On The Move — Brave The Unknown With God

DAY 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read Exodus 1-2:10

Today, we're looking at the second book of the Bible, Exodus. Exodus means a mass departure, so basically, a lot of people are leaving one place.

After Joseph's death, the Israelites were still living in Egypt. And "the number of them greatly increased. There were so many of them that they filled the land" (Exodus 1:7 NIrV). In Genesis, God had told Abraham, Isaac, and Jacob that there were going to be many people to come from them, and they would have a promised land to live in! So that

meant the Israelites weren't going to live in Egypt forever!

It was also really hard to live there. Exodus 1:14 says, "The slave drivers forced them to work with bricks and mud. And they made them do all kinds of work in the fields. The Egyptians didn't show them any pity at all. They made them work very hard."

God was going to rescue His people; He always has a plan. And a little baby, Moses, was going to be a part of God's big plan.

DAY 3

Read Exodus 3:1-10

In Exodus 3, Moses had grown up, run away from Egypt to a place called Midian, and was now living there. He's out in the wilderness shepherding a flock. But a big moment is about to happen. "The angel of the Lord appeared to him from inside a burning bush. Moses saw that the bush was on fire. But it didn't burn up" (Exodus 3:2 NIrV).

Moses's normal day changed and he encountered God. God is so holy that Moses even needed to take his shoes off because he was standing on holy ground. The Hebrew meaning of the word "holy" means set apart.

God is so holy and good that He is set apart from all things. But we can know and have a personal relationship with this holy God. Through Jesus' death and resurrection, God has made a way for us to be in God's presence, to be close to Him.

Pray to the Lord today. You can pray something like this: "Lord, You are so holy and good. Because of Jesus, I can enter Your presence."

THIS MONTH'S MEMORY VERSE:

"When I am afraid, I put my trust in you."

Psalm 56:3 NTV

DAY 4

Read Exodus 3:10-4:17

In the first verse of our reading today, Exodus 3:10, God tells Moses: "So now, go. I am sending you to Pharaoh. I want you to bring the Israelites out of Egypt. They are my people." Moses responded in verse 11 with "Who am I?" This was a moment where Moses needed God-confidence, not self-confidence.

Moses asked another question in Exodus 4:1, "What if they don't believe me?" Moses continued to go on with this statement in Exodus 4:10: "Moses spoke to the Lord. He said, "Lord, I've never been a good speaker. And I haven't gotten any better since you spoke to me. I don't speak very well at all."

Have you ever felt like this? Write down some weaknesses or fears you have.

Now write down here the statement. "God chooses me."

You are chosen, and you are chosen to reflect His glory and holiness to others!

DAY 5

Read Exodus 4:18-5:5

Moses had just had a big moment with God at the burning bush! But after that, Moses had to go. Go to Egypt. Go face Pharaoh. Go and trust God. Moses had lots of doubts and fears, but God asked him to trust and obey.

Moses went before Pharaoh and had many conversations about letting God's people go. Plagues happened. Finally, Pharaoh relented and said the people could go. But then Pharaoh changed his mind and pursued the Israelites as they were leaving.

Later, in Exodus 14, something amazing happened-God

parted the Red Sea and His people walked right through it on dry ground! God saved His people. And guess what? He used Moses to help do it. Moses was afraid. But God still chose him.

God saw the suffering of His people both in Egypt and as they were leaving, and He showed up to help. God is not far away. He's not too busy. He's not ignoring what you're going through. He was with Moses, He was with the Israelites, and He's with you too.

Jo	ournai
be	end some time thinking about the question clow and journal your thoughts or share them with parent.
W	hen have you tried something new?
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BONUS VERSE:

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Joshua 1:9 NIV

SEPTEMBER
WEEK ONE

4TH-5TH GRADE

midweek family activity guide



On the Move: Brave the unknown with God





This Week's Bible Story Video



Talk About the Bible Story

Open the Bible together and read Exodus 3–6:12, 7–12:42, 13:17–14:31 or watch the video together on the Parent Cue app.

Engagement Questions

- What is something lately that you need to have courage for?
- What's a new challenge or responsibility you feel God is asking you to take on?
- ► How can remembering that God is with you help you be brave, and others too?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code to get started



Prayer

"Dear God, You are so good. Always. We thank you that you can help us, all the time. We love You, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues

Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, remind them about a time you saw them do something new or something that they were afraid to do, but they did it anyway.



Meal Time

At a meal this week, have everyone at the table answer this question: "When have you tried something new?"



Drive Time

While on the go, ask your kid: "What is something you were afraid to do or try, but you did it anyway?"



Bed Time

Pray for each other: "God, sometimes I see all the things I can't do instead of remembering all the things I can do. Help me to realize that whatever You ask me to do, I don't have to do alone. You're with me, and I can have courage because of it."

More Ways to Engage with Your Kid Faith & Character Activities



Worship Song of the Month



Download the Parent Cue app

AVAILABLE FOR APPLE AND ANDROID DEVICES

