



Way Down We Go

Jonah 1:17 – 2:10

These questions are provided to lead the group in applying the teaching from Sunday. Allow the Holy Spirit to guide you in being a doer of God's Word. Challenge each other and be vulnerable as God works IN and THROUGH you together.

1. Who has God placed on your heart to invite to The Table (1- Year Rally)? Have you had any table meetings yet (Church? Community? Cultures)? How is it going?
2. Share a story from your childhood about when you were physically lost?
3. **Read Jonah 2:1-2.** How has God responded to your repentant prayers? Why do you think he responds that way? How does this compare to the way we respond to others when they seek our forgiveness?
4. **Read Jonah 2:3-6a.** How does this illustrate how sin impacts our lives? If you are a follower of Jesus, how have you seen sin in your life disrupt your fellowship with God?
5. Why is the tension between “being made in God’s image” yet “marred by sin” important to keep? If we only hold one of these truths to be true, what can happen?
6. How does understanding the order of salvation (Justification > Sanctification > Glorification) impact the way you view sin and spiritual growth?
7. **Read Jonah 2:6b-8.** How have you experienced God’s discipline as merciful, kind, or loving, even if it felt uncomfortable?
8. **Read Proverbs 3:11-13.** How can this understanding of God’s discipline help us respond to God’s correction with gratitude rather than resentment?
9. **In verse 8,** Jonah spoke of when we cling to worthless idols, we close ourselves off from God and His love (though it is still there). What are some idols you embrace that impact your fellowship with God?
10. **Read Jonah 2:9-10.** Can you think of a time that Rock Bottom became Holy Ground for you? What was the new beginning that came from that?
11. How can this group pray for you and our church this week? Pray for people to invite to your Church, Community, and Culture tables.