



## BIBLESTUDY

Definition of prayer:					Leeann Kirkindoi 9/16/2025	
	nonestly with I our hearts wit ,	Him, h His will. It drawing _	ation with God- for His 's not just askir , an _ circumstance	voice, and ng for thing Id learning	gs; it's	
<u>Think "THIS</u>	NOT THAT" W	<u>/hen in co</u>	omes to Pray	<u>er</u>		
1. Prayer is		, NOT	(Isaic	nh 29:13)		
2. Prayer is ak	out	, NC	DT	(Mat	thew 6:5-8))	
•	n honest and a atthew 11:28-30		,	10T a		
4. Prayer is 46:10, Exodus		o, NOT onl	У	<u>.</u> (John 10:27	<sup>7</sup> , Psalm	
	ans 5:16—18, Psc		NOT	a	session.	
6. Prayer is ar Timothy 2:1, Ep		for	, NOT just	for	(1	
			, NOT Go		to	

## When starting a Prayer Practice:

- Remember, God DELIGHTS in spending time with you.
- Prayer should be your FIRST option, not your LAST.
- Use Scripture: Pray God's Word back to Him.
- 1. YAWEH
- 2. BREATH PRAYERS
- 3.ALLOW THE LORD TO SPEAK TO YOU IN FIRST PERSON
- Keep a Journal: Write prayers, answers, and reflections.
- Stay Real: Talk to God as you would to a trusted friend—ALL DAY LONG.
- PRAYER is THE OPEN DOOR for the Holy Spirit to usher in HOPE and PEACE.
- A great starting place is with the Lord's Prayer as your model. (Matt 6:9-13)
- Prayer is POWERFUL and EFFECTIVE. (James 5:16)
- Be CONSISTENT: Build prayer into DAILY RHYTHM. (commute, meals, bedtime).