



# Grief Resources

## FOR BEREAVED ADULTS

- ***After Suicide*** by John Hewett | This constructive guide shows how to live as survivors.
- ***The Art of Being a Healing Presence*** by James Miller | A guide for those who want to care.
- ***Cancer-Now What?*** by Kenneth C. Haugk | This caring, how-to resource, written in a warm, conversational style, provides helpful information, practical ideas, and hope-filled encouragement.
- ***Christian Caregiving-A Way of Life*** by Kenneth C. Haugk | An insightful how-to guide for caring for and relating to others in distinctively Christian ways.
- ***Confessions of a Grieving Christian*** by Zig Ziglar | Ziglar's 46-year-old daughter died, and he tells of his experience.
- ***The Final Mile*** by Faye Landrum | A wife's response to her husband's terminal illness.
- ***Finding Your Way After Your Parent Dies*** by Richard Gilbert | Compassionate guide for those struggling with the loss of a parent.
- ***A Grief Observed*** by C.S. Lewis | His journal written after the death of his wife.
- ***Journeying Through Grief*** by Kenneth C. Haugk | A set of four short books where the author walks alongside the reader through the grief journey, sharing helpful insights about grief, biblical truths, and stories that provide comfort and reassurance.
- ***Nobody's Child Anymore*** by Barbara Bartocci | Mourning the loss of parents.
- ***A Path Through Loss*** by Nancy Reeves | A guide to writing your healing and growth.
- ***Singled Out for God's Assignment*** by Leona Choy | Upbeat and inspiring for widows.
- ***The Upside of Down, Finding Hope When It Hurts*** by Joseph Stowell | Helps you find hope in the ups and downs of losing someone.
- ***When your Spouse Dies*** by Cathleen Curry | A concise and practical source of help and advice.

## FOR BEREAVED PARENTS

- ***Comfort Us, Lord - Our Baby Died*** by Norman Hagley | A book of prayers for every family member.
- ***A Grief Unveiled*** by Gregory Floyd | A father writes of the death of his six year old son.
- ***I'll Hold you in Heaven*** by Jack Hayford | Miscarriage, abortion, or infant death.
- ***Roses in December*** by Marilyn Heavilin | Marilyn lost three sons.
- ***Safe In the Arms of God*** by John F. MacArthur | Truth from heaven about the death of a child.

## **SUPPORT GROUPS**

### **Cornerstone of Hope Grief Counseling Center**

<http://www.cornerstoneofhope.org/>

### **OhioHealth Grief Support Resources**

<http://www.ohiohealth.com/grief-program/>

### **Mount Carmel Grief Support Resources**

<http://www.mountcarmelhealth.com/supportgroups>

### **The James Cancer Center Grief Programs**

<https://cancer.osu.edu/for-patients-and-caregivers/support-for-patients-and-caregivers/mental-and-emotional-wellbeing/grief-support-programs>

### **Nationwide Children's Hospital Support Groups**

<https://www.nationwidechildrens.org/family-resources-education/support-groups>

### **Camps for children who have lost a loved one**

- Camp Lionheart - <https://www.camplionheart.org/>
- Camp Hope - [hospiceofnorthcentralohio.org/types-of-care/bereavement-care](https://hospiceofnorthcentralohio.org/types-of-care/bereavement-care)

### **Franklin County LOSS - Local Outreach to Suicide Survivors**

<https://losscs.org/supportgroups/>

### **To find local grief support groups**

<https://www.griefshare.org/>

### **Grief Seminars offered at Peace UMC**

Sponsored by Peace Within Counseling Ministries  
Peace United Methodist Church  
235 Diley Road, Pickerington, OH 43147  
Contact Rev. Elaine Sturtz, LPCC for more information  
[ejsturtz7@gmail.com](mailto:ejsturtz7@gmail.com)

*For one on one grief counseling please see our list of recommended professional counselors in the central Ohio area on our care page under Biblical Counseling.*