

Bedrock - Building confidence in God block by block

DAY 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

Even if you already saw it at church, feel free to check it out again!



After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

DAY 2

Read Daniel 6:10

Daniel had a habit of praying three times every day, no matter what. It wasn't random. He made time with God a regular part of his life. When people tried to get him in trouble, that habit didn't stop. Even when Daniel knew it might cost him everything, he chose to stay connected to God.

Daniel trusted that God was always with him, even when things got scary. And because Daniel already spent time with God every day, it was easier to remember God was still there when things got hard.

What's your daily habit? You brush your teeth. You eat breakfast. What if you added time with God? That could be praying before you go to school, you could put some worship music on in the afternoon, you could pause and listen to Him. Even just a few minutes each day could help you build serious trust in Him.

Fill in the blank – One way I can spend time with God this week is:

DAY 3

Read Daniel 6:13-16

People who worked for the King convinced King Darius to make a new law: No one could pray to anyone except the king. If someone disobeyed, they'd be thrown to the lions. Daniel heard the rule, but he didn't panic. He didn't run. He just kept doing what he had always done: praying and trusting God.

Even when Daniel was taken to the lions' den, God was with him. Always.

Life is full of twists and turns. What do you do when your plans fall apart, or someone turns on you? You could give up. Or you could do what Daniel did, choose to trust that God hasn't left your side.

Maybe you've faced unexpected challenges recently, like a friendship that's suddenly complicated, a subject at school that's tough, or worries about the future. Whatever happens, you're never alone. Trust God, like Daniel did. He's right there with you, no matter what.

THIS MONTH'S MEMORY VERSE:

"But those who trust in the Lord will receive new strength.
They will fly as high as eagles.
They will run and not get tired.
They will walk and not grow weak."

Isaiah 40:31 NIRV

Read Daniel 6:17–23

God didn't take Daniel out of the scary situation, but He stayed with him through it. Daniel came out without a scratch and with stronger confidence in God than ever.

Talk with someone at home about a time they were scared or unsure and how they knew God was with them.

Read Daniel 6:24–28

Your confidence in God can do that too. When you stay calm during a hard test or choose kindness when someone is mean, people notice. When you stick with God through

Confidence in God isn't flashy or loud. It's solid. It's built through little choices every day. And the more you trust God, the more your life can point others to God.

Grab a paper and draw a “confidence meter.” With a pencil, mark where you think your trust in God is today, and where you want it to be. Check back every week and erase what you marked before and mark your trust for that day. This will show you where your trust is at that week! And then do a simple thing. Ask God to help you.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.

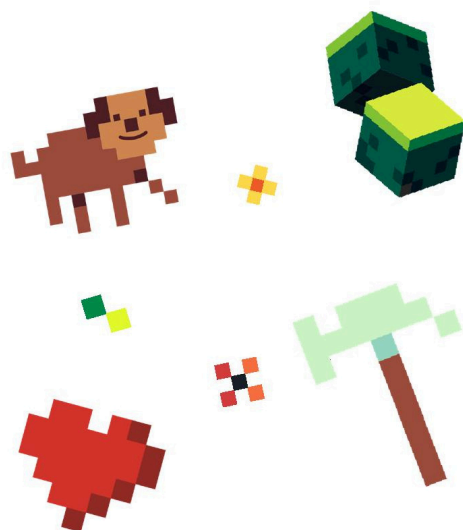
When have you felt alone?

[illegible]

**"For the Spirit God gave us does not make us timid,
but gives us power, love, and self-discipline."**

2 Timothy 1:7 NIV

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This Week's Bible Story Video



Talk About the Bible Story

Open the Bible together and read Daniel 6 or watch the video together on the Parent Cue app.

Engagement Questions

- How did Daniel's actions show that he truly believed God was always with him, even when facing extreme danger?
- What's one specific thing you can do to invite God's presence into a moment this week?
- How does knowing God is always with you change how you decide what to do, especially when no one else is looking?

Faith and Character Activity

Scan the QR code below for activities to guide kids at every phase to trust Jesus in a way that changes how they see God, themselves, and the rest of the world.

Scan the QR code
to get started



Prayer

"Dear God, We want to talk to You all the time. Not just when it's easy, and not just when it's hard. Thank You for being with us through it all. In the ups and downs, You are there. We love You so much, and we pray these things in Jesus' name. Amen."

Weekly Parent Cues



Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your kid starts their day, remind them that God is always with them.



Meal Time

At a meal this week, have everyone at the table answer this question: "When have you felt alone?"



Drive Time

While on the go, ask your kid: "When do you feel the most alone? When do you feel the least alone?"



Bed Time

Pray for each other: "God, sometimes it's hard to remember that You are always with us. Help us to never forget. Remind us that You never leave us."

**More Ways to
Engage with
Your Kid**

**Faith &
Character
Activities**



**Worship Song
of the Month**



**Download the
Parent Cue app**

AVAILABLE FOR APPLE
AND ANDROID DEVICES

