



**Way Down We Go**  
Jonah 1:17 – 2:10  
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Keith Abbott

**Jonah 1:17-2:10**

<sup>17</sup>Now the Lord provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights.

<sup>2</sup>From inside the fish Jonah prayed to the Lord his God. <sup>2</sup>He said: “In my distress I called to the Lord, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry. <sup>3</sup>You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. <sup>4</sup>I said, ‘I have been banished from your sight; yet I will look again toward your holy temple.’ <sup>5</sup>The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. <sup>6</sup>To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, Lord my God, brought my life up from the pit. <sup>7</sup>“When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple. <sup>8</sup>“Those who cling to worthless idols turn away from God’s love for them. <sup>9</sup>But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, ‘Salvation comes from the LORD.’” <sup>10</sup>And the Lord commanded the fish, and it vomited Jonah onto dry land. (NIV)

**God ALWAYS listens and eagerly responds to a repentant prayer.** (2:1-2)

**Sin ALWAYS impacts us.** (2:3-6a)

- **Before embracing Christ, sin separates us from God.**

**Romans 3:23** For all have sinned and fall short of the glory of God. (NIV)

**Romans 6:23** The wages of our sin is death, but the gift of God is eternal life through Jesus Christ our Lord. (NIV)

- **After embracing Christ, sin disrupts our fellowship with God.**

**Romans 8:1** Therefore, there is now no condemnation for those who are in Christ Jesus, (NIV)

**Ephesians 4:30** And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. (NIV)

**We must ALWAYS hold these two truths in tension:**

- We are (1) made in God’s image, yet (2) marred by sin.

**Genesis 1: 26-27** Then God said, “Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground.” <sup>27</sup>So God created mankind in his own image, in the image of God he created them; male and female he created them. (NIV)

**Romans 3:23**

**ORDER OF SALVATION**

**JUSTIFICATION > SANCTIFICATION > GLORIFICATION**

| Positionally                     |  | Progressively                              |  | Perfectly                                   |
|----------------------------------|--|--|--|---|
| Penalty of Sin Removed           |  | Power of Sin Being Broken                  |  | Presence of Sin Removed                     |
| Being Saved                      |  | Will Be Saved                              |  | Been Saved                                  |
| Declared Righteous<br>Romans 5:1 |  | Being Made Righteous<br>2 Corinthians 3:18 |  | Fully Made Righteous<br>Philippians 3:20-21 |

**God’s corrective discipline is ALWAYS filled with mercy & love.** (2:6b-8)

- **God’s corrective discipline can feel like:**

- A Severe Kindness
- An Uncomfortable Grace
- A Painful Love

**Proverbs 3:11-13** My son, do not despise the Lord’s discipline, and do not resent his rebuke, <sup>12</sup>because the Lord disciplines those he loves, as a father the son he delights in. <sup>13</sup>Blessed are those who find wisdom, those who gain understanding, (NIV)

**Salvation ALWAYS comes from the Lord.** (2:9)

- **Repentance is not just sorrow for our disobedience; it’s renewed obedience.**

**God ALWAYS restores us for Mission.** (2:9)

Rock Bottom can ALWAYS become Holy Ground. (2:10)