

God is Good All the Time

The Lord is my Shepherd

Psalm 23:1

Pastor Brian

Psalm 23 ¹ *The Lord is my shepherd; I have all that I need.* ² *He lets me rest in green meadows; he leads me beside peaceful streams.* ³ *He renews my strength. He guides me along right paths, bringing honor to his name.* ⁴ *Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.* ⁵ *You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings.* ⁶ *Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever.*

Jesus is our shepherd & He provides everything we need.

Psalm 23 ¹ *The Lord is my shepherd; I have all that I need. (NLT)*

Why does God tell us not to worry?

1. Worrying is unhelpful.

Matthew 6 ²⁷ *Can all your worries add a single moment to your life? (NLT)*

2. Worrying is not trusting in God.

John 14 ¹ *Don't let your hearts be troubled. Trust in God, and trust also in me. (NLT)*

How do we trust God to meet our needs?

1. Ask Him everyday to be your shepherd.

Psalm 28 ⁹ *Come save us and bless us. Be our shepherd and always carry us in your arms. (CEV)*

2. Pray to Him and give Him your worries.

Philippians 4 ⁶ *Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.* ⁷ *Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. (NLT)*

3. Trust Him one day at a time.

Matthew 6 ³⁴ *So don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today. (NLT)*