

21 FASTING & DAYS OF PRAYER



“LET’S GO”



RISECHURCH

21 Days of Prayer & Fasting

Theme: LET'S GO

“Jesus said to them, ‘Let us go on to the next towns, that I may preach there also, for that is why I came.’” – Mark 1:38 (ESV)

This 21-day journey is a call to movement—spiritually, personally, and missionally—as **Rise Church. LET'S GO** is about obedience, faith, courage, and action.

As a church planted in faith and grown through sacrifice, God is once again calling us forward. **Leading into our 3 Days Ablaze**, we believe God is igniting fresh fire in our hearts—renewing passion, sharpening vision, and awakening hunger for more. But fire is never meant to stay contained.

Ablaze fuels our movement. LET'S GO is our response.

God is inviting us to leave comfort, overcome fear, deepen devotion, and move forward together in purpose—for our homes, our campuses, our cities, and our region.

Each day includes:

- **Scripture**
 - **Prayer Focus**
 - **Fasting Reflection / Action Step**
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HOW TO FAST

As a Rise Church family, we fast not to earn God's favor, but to position our hearts to hear Him clearly and respond obediently. Whether you are part of our Rocky Mount or Nashville campus, we are moving forward together in unity. Choose a fast that stretches your faith but is healthy and sustainable:

- **Daniel Fast** (fruits, vegetables, water)
- **Sunup to Sundown Fast**
- **One-Meal-a-Day Fast**
- **Media / Social Media Fast**
- **Personalized Fast** (pray before choosing)
- **Complete Fast** (consuming only water)

Let your fasting create space for prayer, Scripture, and listening to the Holy Spirit.

WEEK 1: LET'S GO DEEPER (Personal Renewal)

Before we go outward as a church, we go inward as disciples. Revival in our community begins with renewal in our hearts.

Day 1 – Let's Go: A Call to Move

Scripture: Genesis 12:1–4

Devotion: Every move of God begins with a call, and every call requires a response. For Abram, God did not give a map—He gave a promise. Rise Church was born the same way: not with certainty, but with obedience. God often calls us to move before we feel ready, resourced, or confident. Faith is not knowing where you are going; faith is trusting Who is leading you. If we wait for comfort, we will miss calling. God is still saying, “Go,” and He is still faithful to those who obey.

Prayer Focus: Obedience to God's call

Prayer: Lord, I say yes before I know all the details. Give me faith to move when You say go. I trust You with what I leave and where You lead. Amen.

Fast Reflection / Action: What is God asking you to step away from in this season?

Day 2 – Let's Go After God

Scripture: Jeremiah 29:13

Devotion: God does not hide Himself from hungry hearts. He promises to be found by those who seek Him fully, not casually. Revival never starts with better programs—it starts with deeper pursuit. As Rise Church, our strength has never been numbers or buildings, but hunger for God. When we seek Him with all our heart, clarity replaces confusion and passion replaces apathy.

Prayer Focus: Hunger for God

Prayer: God, stir a deeper hunger in my heart. I don't want routine—I want relationship. Meet me as I seek You. Amen.

Fast Reflection / Action: Replace a mealtime or habit with intentional prayer.

Day 3 – Let's Go Free

Scripture: Hebrews 12:1

Devotion: God never calls us forward while leaving us bound. Weights are not always sins—sometimes they are good things that have become heavy things. Freedom is not about perfection; it is about alignment. If we are going to run our race as individuals and as a church, we must release whatever slows our obedience. God's grace empowers freedom.

Prayer Focus: Freedom from sin and distractions

Prayer: Father, show me what is weighing me down. I lay aside every sin and unhealthy pattern. Set me free to run fully after You. Amen.

Fast Reflection / Action: Confess and surrender what the Spirit reveals.

Day 4 – Let's Go Trust God

Scripture: Proverbs 3:5–6

Devotion: Trust is forged in moments when understanding is absent. God often withholds explanation so that we learn dependence. Rise Church has walked through seasons where the path forward required trust, not certainty. When we lean into God instead of our own logic, He promises direction. Trust turns confusion into confidence.

Prayer Focus: Trust over control

Prayer: Lord, I release my need to understand everything. I trust You with my future, my family, and my decisions. Lead me forward. Amen.

Fast Reflection / Action: Identify areas where you struggle to trust God.

