

*Roanoke, VA*

# GOOD NEIGHBOR

## *Guide*

Being a good neighbor just got easier! This guide will help you navigate the many opportunities to serve in the Roanoke Valley in partnership with trusted, Christ - Centered ministries who are already doing meaningful work in our community!



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# WELCOME!

## Good Neighbor

Jesus gave us The Great Commission not once, but FIVE times! As His church, we have a responsibility to take His command seriously. We are a SENT people, called to disciple-making of ALL nations, including our own. Acts 1:8 guides us to be His witnesses in Jerusalem, Judea, Samaria AND to the ends of the earth. As we participate in spreading the gospel all over the world, we also do that right where we are here at home in the Roanoke Valley!

What a privilege it is to join the Most High King as He establishes HIS kingdom in our families, neighborhoods, communities, nation, and the world! Are you ready to GO? Sometimes we have a big heart to help, but we don't always know where to start. Don't worry, that's why we've created the Good Neighbor Guide! Seek God's guidance as you pray about WHO He wants you to build relationship with. Jesus was relational, and He prioritized spending TIME with people. Relationship is key if we want to have an eternal impact.

The ministries you will meet in this guide have been building relationships with the people in our community for years, and they plan to continue! One of the best ways to serve is to jump in where God is already at work.

..... Let's Go!

This guide was created in partnership with Friendship House Roanoke. Check their website for an online listing of organizations and current volunteer needs in the community.  
<https://www.restoringhoperoanoke.org/get-involved-2/serve-your-neighbor/>



# Encourage WOMEN

## EMBRACE GRACE

Embrace Grace has the curriculum, tools and team ready to help your church lead support groups for the single moms and dads in your community!

Or Volunteer at a local group in our area: find one at: [embracegrace.com](http://embracegrace.com)

## LOVE LIFE

Love Life is uniting and mobilizing the church to create a culture of love and life that will result in an end to abortion and the orphan crisis.

Volunteer Opportunities Include:  
Prayer Team / Prayer Walks  
Sidewalk Outreach  
Life Mentor

Website: [lovelife.org](http://lovelife.org)  
Volunteer Contact: Abby Rock  
[abby@lovelife.org](mailto:abby@lovelife.org)

Did you know? There are over 18,000 abortions performed in Virginia each year.

## BLUE RIDGE WOMEN'S CENTER

The BRWC has a mission to empower women and men facing a pregnancy decision to make life-affirming choices by offering hopeful alternatives, free medical services, and resources in an environment full of the love and grace of Christ.

Volunteer Opportunities Include:

Baby Bottle Processors  
Church/Business Ambassador  
Cleaning/Housekeeping  
Male and Female Client Advocates (English and Spanish)  
Donation Sorters/Stockers  
Event Representative  
General Administrative Work  
Grounds Maintenance  
Meals for Clients  
Nurse  
Shopping Assistant  
Sonographer  
Transporter  
Ultrasound Chaperone  
Professional Services

Website: [supportbrwc.org](http://supportbrwc.org)  
Phone: 540-362-3007  
To Volunteer, visit:  
[supportbrwc.org/volunteer/](http://supportbrwc.org/volunteer/)



# Mentor **TEENS**

Did you know? 16% of VA high school students and 22% of middle school students reported seriously considering attempting suicide.

## SOOUL FOUNDATION

A faith-based organization that looks to connect all parts of the community through education and service. We develop programs and leadership initiatives that fulfill the needs of the youth community and the people who support them.

Volunteer Opportunities: Youth Mentors  
To Volunteer visit: [soulfoundation.org/support/](https://soulfoundation.org/support/)  
Contact: [kgholston@soulfoundation.org](mailto:kgholston@soulfoundation.org)

## STRAIGHT STREET

The mission and purpose of Straight Street is to provide a positive Christian environment where at-risk youth can go and obtain the necessary skills and training needed to mature and to discover God's Divine plan for their lives.

