



Use this guide to help your family learn how God can help us live with commitment.

First, watch this week's video!

Commitment:
Making a plan and putting it into practice

Memory Verse

"Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come."
1 Timothy 4:8, NIV

Bible Story

The Wise and Foolish Builders
Matthew 7:24-29

Bottom Line

Practice hearing from God.

Activity

Tongue Twister-Off

What You Need:

No supplies needed

What You Do:

Challenge your kid to a tongue twister contest. Without reading from the paper, see who can say each tongue twister the most times without messing up.

- Would words wound a wooly worm?
- Selfish Shelly sells shells.
- Peach speech.
- Truly Trudy tours towers.
- Six sleek swans swam swiftly southwards.
- Wayne went to Wales to watch walruses!
- Lesser leather never weathered wetter weather better.

Keep score to see who has the twistiest tongue of all!



Talk About the Bible Story

If you kept practicing tongue twisters, do you think you would get better at them or stay the same?

In our Bible story, Jesus said, "Everyone who hears my words and puts them into practice is like a wise man. He builds his house on the rock." What did Jesus say would happen to the man who builds his house on the rock? (*It would stand firm during a storm.*)

Jesus also said, "Everyone who hears my words and does not put them into practice is like a foolish man. He builds his house on sand." What did Jesus say would happen to the man who builds his house on sand? (*During a storm, it would fall with a loud crash.*)

Why is it important for us to practice hearing from God?

What are some ways we can hear from God? (*Reading the Bible, listening during church, talking to others who know more about God than we do*)

Parent: share about a time when you were able to stand strong because you remembered a story or verse from the Bible.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, I pray that we can continue to practice hearing from You through your Word, the Bible, through other people who follow You, and even by praying to You like we are right now. Please help us stay committed to reading Your story and hearing what's most important to You. Thank You for sending us Your Son, Jesus, and loving us so much. We love You! In Jesus' name we pray, amen."