

The Church Table Tool

Being with the CHURCH beside us

Meet at a table with 2-3 other Followers of Jesus (same gender) at least twice per month. Practice the REAP Bible Study Method on your own at least 4-5 times per week, working through a book in the Bible the group has agreed upon. Take notes in a journal or spiral notebook and bring it to your Church Table. When you meet at your Church Table, discuss your REAP readings since your last meeting, share how things are going with your **Community Tables** and **Cultural Tables**, and pray for one another.

REAP Bible Study Method

For each day you practice REAP, write the letters R, E, A, and P spaced out down the left side of your page so you can add a few notes under each letter. The study should not take more than 15-20 minutes.

READ – *Listen for God's voice in his Word.*

- Pick a book of the Bible (as a group).
- Read a paragraph (no more than 8 verses) and write down the reference.
- Ask God to speak to you, for your own growth, and for those he is sending you to.
- Prayerfully read the text (several times) with a heart open to the Holy Spirit's direction.

EXAMINE – *Explore what God is saying and why it matters.*

- Explore the context: Who are the author and recipients? Why was it written? What did it mean to the recipients? How does it point to Jesus and his kingdom?
- Ask: What truth here reveals who God is, what he desires for believers and the world around them, and the posture of Jesus?
- Write down one or two points that surfaced and spoke to you the most.

APPLY – *Be transformed and live a BOLD Life in Jesus.*

- Ask: What do I learn about God, myself, or my mission in the world? What do I need to change, confess, avoid, apply, claim, or practice?
- Write down a concrete next step: How you will think, live, speak, or love differently today.
- Frame your application within our BOLD Habits.
- Today, how will my time in Scripture lead me to:
 - Be with & Bless Others?
 - Observe & Obey the Spirit?
 - Learn & Live Jesus?
 - Demonstrate & Declare the Kingdom?

PRAY – *Pray it in and live it out.*

- Pray through the passage and your application.
- Ask God to direct you as you live a BOLD Life where you live, work, learn, and play today.
- Pray for specific people, places, and situations where you can embody this Word today.