Volunteer Opportunities:  
Saturday Night Program  
Parent Life  
Small Groups and Mentoring  
(Girls group, Guys group)

Website: [straightstreet.org](https://straightstreet.org)  
Contact: [info@straightstreet.org](mailto:info@straightstreet.org)

## IMPACT LIVING SERVICES

Changing outcomes for at risk youth and families.

To find out more, email:  
[april@impactlivingservices.org](mailto:april@impactlivingservices.org)



## YOUNG LIFE

We go to kids, build bridges of authentic friendship, and introduce them to Jesus Christ. Young Life has been impacting the life of teens in our local high schools for 45 years.

To volunteer, visit:  
[roanokevalley.younglife.org/find-us/](https://roanokevalley.younglife.org/find-us/)

## EAGLES SOCCER CLUB

Coaching and leadership for Middle and High School international soccer players; Saturday afternoons. Danny Farrar, 678-462-7382, [farrarcd@gmail.com](mailto:farrarcd@gmail.com)

# Serve the **HOMELESS**

## THE ROANOKE RESCUE MISSION

With the mission of “helping hurting people in Jesus’ name,” the Rescue Mission of Roanoke is a comprehensive crisis intervention center for men, women, and children, offering life-saving services aimed at transformation and restoration.

### Volunteer Opportunities:

Transportation

Meal Service

Manna Food Pantry

Thrift Shop Volunteers

Fralin Free Clinic (medical)

Chapel

Contact: Harlee McKinney, Volunteer Coordinator (540) 343-7227 ext. 7656 or [harlee.mckinney@rescuemission.net](mailto:harlee.mckinney@rescuemission.net) OR [rescuemission.net/volunteer/](http://rescuemission.net/volunteer/)

## SAMARITAN INN

Seeks to minister to the homeless and poor in a comprehensive fashion by addressing both the needs of the soul and the body.

Volunteer as a meal helper Tues-Sat.

[www.samaritaninnva.org/volunteer](http://www.samaritaninnva.org/volunteer)

540-343-1447



## THE LEAST OF THESE

Strives to make a positive difference in the lives of the homeless community in the Roanoke Valley. Its mission is to meet men and women living on the streets and serve them with spiritual, physical, and emotional support in the name of Jesus Christ.

### Help out by:

Preparing meals

Ride alongs in the ministry truck

Meet urgent needs / wishlist

Contact Dawn or Nancy

(540) 556-3200

[roaleastofthese@yahoo.com](mailto:roaleastofthese@yahoo.com)





# Raise up **CHILDREN**

## Talitha Koum Program at Friendship House

In Friendship House's Talitha Koum Program, we aim to introduce the children that come to us to the same life-giving Jesus and his Word so that they will all hear the call to arise. Talitha Koum Program serves approximately 20 elementary students throughout the year with a holistic approach to caring for children. To Volunteer email: [friends@friendshiphouseroanoke.org](mailto:friends@friendshiphouseroanoke.org) or call us at 540-343-5437 [www.friendshiphouseroanoke.org](http://www.friendshiphouseroanoke.org)

## Keystone Community Center

Seeks to meet the spiritual, physical, and educational needs of our dear friends in Southeast Roanoke through biblically inspired community programs. Volunteer at the preschool learning club, after school program, food pantry, cleaning team, adult bible studies, and seasonal programs. Fill out an application: [www.keystonecommunitycenter.org/volunteer.html](http://www.keystonecommunitycenter.org/volunteer.html)  
(540) 342-8452

## Safe Families for Children

Safe Families for Children seeks to keep children safe and families together. Safe Families for Children seeks to build a network of caring and compassionate volunteers to support families facing social isolation. Our goals are to prevent child abuse and neglect, reduce the number of children entering the child welfare system, and support and stabilize families. Become a host family or a mentor. Contact [434-376-2006 x605](tel:434-376-2006) Email: [rcaskey@patrickhenry.org](mailto:rcaskey@patrickhenry.org)  
[www.safe-families.org](http://www.safe-families.org)

