(Week of September 14th)

ENEMY'S PLAYBOOK - DISTRACTION

LAST WEEK'S ACTION STEP

Contemplate the idea of God's grace.

ICEBREAKER

Which is better: being able to pause time or rewind it by 5 minutes?

BOTTOM LINE

Focus on the way of wisdom.

MAIN SCRIPTURES

Proverbs 7:1-27

ADDITIONAL SCRIPTURES

Proverbs 4:23–27 James 1:14–15 1 Corinthians 10:12–13 Galatians 5:16–17 Ephesians 5:15–16 Psalm 119:9–11

RESOURCES

Read this <u>article</u> from Desiring God on distraction.

Listen to this <u>sermon</u> from Craig Groeschel on how to address temptation and distractions.

GRACE EVENTS

https://www.gracefellowship.cc/events/

DISCUSSION QUESTIONS

- 1. What stood out to you from this weekend's message?
- What's a distraction that is harmless, but steals your attention every day (scrolling, snacking, hobbies, etc.)?
- 3. Attention, not intention, determines destination. Where have you seen this principle show up in your own life (good or bad)?

- 4. Read Proverbs 7. What does it mean in Proverbs 7:1-5 to "write God's commands on the tablet of your heart"? How do we *practically* do that?
- 5. In Proverbs 7:6–23, what stands out to you about the young man's choices? What were the warning signs he ignored?
- 6. Proverbs 7 paints sin as both attractive and destructive. How have you seen this tension play out in your own life or in culture today?
- 7. The enemy distracts you to detour you from life to death. What are subtle ways the enemy uses distraction in your life, and how do you recognize them?
- 8. What's one "attractive distraction" you sense God might be asking you to let go of right now?
- 9. In this week's message, we were challenged to "focus on the way of wisdom." What does walking in wisdom look like in your current season of life?

ACTION STEP

Day 1 - pray for revelation and clarity around personal distractions

Days 2-6 - read the book of James - 1 chapter each day

Day 7 - pray for a passion and pursuit of Godly wisdom