Connecting with God Prayer of Cleansing

Matthew 6:12 Pastor Brian

Matthew 6 ¹² Forgive us our sins (debts, transgressions, trespasses). (NIV)

1 John ⁹ If we confess our sins to him, he is faithful and just to forgive us our sins and to <u>cleanse us</u> from all wickedness. (NLT)

HOW CAN YOU BE CLEANSED?

1. Review your life on a **DAILY BASIS**.

Lamentations 3 40 Let us examine our ways and test them, and let us return to the LORD. (NLT)

Psalm 139 ²³ Search me, O God, and know my heart; test me and know my anxious thoughts. ²⁴ Point out anything in me that offends you... (NLT)

2. Repent of EVERY SIN.

Lamentations 3 ⁴¹ Let us lift our hearts and hands to God in heaven and say, ⁴² "We have sinned and rebelled..." (NLT)

Proverbs 28 ¹³ People who conceal their sins will not prosper, but if they confess and turn from them, they will receive mercy. (NLT)

3. MAKE AMENDS if necessary.

Luke 19 ⁸ "If I have cheated anybody out of anything, I will pay back four times the amount." ⁹ Jesus said to him, "Today salvation has come to this house." (NIV)

Matthew 5 ²³ Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, ²⁴ leave your gift there in front of the altar. First go and be reconciled to them... (NIV)

4. Receive GOD'S FORGIVENESS.

Hebrews 4 ¹⁶ So let us come boldly to the throne of our gracious God. There <u>we will receive his mercy</u>, and we will find grace to help us when we need it most. (NLT)

5. **TALK** to a friend (accountability).

James 5 ¹⁶ Confess your sins to each other and pray for each other so that you may be healed. (NLT)

6. **REPEAT**.

Hebrews 10 ²² Let us draw near to God with a sincere heart and with the full assurance that faith brings, having our hearts sprinkled to <u>cleanse us from a guilty conscience</u> and having our bodies washed with pure water. ²³ Let us hold unswervingly to the hope we profess, for he who promised is faithful. (NLT)

Final Thought:

Holding on to unconfessed sin **HINDERS US** from who God wants us to be.