Care Portal - See Resources Page

**Did you know? There are over 4,800 children in foster care in VA.**

# Welcome **IMMIGRANTS** and Refugees



## IMMIGRANT CONNECTION - BLUE RIDGE

A church based model ensuring greater access to high-quality, low-cost immigration legal services across the US: 29 Local Immigrant Connection Sites, 60 Department of Justice accredited legal representatives and other legal staff provide immigration legal services to immigrant families. Our sites and staff have served over 19,000 immigrant families since 2014. The Blue Ridge site is located at First Wesleyan Church in Roanoke. Volunteer needs: legal assistant, administrative, advocacy.

[www.icwelcome.org](http://www.icwelcome.org) 540-366-3088 [immigrantconnectionblueridge@gmail.com](mailto:immigrantconnectionblueridge@gmail.com)

## EL FARO CONNECTION CENTER (The Lighthouse)

Our vision is to support our neighbors and walk along with them, to provide resources and share the love of Christ in our community. Programs include adult literacy, adult English classes, after school tutoring and counseling. Volunteer Application online: [www.elfaroconnectioncenter.org/volunteer](http://www.elfaroconnectioncenter.org/volunteer) 540-315-6887

## FRIENDSHIP HOUSE - GOOD NEIGHBOR PROGRAM

Since 2017 Friendship House's Good Neighbor Program has been working to find safe and secure housing for refugee families, while also providing household items, food, and English tutoring. They have had the privilege of hosting families from places such as Nepal, Africa, Syria and Afghanistan. Friendship House actively partners with gospel churches to provide ministries of mercy and empowerment to our new neighbors. Collaborations with local churches include:

English Club— provides both transportation and childcare for its students. Tutors provide 1-on-1 practice in class, or meet individually in homes.

Friendship Soccer Club—Seasonal clinics to allow both refugee and local children to come together to learn soccer and make new friends.

Good Neighbor Teams—Small groups from local churches commit to walk alongside recently-arrived refugees to befriend and support them as they adjust to life in the U.S.

[www.friendshiphouseroanoke.org](http://www.friendshiphouseroanoke.org) for volunteer application.



Did you know? Over 12,000 immigrants live in Roanoke, and many of them never heard the name of Jesus in their home country.



# Value those with Special Abilities



## Chris's Coffee and Custard

Provides opportunities for young adults with intellectual, developmental, and physical disabilities to enhance life skills, social skills and unique job skills. Our desire is to empower and enhance the lives of these special young adults, while promoting their independence.

Chris's Coffee & Custard is looking to grow our volunteer army. If you have a desire to help young people with disabilities, please come to Chris's and speak to Beth. [chrisscoffeeandcustard.com](http://chrisscoffeeandcustard.com)

1824 9th Street SE, Ste B, Roanoke (540) 774-4848

## Masterpiece Alliance

Believes all people, no matter their abilities, are masterpieces created to live beautiful stories, and our vision is that no person with a disability has to live life in society's margins. To make that vision a reality we are building a community where friends of all abilities gather together to laugh, love, serve, and grow. In our community ALL God's masterpieces belong and are loved! Be a buddy, give a ride, or make/serve food.

To learn more about the Masterpiece Alliance community, visit

<https://masterpiecealliance.org>

or contact Scott Habeeb at 540-389-2610

## Young Life Capernaum

Celebrating kids of all abilities. All kids are welcome and we have leaders and buddies to help serve our students with differing abilities.

