

What's happening at Desert Breeze?

- ❖ **SUPERMOMMIES IS THIS THURSDAY:** 10:30am in the suite #101 elementary room!
- ❖ **NEW LIFE GROUP:** Has begun! We meet Wednesdays, 6:30-8:00pm (7th St & Thomas area). See Life Group wall for more info.
- ❖ **CHILDREN'S CHRISTMAS PLAY REHEARSALS:** Saturdays, 6-7:30pm in the youth room. See Anne Tanner for more info.
- ❖ **PAINT-A-THON October 22:** We need YOU! Sign up at the info table to help paint a home for a deserving family!
- ❖ **BAPTISM CELEBRATION:** October 22-23 at all services! If you'd like to make a public declaration of your faith thru Baptism please **sign up at the Info desk & plan on taking a short baptism class after service this weekend or 15/16!**
- ❖ **FALL FESTIVAL:** Friday, 10/28! Join us for games, food trucks and more! Sign up Now at the info table to volunteer for the event!
- ❖ **CANDY DRIVE:** We need candy for the Fall Festival! Please bring your bags of pre-wrapped candy to the bin in the lobby! Thanks!
- ❖ **MEXICO MISSION WORK TRIP:** It's time to Raise the Roof! Come & help construct a new roof @ the orphanage in Imuris, Mexico! **Nov 10-13, \$130 per person.** Sign up at the info table or see Josh Turner for details!
- ❖ **ANOMALY STUDENT MINISTRY:** Winter Camp! **December 2-4** Cost \$165.00 per person, Jr. & Sr. High School age can go!
- ❖ **ANOMALY YOUTH MINISTRY TRANSPORTATION:** Sponsorship for Winter camp needed. If you can help, see Ryan Reed.
- ❖ **SAVE THE DATE:** Women's Christmas Dinner, December 4th, 2016, \$25 per person.

Check out our website @ dbcc.com for more info & events
or call the church office 602-374-4588
Wifi info: DB Guest Password: dbguest1

Teaching Series: "Thrive" (Habits of Grace)

October 15/16	Silence & Solitude
October 22/23	Worship (Baptism Celebration)

Thank You
for the consistent and faithful giving of our
church family.
Budget Results for October 2/3
General Giving
Budget \$18,500 Actual \$32,301

October 8 & 9
2016

THRIVE

(Habits of Grace)

October 8/9, 2016

Sermon Notes

Ray Davis

“Fasting” Matt6:16-18, 9:14-15

Few spiritual disciplines go so radically against our gluttonous and self-indulgent American culture like fasting. Yet, Jesus expected His followers to fast. Fasting is an exceptional way to rebel against the Spiritual status quo and to express our holy discontent in this fallen world. (Very helpful resources in this study: Donald Whitney—Spiritual Disciplines for the Christian Life; David Mathis—Habits of Grace)

What Is Fasting?

- 1) It is the voluntary abstinence _____ for Spiritual purposes.
- 2) Or it can be the abstaining from or denying yourself the enjoyment of _____. i.e. people, media, sports, hobby, from talking, from sleep, from sex, etc.
- 3) The reason might be that we sense the activity is exerting _____ on our hearts or our time and we need to fast from it _____ a more biblical perspective.
- 4) Or it might be simply that we want the freedom to become _____ in a particular spiritual focus.

Why Should We Fast?

- 1) To sharpen my _____ for God. Acts13:2; Neh1:4; Dan9:3
- 2) To Seek God’s _____. Judges 20:26; Acts 14:23
- 3) To Express _____. Judges 20:26; 1Sam20:34, 31:13; 2Sam1:11-12
- 4) To Seek Deliverance or _____. 2Chro20:3-4; Ezra 8:21-23; Esther 4:16; Psalm 109:24
- 5) To express _____ and return to God. 1Sam7:6; Joel 2:12; Jonah 3:5-8
- 6) To _____ Oneself before God. 1Kings 21:27-29; Psalm 35:13; Luke 18:12
- 7) To Express _____ for the Work of God. Neh1:3-4; Dan9:3
- 8) To _____ to the Needs of Others. Isa 58:3-7
- 9) To overcome _____ & Dedicate Yourself to God. Matt4:1-11
- 10) It is a tool for _____ our enjoyment of Jesus. Luke 2:37; John6:5; Job23:12

How Should We Fast?

- 1) Start _____.
- 2) _____ what you will do instead of eating.
- 3) _____ how it will affect others.
- 4) Try _____ of fasting.
- 5) Fast from something _____.
- 6) Transpose your hunger pains into focused attention on _____ or a _____.

DBCC is built with this underlying conviction: Whatever the capacity for human sin and suffering the church has a greater capacity through the Gospel for healing and wholeness. (Jn10:10; Rom1:16)

DYTM 2.5 CAMPAIGN PURPOSE:

- ✓ To inspire db family to be more fully devoted to Christ in taking steps of faith in our Five G discipleship process.
- ✓ Together raising money for the purpose of development & enhancement of our church home to its fullest capacity to better reach seekers and build believers to full devotion to Jesus Christ.

Growing Notes

- 1) What are the purposes of spiritual disciplines (habits of grace)? How are these habits of grace like Jacob wrestling with God (Gen32:26)? What are your thoughts on fasting?
- 2) Read Matthew 6:16-18, 9:14-15. What does the passage say (Observation)? What does the passage mean (Interpretation)?
- 3) What am I going to do about what the passage says and means (Application)? Answer the following questions by reviewing sermon notes: What is fasting? Why should we fast? How should we fast?
- 4) What were your thoughts and feelings of David Wilkerson’s Anguish video? Review the DBCC underlying conviction and campaign purpose. Would you be willing to fast one meal or TV, or etc. this week and ask God during that time to lead you into your next step in full devotion to Him and what role He wants you to play financially in our DYTM2.5 campaign? Pray.