Day 5 – Let's Go All In

Scripture: Romans 12:1

Devotion: God is not looking for partial commitment. Living sacrifices choose surrender daily. The growth and impact of Rise Church have always been fueled by people willing

to go all in—serving, giving, praying, and believing. When we fully surrender, God fully works. There is no safer place than fully yielded.

Prayer Focus: Total surrender

Prayer: God, I place my life on the altar again. Nothing held back. Use me fully for Your glory. Amen.

Fast Reflection / Action: Write a prayer of full surrender.

Day 6 – Let's Go Listen

Scripture: John 10:27

Devotion: God still speaks, but noise competes for our attention. Listening requires slowing down long enough to recognize His voice. Direction flows from intimacy. As we fast, we silence distractions so we can hear clearly. Rise Church moves best when we move together, listening first to the Shepherd.

Prayer Focus: Hearing God's voice

Prayer: Holy Spirit, quiet every competing voice. I want to hear You clearly and follow You closely. Speak, Lord. Amen.

Fast Reflection / Action: Spend extended time in silence today.

Day 7 – Let's Go Rest

Scripture: Matthew 11:28–30

Devotion: Rest is an act of trust. When we stop striving, we declare that God is sufficient. Sustainable ministry and healthy discipleship require rhythms of rest. Jesus invites the weary not to quit, but to come. Renewal prepares us for longevity.

Prayer Focus: Renewal and rest

Prayer: Jesus, I come to You for rest. Restore my soul and renew my strength for what's ahead. Amen.

Fast Reflection / Action: Practice Sabbath rest today.

WEEK 2: LET'S GO FORWARD (Faith & Courage)

Rise Church has never grown by playing it safe. This week we pray for fresh courage to take faith-steps—personally and corporately—into what God is calling us to next.

Day 8 – Let's Go by Faith

Scripture: Hebrews 11:1

Devotion: Faith is forward-looking confidence rooted in God's character. It does not deny reality; it declares that God is greater than what is seen. Rise Church has always stepped into the unknown believing that obedience invites provision. Faith says, "God, if You said it, we will walk it out." The future belongs to faith-filled people.

Prayer Focus: Faith for the future

Prayer: God, help me trust what I cannot yet see. Strengthen my faith to move forward with confidence in You. Amen.

Fast Reflection / Action: Declare God's promises over your future.

Day 9 – Let's Go Without Fear

Scripture: Joshua 1:9

Devotion: Fear is often the enemy's tool to stop forward momentum. God does not deny challenges, but He promises His presence in them. Courage is not the absence of fear; it is obedience in spite of it. As a church, we have learned that courage unlocks new territory. God goes before us—and that changes everything.

Prayer Focus: Courage

Prayer: Lord, I refuse to be led by fear. Fill me with boldness and courage to step into Your plans. Amen.

Fast Reflection / Action: Name fears and surrender them to God.

Day 10 – Let's Go Breakthrough

Scripture: Isaiah 43:19

Devotion: God specializes in new things. Breakthrough often comes after seasons of pressing, praying, and persevering. What feels like delay is often divine preparation. Rise Church has witnessed God make ways where none seemed possible—reminding us that He is always ahead of us. Expect Him to move.

Prayer Focus: New beginnings

Prayer: God, do a new thing in my life. Break through every barrier and make a way where there seems to be none. Amen.

Fast Reflection / Action: Expect God to move in a fresh way.

Day 11 – Let's Go Persevere

Scripture: Galatians 6:9

Devotion: Weariness is often a sign that harvest is near. Perseverance keeps us faithful between promise and fulfillment. The story of Rise Church is marked by faithful endurance—leaders and volunteers who didn't quit. God honors persistence fueled by trust.

Prayer Focus: Endurance

Prayer: Lord, give me strength to keep going. I trust You for the harvest in due season. Amen.

Fast Reflection / Action: Don't quit—press in today.

Day 12 – Let's Go with Joy

Scripture: Nehemiah 8:10

Devotion: Joy is not circumstantial—it is spiritual. It comes from knowing God is at work even when outcomes are uncertain. Joy strengthens weary hearts and fuels long obedience. A joyful church is a powerful witness.

Prayer Focus: Joy and gratitude

Prayer: God, restore my joy. Let gratitude overflow even while I wait. Amen.

Fast Reflection / Action: List things you're thankful for.