**Teen and adult volunteers** needed to drive and/or hang out with teens and young adults with disabilities. Contact Erin Jennings [roanokevalleycapernaum@gmail.com](mailto:roanokevalleycapernaum@gmail.com)



# A safe place



## HEALING AND RECOVERY

### The Fralin Free Clinic at the Rescue Mission



The Fralin Free Clinic serves individuals currently experiencing homelessness and those transitioning into permanent housing in the Roanoke Valley. Medical, dental, and optometrist volunteers are needed. Contact [pam.milkowski@rescuemission.net](mailto:pam.milkowski@rescuemission.net) or call 540.777.7671

**BLESS MY SOLE** is a unique ministry that takes place every third Thursday of the month as a means of sharing Christ's love with people who are homeless and hurting. Volunteers wash participants' feet, talk, and pray with them. Volunteer medical providers examine foot wounds, trim nails, and administer treatment as needed. It is a moving experience for volunteers and patients alike. [www.rescuemission.net/fralin-free-clinic/](http://www.rescuemission.net/fralin-free-clinic/)

### Celebrate Recovery

a Christ Centered 12 step recovery program for anyone struggling with hurts, hang ups, and habits of any kind. It is a safe place to find community and freedom from the issues that are controlling life. Roanoke has sites at Church of the Holy Spirit, Fellowship CC North, and Raleigh Court UMC. Check the website for contact information - [www.locator.crgroups.info](http://www.locator.crgroups.info)

### The Lampstand

The Lampstand is the only residential program in Virginia dedicated to serving juvenile survivors of sexual exploitation and trafficking. Our twelve month program provides a safe space and comprehensive trauma-informed care for girls ages 12-17 years old. We exist to empower survivors as they begin their journey of healing. Our goal is to address vulnerabilities to reduce revictimization and facilitate healing and hope. To inquire about volunteer opportunities with survivors or awareness, Visit:

[www.thelampstandva.org/volunteer-2/](http://www.thelampstandva.org/volunteer-2/) **10**



# Addressing

# POVERTY



## THE AGAPE CENTER

The Agape Center is a God-directed outreach ministry with the goal of attending to the felt need of man while addressing man's spiritual need in a manner that gives God the glory. Services Include Mentoring, Food, Clothing, Housewares and Furniture.

Volunteer Needs Include: Mentors, clothing shop, housewares shop, food pantry, administration, IT, and more. To fill out a volunteer application, visit:

[www.agapevinton.org](http://www.agapevinton.org)

## THE ROANOKE RESCUE MISSION

With the mission of “helping hurting people in Jesus’ name,” the Rescue Mission of Roanoke is a comprehensive crisis intervention center for men, women, and children, offering life-saving services aimed at transformation and restoration.

Volunteer Opportunities: Transportation, Meal Service, Manna Food Pantry, Thrift Shop Volunteers, Fralin Free Clinic (medical), Chapel, Welcome Home Teams

Contact: Harlee McKinney, Volunteer Coordinator (540) 343-7227 ext. 7656 or [harlee.mckinney@rescuemission.net](mailto:harlee.mckinney@rescuemission.net) OR

[rescuemission.net/volunteer/](http://rescuemission.net/volunteer/)

## MERCY WORKS AT FRIENDSHIP HOUSE

Program serves an average of 100-120 households each and every week. We provide our neighbors with fresh and non-perishable food items, as well as hygiene items. Through our partnership with local restaurants and grocery stores, we have the privilege of providing fresh meat and produce each week along with bakery items to go with the usual non-perishable items. Food box delivery drivers needed on Wednesdays and Thursdays (1 hr committment).

During check-in participants are asked for prayer requests that staff and volunteers pray for each week.

To volunteer, call 540-343-5437 or visit:

[friendshiphouseroanoke.org/programs/mercyworks/](http://friendshiphouseroanoke.org/programs/mercyworks/)

**Did you know? As of 2020, in VA over 658,000 people had to worry where their next meal would come from on any given day.**



Equip with

# Resources

## Link2Hope

Welcome to Link2Hope, a unique web-based platform designed to create meaningful relationships among individuals, families in need, volunteers, churches, and organizations. Link2Hope empowers people to both request help and extend help to others. It's about creating a circle of support and community resilience. To learn more about getting involved with Link2Hope, visit [www.link2hoperoanoke.org](http://www.link2hoperoanoke.org) where you can register and explore the platform. Email Nancy Friesen at Friendship House [nancy@friendshiphouseroanoke.org](mailto:nancy@friendshiphouseroanoke.org) or [mgahima@parkwayroanoke.com](mailto:mgahima@parkwayroanoke.com)

