




Series: A Million Miracles – Week 2 | Title: The Miracle of You | Text: Psalm 139

 Read Psalm 139

Note: You are a walking miracle — fearfully and wonderfully made by God, known by Him, and loved beyond measure. The miracle isn't just out there in creation... it's you.

1. The Miracle of You

Read: Psalm 139:13-14


 Key questions:

- What do you think it means to be “fearfully and wonderfully made”?
- How does hearing the scientific details about your heart, brain, or DNA increase your awe of God?
- Have you ever struggled to believe that you are a miracle? Why or why not?

2. God Knows You

Read: Psalm 139:1-4


Jesus said, “Even the very hairs of your head are all numbered.” (Matthew 10:30)

 Key questions:

- How does it make you feel to know that God perceives your thoughts and knows your words before you speak them?
- Is it comforting or unsettling that God knows everything about you?
- Why is it important to believe that God knows us and still loves us?

3. God Loves You


Reflect on: Your worth is not found in your elements or talents — it's found in your Creator.

 Key questions:

- When do you find it hardest to believe that God truly loves you?
- What lies do people often believe about their value or identity?
- How does the cross demonstrate your worth in God's eyes?

4. There Are No Ordinary People

Read this quote from C.S. Lewis: “There are no ordinary people. You have never talked to a mere mortal...”

 Key questions:

- How would our relationships change if we viewed everyone as a miracle created by God?
- Who is someone in your life that you've underestimated or overlooked — and how can you begin to honor their divine worth?



Scripture Reflection

Romans 1:20 — Creation reveals God's power and nature.

- How does creation help you understand God better?
- How can you notice the miraculous in the mundane this week?

Application

This week, try one or more of the following:

- Speak life over yourself – Start each day by thanking God for how He uniquely created you.
- Honor someone else – Tell someone in your life something specific and affirming about how you see God's handiwork in them.
- Memorize Psalm 139:14 – Let it remind you daily of your miraculous identity.

Closing Prayer

Thank You, God, for the miracle of life. Please help me to see myself and others the way You do — fearfully, wonderfully, and uniquely made. I ask You to heal any part of me that has struggled with worth, value, or identity. Thank You for creating me with such care and intention. May I treat others with the same awe and value. Amen."