



Teaching Notes: Ray Davis

January 27, 2011

"SPIRIT-filled"

[Eph. 5:18-21]

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[Eph. 5:18-21] "METHOD"

Being Spirit-filled is the most amazing life you could ever hope or dream to live. The Magnitude is that Christians both individually and corporately are God's temple and God's Spirit dwells in us. The Means is that through spiritual disciplines if I seek the Giver rather than His gifts I'll be filled with His presence and His love will be better than life.

What is the Method to the Spirit-filled life?

1) The Spirit-filled life is having truth shine in your heart.

The truths of God go from concept to reality. (John 14:16-18, 16:13-15) [Rom. 8:16]

2) We tend to live in and out of this experience. The goal is to live in the reality of this as much as possible making it a whole life experience. (Rom. 7:14-24; 1 John 2:12-15) [2 Cor. 11:3]

3) Spiritual disciplines (means of grace) increase our capacity for living in the reality of God's Grace. (2 Pet. 3:18; 1 Tim. 4:7-8)

4) What do you actually do in the process of using the means of Grace (Spiritual Disciplines)? Two Things:

[Eph. 4:29-32] [1 Thess. 5:19]

- Don't Grieve the Holy Spirit. (Seek to Please) Repent – Identify the idols of your heart and see all sin as a trampling on the love and wisdom of God.
- Don't Quench the Holy Spirit. (Seek to Listen) Believe – Find your identity in Christ and see all salvation as a filling of your heart with the great things of who Jesus is and

5) The Spirit-filled life looks to Christ to meet needs in the very areas of life they are vulnerable to sin. What need(s) are you seeking to meet through your sin that Christ can meet in its replacement? (Jer. 2:13; John 4:13-14)



Growing

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- 1) In review of the 1st two weeks of this series: What does the Magnitude of the Spirit-filled life that Christians are God's temple mean to you? The Means to the Spirit-filled life is that if I through spiritual disciplines seek the Giver rather than His gifts I'll be filled with His presence and His love will be better than life. Explain.

- 2) Read Eph. 5:18-21. The Spirit-filled life is having truth shine in your heart. What happens when the truths of God go from concept to reality? How does Rom. 8:16 apply? Why do you think we tend to live in and out of this experience (Rom. 7:14-24; 1 John 2:12-15; 2 Cor. 11:3)?

- 3) What are spiritual disciplines and how do they help to increase our capacity for living in the reality of God's grace? What are some things you have done recently to increase your capacity to live in the reality of God's grace?

- 4) Read Eph. 4:22-30. What is the context to not grieving the Holy Spirit (v30)? Read 1 Thess. 5:16-20. What is the context for not quenching the Holy Spirit (v19)? What are the two things you must do to work on your heart in making the truths of God a reality?

- 5) A Spirit-filled life looks to Christ to meet needs in the very areas of life they are vulnerable to sin. Explain. In what area(s) of your life is the Holy Spirit working on you? Make it your prayer as you seek to please & listen to the Holy Spirit.