



## OVERFLOW

Mark 6:30-44

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John 10:10 The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. (NIV)

### **BOLD Habits**

B - Be With & Bless Others

O - Observe & Obey the Holy Spirit

L - Learn & Live Jesus

D - Demonstrate & Declare the Kingdom

Mark 6:33 The apostles gathered around Jesus and reported to him all they had done and taught. 31 Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." 32 So they went away by themselves in a boat to a solitary place. (NIV)

### To live a **BOLD** life of **OVERFLOW**, I need:

- a **Relationship with Jesus**.

A BOLD life is an **OVERFLOW FROM** a daily relationship with Jesus AND an **OVERFLOW FOR** Jesus!

- to **Rest in Jesus**.

What would your life look like if you intentionally spent time in a relationship with Jesus every day?

What's on your **mind** and on your **heart** is what comes out of your **mouth**!

Mark 6:33 But many who saw them leaving recognized them and ran on foot from all the towns and got there ahead of them. 34 When Jesus landed and saw a large crowd, he had compassion on them, because they were like sheep without a shepherd. So he began teaching them many things. (NIV)

- to **Reflect Jesus**.

Reflecting Jesus doesn't come **natural** to us; it only comes from overflow **with** Jesus!

### People everywhere are longing for relationship!

Mark 6:35 By this time it was late in the day, so his disciples came to him. "This is a remote place," they said, "and it's already very late. 36 Send the people away so that they can go to the surrounding countryside and villages and buy themselves something to eat." (NIV)

- to **Rely on Jesus**.

Mark 6:37 But he answered, "You give them something to eat." They said to him, "That would take more than half a year's wages! Are we to go and spend that much on bread and give it to them to eat?" 38 "How many loaves do you have?" he asked. "Go and see." When they found out, they said, "Five—and two fish." 39 Then Jesus directed them to have all the people sit down in groups on the green grass. 40 So they sat down in groups of hundreds and fifties. 41 Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke the loaves. Then he gave them to his disciples to distribute to the people. He also divided the two fish among them all. 42 They all ate and were satisfied, 43 and the disciples picked up twelve basketfuls of broken pieces of bread and fish. 44 The number of the men who had eaten was five thousand. (NIV)

When we rely on Jesus, he meets our **basic** and **deepest** needs.

John 6:32 Jesus said to them, "Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. 33 For the bread of God is the bread that comes down from heaven and gives life to the world." (NIV)

Jesus doesn't just give us bread; He is the **Bread**.

Jesus meets **others'** needs through our lives.

- to **Receive the blessing of Jesus**.

Overflow happens when we are in **relationship with Jesus**, **rest** in Jesus, **reflect** Jesus and **rely** on Jesus, and **receive** the blessing of Jesus!