

fall 2025

BIBLE STUDY

PRAY
Debbie StuartWeek 5
10/14/25**Making Prayer a Practice**

Prayer is a Spiritual Discipline. Spiritual Disciplines are habits that cultivate spiritual growth.

Praying scripture gives purpose and aligns priorities. (Ex. Pg. 134)

According to several respected Pastors and Authors these are the top 5 Spiritual Disciplines:

1.Prayer – talking to God regularly. You build a relationship by communication. Focused time in talking to God, which includes adoration, repentance, and yielding/aligning your life to the Lord's plan. This keeps your heart and your MIND centered around the things of God, not your things.

2.Bible Study – Read God's Word every day in an effort to meet with Jesus. He speaks through His Word - 20 Minutes a Day for the Rest of Your Life!

3.Connection – to God's people in a large setting (Church) and in small settings (groups).

4.Giving – your treasure, your time, and your talents.

5.Discipling – the last thing Jesus asks us to do. Matthew 28:19

Colossians 4:2

“Devote yourself to prayer with an alert mind and a thankful heart.”

Devote: BLB= to persevere, to be in a place, adhere closely, continue steadfastly.

Alert mind: BLB =to take heed lest through remission and indolence some destructive calamity suddenly overtake you. Indolence- avoidance of activity, laziness

“It is not possible for him to refuse to hear prayer that is based on his promise and offered in faith.” Charles Spurgeon

2 Timothy 3:16-17

“All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that the man of God may be complete, equipped for every good work.”ESV

“All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip His people to do every good work.” NLT

GROUP ACTIVITY:

Discuss Colossians 4:2.

What are the key components? Which one are you most lacking?

What are you going to do to correct it?

List the 4 Functions of Scripture:

1. _____
2. _____
3. _____
4. _____

In 2 Timothy, Paul encourages Timothy and us to do these things:

- 1.Stay Strong
- 2.Fan the Flames
- 3.Be Bold
- 4.Develop Confident Endurance
- 5.Fight Opposition
- 6.Stay grounded = sound doctrine
- 7.Be steadfast in your faith
- 8.Endure hardship like a soldier (I don't want us to be whiny/wimpy women)
- 9.Be diligent in your devotion to Jesus
- 10.Utilize the gifts God has given you