



GRACE GROUP LEADER'S MESSAGE GUIDE

(Week of October 12th)

WHAT IT MEANS TO BE - A MAN

LAST WEEK'S ACTION STEP

Identify one needed change and make it today.

ICEBREAKER

You can only watch 1 movie and 1 tv show for the rest of your life, what will they be?

BOTTOM LINE

Biblical Manhood: male strength harnessed under God's control.

MAIN SCRIPTURE

Genesis 1-3, 1 Peter 3:7

ADDITIONAL SCRIPTURES

Ephesians 5:25-32	John 13:14-15
Micah 6:8	Romans 12:2
Proverbs 1:7	Nehemiah 4:13-14

RESOURCES

Read this [article](#) from Desiring God titled "The Meaning of Manhood."

Watch this 31 minute [video](#) about Biblical Manhood from a YouTube podcast with Pastors Joby Martin and Brian Tome.

GRACE EVENTS

<https://www.gracefellowship.cc/events/>

DISCUSSION QUESTIONS

Leaders: make sure you're looking for balanced responses for both men and women this week!

1. What stood out to you from this weekend's message?

2. Who has been a positive male role model in your life? Why?
3. Read **Genesis 2:15-20**. What does man's role look like after viewing these verses?
4. Read **1 Peter 3:7**. In the passage men are instructed to live "considerately" or "with understanding" with their wives. For men: what does this mean in your life right now? For women: what would "considerate" or "with understanding" look like for you?
5. How does understanding that men and women are different—but equal—affect how you view relationships and responsibilities?
6. Identify one of those differences above. How can awareness of this difference improve your interactions with the opposite gender?
7. Our sermon notes mention, "Standing up as a man begins with kneeling before the Lord." What does that look like practically?
8. Many men oscillate between apathy and aggression. Why do you think this happens? How can God's design redirect that pattern?
9. How did Jesus succeed where Adam failed?
10. For men: In what ways can you model Jesus' strength in your family, workplace, or friendships? For women: how can you help in supporting these roles with your own?

ACTION STEP