



GRACE GROUP LEADER'S MESSAGE GUIDE

Leader note: This Message Guide is intended to help you facilitate discussion with your Grace Group. You can use the guide exactly as it is, ignore some of it, or add to it. We hope you view this guide as a flexible teaching tool, and not a rigid teaching task.

WEEK OF SEPTEMBER 19TH

- There is a baptism coming during worship on 10/28 and 10/31. Your group members may register at www.gracefellowship.cc/baptism.

ICEBREAKER

- What was the weirdest situation you've ever been in?

PLEASE HAVE YOUR GROUP MEMBERS TAKE THE SURVEY FOUND HERE:

- <https://forms.gle/EgXgqMFQJvFxZ5pD9>

WATCH THE TEACHING VIDEO BY PASTOR JEREMY PIEHLER

HURT HAPPENS - WEEK 2 (Scripture: Psalm 40)

1. Read Psalm 40. David says to God that he's waiting patiently. He mentions that in several Psalms. What is it about waiting patiently that we just can't do? (*leader note: you may want to mention how fast paced our lives are, we get our news in 140 character bites, etc.*)
2. David has an absolute belief that God will answer him and that things will be good once he gets help from God. How can we get that absolute belief that David has?
3. Describe a situation when you relied on yourself to get out of trouble. How did that turn out?
4. How can hurt take our focus away from the things in our life that matter most?
5. Have you heard the phrase, "It's ok to not be ok."? It's a way that people try to let us know that all of us have hurts at one time or another and that's normal. What do you usually do with your hurts? Do you bury them? Do you just complain about them?
6. What does being overwhelmed with hurts look like for you?
7. Describe a time when you asked for help and it worked out well.
8. Describe a time when you worked through a hurt, then God used you at a later date to help someone else.
9. It was said in the weekend message that care & counsel is intended to point us to the One who can give the ultimate help. How has God helped you in a time of hurt?

ACTION STEP

The action step out of the weekend message was to get help this week.

SHEPHERDING / CARE / PRAYER

Caring for someone well takes organization so make sure you have a way to keep track of the care needs in your group. Take note of something that may have been said during the discussion and follow up with them about it. Write down prayer requests, pray and then ask how God is working in that situation. Remember birthdays or anniversaries. Making people feel known and loved is incredibly important in showing them the love of Jesus.