

MESSAGE NOTES
The Road to Recovery
MAINTAINING MOMENTUM
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R.E.C.O.V.E.R.Y

PRINCIPLE 7: Reserve a **DAILY TIME** with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and gain **THE POWER** to do it.

“Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.” Mark 14:38

HOW DO I PUT THIS PRINCIPLE INTO ACTION?

PART 1

STEP 10: We continued to take personal inventory and when we were wrong, promptly admitted it.

“So, if you think you are standing firm, be careful that you don’t fall!” 1 Corinthians 10:12

1. **CONTINUE** taking personal inventory.

“Put yourselves to the test and judge yourselves, to find out whether you are living in faith.” 2 Corinthians 13:5

2. **EVALUATE** the good and the bad.

“Let us examine our ways and test them, and let us return to the LORD.” Lamentations 3:40

3. **ADMIT** our wrongs promptly.

“Confess your sins to each other and pray for each other so that you may be healed.” James 5:16

“Whoever lives by the truth comes into the light.” John 3:21

PART 2

STEP 11: We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and power to carry that out.

“Let the message of Christ dwell among you richly.” Colossians 3:16

1. **PRAY DAILY.**

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." Philippians 4:6

2. **READ GOD'S WORD** regularly.

"Man shall not live on bread alone, but on every word that comes from the mouth of God." Matthew 4:4

"Thy word is a lamp unto my feet, and a light unto my path." Psalm 119:105 KJV

3. **PLUG INTO** God's power.

"His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness." 2 Peter 1:3

"I can do all things through Christ who strengthens me." Philippians 4:13 KJV

ACTION STEPS:

**All scriptures are in the NIV unless otherwise noted.*