

## Delight - A Walk Through the Psalms - Psalms 1-30

### **Psalm 26**

When we are walking with the Lord it is easier to stand up against opposition and examination.

How to walk in integrity...10 things are listed in verses 4-8.

### **Biblical Principle:**

Bless the Lord publicly! Those who are determined to walk in integrity may be sure of God's care.

### **Psalm 27**

"Even if they attack me, I remain confident" (secure, bold, set one's hope in). -vs. 3 EVEN IF...

"Yet I am confident that I will see the Lord's goodness while I am here in the land of the living."

-vs. 13

### **Biblical Principle:**

Confidence in God grows with experiences with God. He offers help for today and hope for the future.

### **Psalm 28**

In times of crisis respond to God with not only your prayers but also your statement of belief. When you have horizontal affliction – look for a vertical solution.

### **Biblical Principle:**

The Lord is your strength, your stronghold, and your salvation. Be assured of His help!

### **Psalm 29**

We can trust God to give us both strength and peace to weather the storms of life.

### **Biblical Principle:**

"The Lord gives his people strength. The Lord blesses them with peace." -vs. 11 NLT

"The Lord will give unyielding and impenetrable strength to His people; the Lord will bless His people with peace." -Amplified

### **Psalm 30**

In sorrow...SING!	Don't be silent.
In sickness...PRAISE!	Don't be shaken.
In suffering.... THANK!	Don't be sulky.

### **Biblical Principle:**

In God's perfect timing He will use things, turn things, switch things and revive things. Wait and Trust.