Day 13 – Let's Go United

Scripture: Psalm 133:1

Devotion: Unity attracts God's blessing. When we move together, we move further. Rise Church's impact has always flowed from unity across generations, cultures, and campuses. The enemy divides; the Spirit unites.

Prayer Focus: Unity in the church and family

Prayer: Lord, make us one. Heal division and strengthen unity in our homes and church. Amen.

Fast Reflection / Action: Pray for reconciliation and unity.

Day 14 – Let's Go Empowered

Scripture: Acts 1:8

Devotion: God never sends us without power. The Holy Spirit equips ordinary people for an extraordinary mission. Everything Rise Church has accomplished has been empowered by the Spirit, not human strength. Fresh filling brings fresh boldness.

Prayer Focus: Power of the Holy Spirit

Prayer: Holy Spirit, fill me afresh. Empower me to live boldly and serve faithfully. Amen.

Fast Reflection / Action: Ask for a fresh infilling of the Spirit.

WEEK 3: LET'S GO REACH (Mission & Impact)

We believe the local church is the hope of the world and the hope of every community. This final week focuses on outward mission—loving, serving, and reaching our cities with the real Jesus.

Day 15 – Let's Go Love People

Scripture: Matthew 22:37–39

Devotion: Love is our greatest witness. Programs may attract, but love transforms. Rise Church exists to help people meet the real Jesus—and that always begins with love. When we love authentically, barriers fall and hearts open.

Prayer Focus: Love for others

Prayer: God, give me Your heart for people. Help me love beyond comfort and convenience. Amen.

Fast Reflection / Action: Intentionally show love today.

Day 16 – Let's Go Serve

Scripture: Mark 10:45

Devotion: Greatness in God's Kingdom is measured by service. Serving reflects the heart of Jesus and reveals the power of humility. Rise Church has always been built by faithful servants who gave quietly and sacrificially. Service turns faith into action.

Prayer Focus: Servant's heart

Prayer: Jesus, teach me to serve like You. Use my hands to bless others. Amen.

Fast Reflection / Action: Serve someone quietly today.

Day 17 – Let's Go Share

Scripture: Romans 1:16

Devotion: The gospel is too good to keep to ourselves. Sharing faith is not about pressure, but overflow. When Jesus has changed us, we naturally want others to know. God uses ordinary conversations to bring eternal transformation.

Prayer Focus: Bold witness

Prayer: Lord, give me boldness to share my faith. Let my life and words point people to You. Amen.

Fast Reflection / Action: Pray for one person by name.

Day 18 – Let's Go Heal

Scripture: Isaiah 61:1

Devotion: Jesus came to heal the brokenhearted and restore the wounded. Healing is both spiritual and practical. Through ministries like Peacemakers, Rise Church carries hope into hurting spaces. God still heals—and He often uses willing people.

Prayer Focus: Healing and restoration

Prayer: God, bring healing—to bodies, hearts, and communities. Use me as a vessel of Your grace. Amen.

Fast Reflection / Action: Pray for healing over someone else.

Day 19 – Let's Go Build God's Kingdom

Scripture: Matthew 6:33

Devotion: Kingdom living means eternal priorities shape daily decisions. When God's Kingdom comes first, everything else finds its proper place. Rise Church exists not for its own name, but for God's glory in our region and beyond.

Prayer Focus: Kingdom priorities

Prayer: Father, align my life with Your Kingdom. Let Your purposes come first in everything. Amen.

Fast Reflection / Action: Evaluate your priorities.

Day 20 – Let's Go Together

Scripture: Ecclesiastes 4:9–12

Devotion: We were never meant to walk alone. God moves through community. Together we are stronger, wiser, and more resilient. Rise Church's future will be built the same way its past was—together.

Prayer Focus: Community and partnership

Prayer: God, thank You for spiritual family. Help us move forward together, stronger and united. Amen.

Fast Reflection / Action: Encourage someone in their faith.

Day 21 – Let's Go!

Scripture: Matthew 28:19–20

Prayer Focus: Living the mission

Prayer: Lord, I'm ready. I step forward in obedience, faith, and purpose. Send me. Use me. Let's go! Amen.

Fast Reflection: Celebrate what God has done and commit to what's next.

CLOSING DECLARATION

We are Rise Church.

We started with a yes. We grew through faith. We remain committed to our communities.

We are called. We are ready. We are sent.

LET'S GO!