



GRACE GROUP LEADER'S MESSAGE GUIDE

Leader note: This Message Guide is intended to help you facilitate discussion with your Grace Group. You can use the guide exactly as it is, ignore some of it, or add to it. We hope you view this guide as a flexible teaching tool, and not a rigid teaching task.

WEEK OF FEBRUARY 5TH

Please review this week's group leader announcements on the group resources page (www.gracefellowship.cc/groupresources).

ICEBREAKER QUESTION

If you have any siblings, are you the oldest, youngest or in the middle? How do you think your birth order has affected your personality?

WORDS THAT WILL CHANGE YOUR LIFE - ENOUGH (Scriptures: John 6:26-27, 33-35, 1 Timothy 6:6-10)

1. What is the purpose of commercials on tv or marketing in its different forms?
2. Describe a time when you have you been influenced by someone else's stuff to get that same stuff.
3. Read John 6:26-27, 33-35. How does Jesus response show the difference between the crowd's interests and Jesus' interests?
4. How do you "work for food that leads to eternal life?"
5. What are the similarities and differences between manna in Exodus 16 and the "bread of life" here?
6. From your experience, how does Jesus fill our desire for want, and more?
7. Why do you think contentment is a virtue of Christianity? (*"A Christian comes to contentment, not so much by way of addition as by way of subtraction... Contentment does not come by adding to what you have, but by subtracting from what you desire. The world says that you will find contentment when your possessions rise to meet the level of your desires... The Christian has another way to contentment, that is, he can bring his desires down to his possessions."* from openthebible.org with Colin Smith)
8. What are some of the warning signs of a life that is not content?
9. Read 1 Timothy 6:6-10. Look at the words in this passage; temptation, snare, senseless and harmful desires, ruin and destruction.
10. What should the Christian view of wealth be? (*God does not condemn anyone for having riches. Riches come to people from many sources, but He gives grave warnings to those who seek after them more than they seek after God and trust in them more than in God. His greatest desire is for us to set our hearts on things above and not on things on this earth. This may sound very high and unobtainable, but Paul wrote, "I can do all things through Christ who strengthens me" (Philippians 4:13 NKJV). The secret is knowing Christ as Savior*

and allowing the Holy Spirit to conform our minds and heart to His (Romans 12:1-2). from [got questions.com](http://gotquestions.com))

ACTION STEP

The action step out of the weekend message was to give, throw away or sell one thing you have.

ADDITIONAL SCRIPTURES (related to enough, satisfaction, contentment)

Matthew 6:25-26

Matthew 6:32-33

Philippians 4:12-13

Hebrews 13:5

1 Samuel 2:7-8

Luke 12:13-15

Psalms 37:3-4

Proverbs 28:25

Romans 14:17

SHEPHERDING / CARE / PRAYER

Good article about helping hurting people:

<https://www.christianitytoday.com/better-samaritan/2021/december/healing-is-hard-here-are-four-ways-to-come-alongside-hurtin.html>