph1:18) & Purposeful life (v18; Jn10:10) is an emotionally healthy life?
- 3) Why do you think our biggest problem isn't doing bad things but making good things (marriage, kids, career, etc) ultimate things (V14; Gal5:16; 2Tim2:22)? Everyone lives for something & if it's not God then it will cause excessive fear if threatened, bitterness if blocked & despair if lost. Explain. What is the difference between being motivated by fear and/or pride (common virtue) vs. Christ's love (true virtue)(vv17-19; 2Cor5:14-15)? Why is it important?
- 4) How do you know when you have an attraction & affection for Christ that is greater than all others (Vv18-19; Ps27:3, 63:3; Phil3:8-11)? If created beauty gets you out of your self-absorption, infuses hope through the conviction of meaning & creates community through the joy of praise how much more is that true about the beauty of the Creator? How does the emotional wealth of acceptance, security & significance from God through Christ give you the ability to face anything (Vv14 "children" v17 "Father" 20-21; 1Jn3:1; Mark1:11)? What was most helpful from this study? Pray.