

Connecting with God

Prayer of Deliverance

Matthew 6:13

Pastor Brian

Matthew 6 ¹³ Lead us not into temptation, but deliver us from evil. (ESV)

Prayer of Deliverance (Slide)

1 Corinthians 10 ¹³ The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure. (NLT)

HOW CAN I OVERCOME TEMPTATION?

1. **IDENTIFY** what makes me vulnerable.

Matthew 26 ⁴¹ Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak. (NIV)

2. **PLAN** to avoid it.

Proverbs 4 ²⁶ Mark out a straight path for your feet; stay on the safe path. ²⁷ Don't get sidetracked; keep your feet from following evil. (NLT)

3. **GUARD** my heart.

Proverbs 4 ²³ Guard your heart above all else, for it determines the course of your life. (NLT)

Ephesians 4 ²⁷ Do not give the devil a foothold. (NIV)

4. **PRAY** for deliverance.

Psalms 50 ¹⁵ Then call on me when you are in trouble, and I will rescue you, and you will give me glory. (NLT)

Hebrews 4 ¹⁵ For we do not have a high priest who is unable to empathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin. ¹⁶ Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. (NLT)

5. **TURN** my attention elsewhere.

Psalms 119 ⁶ Thinking about your commands will keep me from doing some foolish thing. (CEV)

Romans 12 ²¹ Don't let evil conquer you, but conquer evil by doing good. (NLT)

6. **GET HELP** from a friend.

***Ecclesiastes 4** ⁹Two people are better off than one, for they can help each other succeed. ¹⁰If one person falls, the other can reach out and help. (NLT)*

***Galatians 6** ¹Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted. ²Carry each other's burdens, and in this way you will fulfill the law of Christ. (NIV)*

Action Step:

Get real this week about your temptations and pray for deliverance.