## Care Portal

Just as ride-sharing and home-sharing services have unlocked value and connection in places where it didn't exist before, CarePortal enables care-sharing: a social impact service that matches caring people with local opportunities to make a positive difference for and with their community. Right now, in real-time. Parkway's Community Care Team is one response team in our area that is using the Care Portal platform. Multiple area churches are also connected and meeting needs through Care Portal! Learn more at [www.careportal.org](http://www.careportal.org)

To get connected to Parkway's team, email [mgahima@parkwayroanoke.com](mailto:mgahima@parkwayroanoke.com)

## Restoring Hope - Empowerment

**Restoring Hope is a program of Friendship House that focuses on empowering our neighbors to overcome poverty.**

Through partnerships with local churches, we aim to offer ministries of empowerment to our neighbors. Our current offerings include:

**Jobs for Life:** A class for the unemployed and underemployed to see their value in God's eyes and apply that to the work world.

**Faith & Finances:** A course that teaches basic financial skills useful to lower-income individuals and families. Throughout the session, Biblical principles are taught that highlight Christ's restoration of all things. Volunteers are needed at various times throughout the year.

[friendshiphouseroanoke.org/restoring-hope-program/](http://friendshiphouseroanoke.org/restoring-hope-program/) or email [friends@friendshiphouseroanoke.org](mailto:friends@friendshiphouseroanoke.org) or call 540-343-5437

# 25 Ideas for a

# Lifestyle of Service

Now you've become acquainted with this list of amazing local ministries who are serving our community daily, and we pray God has put one of them on your heart today. We also know that we are all in different seasons of life. No matter what the season, we can always make time to incorporate serving into our daily lives. Sometimes the simplest of gestures can make a world of difference in someone's day or someone's LIFE! These ideas could open up doors for you to share love, truth, and Jesus with someone today!

1. Offer to return someone's grocery cart.
2. Visit with the elderly in their homes or a care facility.
3. Pay for someone's food in the grocery store or fast-food line.
4. Smile and say hello to an immigrant.
5. Bake cookies for the local fire or police station.
6. Refill bird feeders at a nursing home.
7. Volunteer for a community event.
8. Get involved with a neighborhood group or start one in your neighborhood. (LoveSE is one group that regularly does neighborhood clean ups, tree planting, socials, mural painting, etc.)
9. Give out waters to road work teams.
10. Road clean-up / Clean Valley Day
11. Take bags of quarters, laundry pods, dryer sheets to the laundromat and ask people how you can pray for them.
12. Do yard work for someone who can't do it themselves.
13. Prepare homeless blessing bags or sleeping bags and a note of scripture.
14. Help with childcare for single moms.
15. Make prayer blankets for hospital patients or preemies.
16. Buy and set up Roku for homebounds so they can watch church online.
17. Relieve a full-time caregiver for a day.
18. Make pancakes for the homeless on a Saturday morning.
19. Put together and deliver Mama kits for a local pregnancy center.
20. Invite international college students for a meal in your home.
21. Collect tabs for Ronald McDonald House or cook a meal in the RMH Kitchen.
22. Delivery lunch for a Habitat For Humanity build team.
23. Provide umbrellas for teachers who work the drop off / pickup line.
24. Go introduce yourself to a neighbor you don't know, pray for them every time you drive past their house.
25. Gather your neighbors for a home cooked meal or a cookout.



# BIBLE REFERENCES

- Acts 1:8  
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- Mark 12:31  
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- Luke 6:27  
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- Matthew 22:36-40  
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- James 2:8  
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- Matthew 19:19  
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- Romans 15:2  
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- Luke 10:25-37  
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- Galatians 5:14  
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- Romans 13:10  
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