

Reboot

(Restore to Original Settings)

desert breeze
community church



Saturday & Sunday, January 30/31, 2016

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“Sexually”

The lie of the serpent in Eden was that if we obey God fully we will be miserable because happiness lies outside of God's will, not within it. This lie has passed deeply into every human heart but nothing could be further from the truth. Jn10:10

What is God's Purpose for Sex?

Genesis 2:24-25 Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh. ²⁵ And the man and his wife were both naked and were not ashamed.

Unbiblical Views:

- 1) Sex is an appetite. Pro30:18-20
- 2) Sex is awful. Pro5:15-19
- 3) Sex is actualization of self. 1Cor6:19-20; 10:31

Biblical View:

1Cor. 6:16, 18 Do you not know that he who is joined to a prostitute becomes one body with her? For, as it is written, “The two will become one flesh.” ¹⁸ Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body.

- 1) Sex is for a man & woman in marriage to procreate & celebrate whole-life (personally, emotionally, socially, economically, and legally) self-giving love. Gen2:24-25
- 2) Sex is to mutually say to one another, “I belong completely, permanently, & exclusively to you.” It is a covenant renewal celebration!
- 3) Unless you deliberately (through practice) numb the original impulse, sex makes you feel personally interwoven and deeply connected to another person, as you are literally physically joined.
- 5) It makes breaking up harder to do and keeps people trapped in relationships that are not good because of a feeling of deep connection.
- 6) Sex outside of marriage is harmful because eventually it will lose its covenant-making power & work backwards making you less able to commit and trust another person.

How do I Practice God's Purpose for Sex?

As a single person chastity is difficult, but not impossible if you...

- 1) Keep your heart filled with the spousal love of Jesus. Eph5:25-27
- 2) Live in Christian community with other singles who are neither too hungry nor too fearful of marriage & don't use world standards (physical beauty & wealth) for partner choices. 1Cor7:27-31

3) Live in Christian community with families where having a family isn't an idol or where singles aren't treated like they are useless.

4) Realize you can't stop sexual thoughts from occurring but you can keep from entertaining them. Pro4:23; 2Cor10:3-5

5) No sin is a match for God's redeeming and restoring grace. The Gospel will keep you from taking sin lightly or whipping yourself and wallowing in guilt. Rom.8:1; 1John 1:9

6) The power of sin's promise is broken by the power of God's especially when our feelings rise in mutiny against the facts of God's Word. Titus 2:11-14

As a Married Couple...

1Cor7:3-5 The husband should give to his wife her conjugal rights, and likewise the wife to her husband....

- 1) You should enjoy sex frequently being more concerned about giving pleasure rather than getting pleasure.
- 2) A person who doesn't have as much of a sex drive physically can give to the other person as a gift –a legitimate act of love.
- 3) When it comes to context, to be blunt, for men it is anytime & anywhere. For women context doesn't mean candles or something as much as it means emotional tenderness and conversation.
- 4) Because sex is meant to celebrate whole-life self-giving love, lack of sexual intimacy may be a sign of deeper problems in the relationship.

Human romance is a glorious experience but even the best is a gift from God and a pointer to the ultimate experience of knowing God's love. (Ps63:3; John 4:13-14)

GROWING NOTES

- 1) What is the lie of the serpent in Eden (Gen3)? How has this lie passed deeply into every human heart? What is the truth and how does it relate to our sexuality (Jn10:10)?
- 2) What are the different attitudes about sex in our culture and how do they differ from the Biblical view? How is sex outside of marriage harmful (1Cor6:16, 18)?
- 3) How would you advise a single person and a married couple who want to practice God's purpose for sex (see notes)?
- 4) What are your thoughts about the final statement and verses from the sermon notes about human romance? Pray.