

On The Move - Brave the Unknown with God



DAY 1

Read Exodus 3:2-4

"There the angel of the Lord appeared to Moses from inside a burning bush. Moses saw that the bush was on fire. But it didn't burn up. So Moses thought, I'll go over and see this strange sight. Why doesn't the bush burn up?' The Lord saw that Moses had gone over to look. So God spoke to him from inside the bush. He called out, 'Moses! Moses!' 'Here I am,' Moses said" (NIrV).

Have you ever seen something that made you stop and stare? That's what happened to Moses. He was taking care of sheep when he saw a bush that was on fire—but it wasn't burning up! When Moses got closer, he heard God's voice. God had a big job for Moses: to help free His people from slavery in Egypt.

Moses didn't feel ready. Moses felt scared! But God knew Moses could do it with His help.

God sometimes calls us to do things that seem hard, like trying something we've never done before. But remember, God promises to be with us every step of the way.

What is one new thing you can do this week with God's help?



Read Exodus 3:11-12

But Moses spoke to God. "Who am I that I should go to Pharaoh?" he said. "Who am I that I should bring the Israelites out of Egypt?" God said, "I will be with you. I will give you a sign. It will prove that I have sent you. When you have brought the people out of Egypt, all of you will worship me on this mountain" (NIrV).

Moses had a lot of questions. He was thinking "Who am I? I can't do this!" He didn't think he was good enough. But God didn't tell Moses, "You go do it all by yourself." God told Moses, "I will be with you."

Sometimes we feel too small, too shy, or not strong enough. But God is bigger than our fears! He gives us the courage to do big and small things, with his help! Moses didn't free God's people because he was perfect; he did it because God helped him with every step!

Write or draw in the two columns! This will help you think about the times when you feel scared or weak, and that God helps us in those times!

I FEEL WEAK WHEN...

BUT GOD HELPS ME BY...



THIS MONTH'S MEMORY VERSE:

"When I am afraid,
I put my trust in you."

Psalm 56:3 NTV

DAY 3

Read Exodus 4:12

"Now go. I will help you speak. I will teach you what to say "(NIrV).

Moses had a big job ahead of him: to go and save all of God's people in Egypt, to help rescue them. This was a big deal! Moses was so nervous and worried about how he could do it. But Moses wasn't going to do it by himself. God was going to be with Moses!

Do this activity to help you remember that God is with you and will help you!

Get a piece of paper, crayons or markers, and your hand!

- · Trace your hand on the piece of paper.
- Inside each finger, write one way God helps you.

(Examples: "God helps me be brave," "God helps me speak," "God helps me be kind," "God helps me when I'm scared," "God helps me forgive.")

- At the top of the page, write "God Helps Me!"
- Color the hand and add little drawings around it—like a smiley face, a heart, or even a burning bush if you want!

Hang it somewhere in your room to remind you that God is always helping you, just like God helped Moses!

DAY 4

Read 2 Timothy 1:7

"God gave us his Spirit. And the Spirit doesn't make us weak and fearful. Instead, the Spirit gives us power and love. He helps us control ourselves" (NIrV).

Moses wasn't perfect. He made mistakes, felt scared, and had doubts. But God still used Moses to do amazing things!

You don't have to be the loudest, fastest, or smartest for God to use you. You just need to be willing to listen and trust Him. God gives you His Spirit, that's God's strength inside you! You can be brave even when things are hard.

TRY SOMETHING NEW

Make a list of three things you've never done before, like talking to someone new, trying a new food, or learning a new sport. Pick one thing from your list to try this week. Before you try it, pray and ask God for courage! God can help you, just like He helped Moses.



God can give you courage when you don't feel ready.

BONUS VERSE:

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Joshua 1: 9 NIV

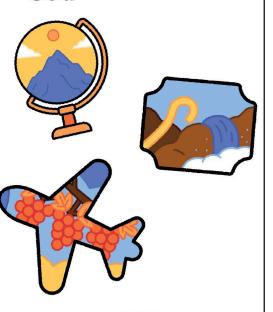
SEPTEMBER
WEEK ONE

KINDERTGARTEN-3RD GRADE

midweek family activity guide



On the Move: Brave the unknown with God



This Week's Bible Story Video



Talk About the Bible Story

Open the Bible together and read Exodus 3–6:12, 7–12:42, 13:17–14:31 or watch the video together on the Parent Cue app.

Engagement Questions

- ► What are some things that feel super tricky or a little scary to try?
- How can I help you do things when you don't feel ready?
- Have you asked God to help you do things when you don't feel ready?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



Prayer

"Dear God, thank You for guiding us. We are so thankful that we don't have to do anything on our own. You help us do brave things. We love You, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues

Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, remind them about a time you saw them do something new or something that they were afraid to do, but they did it anyway.



Meal Time

At a meal this week, have everyone at the table answer this question: "What is something happening soon that you are preparing for? Do you feel ready to do it? How can God help you do that hard thing?"



Drive Time

While on the go, ask your kid: "What is something you were afraid to do or try, but you did it anyway?"



Bed Time

Pray for each other: "God, sometimes I see all the things I can't do instead of remembering all the things I can do. Help me to realize that whatever You ask me to do, I don't have to do alone. You're with me, and I can have courage because of it."

More Ways to Engage with Your Kid Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES



