

# Small Group Bible Study – Galatians 6

**Theme:** *Reaping What We Sow & Using Our Freedom to Do Good*

## 1. Opening Discussion

- What comes to mind when you hear the phrase “you reap what you sow”?
  - Share a time when you saw the long-term results (positive or negative) of a decision or habit.
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## 2. Read Galatians 6:1–10 Together

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## 3. Exploring the Text

### Verses 1–2 – Carrying One Another’s Burdens

- What kind of “burdens” do you think Paul is referring to?
- How does carrying one another’s burdens reflect the law of Christ (v. 2)?
- What is the difference between helping someone restore gently and judging them?

### Verses 3–5 – Personal Responsibility

- How do these verses balance helping others and taking personal responsibility?
  - In what ways can pride prevent us from serving others?
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## 4. Reaping What We Sow (vv. 7–8)

- What does Paul mean by “sowing to the flesh” versus “sowing to the Spirit”?
  - Can you give practical examples of each from everyday life?
- Why do you think Paul warns, “God cannot be mocked”? What are we tempted to mock God with?
- How does this principle of sowing and reaping challenge how we live today?
- What are some spiritual seeds you want to invest in more intentionally?

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## 5. Investing Freedom to Do Good (vv. 9–10)

- What does Paul encourage us *not to grow weary* in? What might cause spiritual fatigue?
- Why do you think doing good can sometimes feel tiring or discouraging?
- Who are included in “all people”? Who are “the family of believers”?
  - What might “doing good ... especially to the household of faith” look like in practical terms?
- How can our spiritual freedom be used selfishly? How can it be used to serve others?

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## 6. Connecting to Real Life

- Think of someone in need of encouragement, restoration, or practical help. How could you sow into their lives this week?
- What habits or practices could help us sow more to the Spirit and less to the flesh?
- As a group, who could we collectively ‘do good’ to this month?

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## 7. Reflective Challenge

- If your life is a field, what kind of harvest are you hoping to reap one year from now?
- What seeds do you need to start planting today?

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## 8. Prayer Time

- Pray for strength to sow to the Spirit and not grow weary in doing good.
- Pray for opportunities and courage to serve *all people*, especially those within the church family.
- Ask God to help you see where He wants you to plant seeds of kindness, encouragement, and generosity.