



Week 5 Do you want to leave too?

"If you are not taking any steps you are not following Jesus."

Icebreaker: Share a moment from this week where you felt challenged or inspired in your faith journey.

Scripture Exploration

- Read John 6:49-51. What is Jesus teaching about the "bread of life" and how does it compare to the manna in the wilderness?
- In John 6:60-69, how do the disciples react to Jesus' teaching? What does this reveal about their understanding and faith?

Group Discussion Questions

Reflect - Reid Robinette mentioned that "following Jesus is hard, but not following is even harder." How have you experienced these challenges in your own life? What keeps you motivated to continue following Jesus?

Understand - In John 6:49–51, Jesus refers to Himself as the *"living bread."* How do you interpret this metaphor? How does this understanding influence your daily walk with Christ?

Scriptural Insights - The sermon highlighted that some teachings of Jesus are difficult to accept. Which of His teachings do you find most challenging, and how do you process or work through these struggles?

Theological Reflection - The sermon reminded us that we are so broken it took the sacrifice of Jesus to redeem us. How does this understanding of grace and redemption shape your view of God and your relationship with Him?



FOLLOW *Jesus*

Personal Study Guide

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Personal Reflection

- What does Jesus' teaching about the "living bread" imply about our spiritual needs and how they are met?
- Consider the statement "Following Jesus is hard, but not following is harder." How does this resonate with your personal experiences?
- How does the comparison between physical and spiritual nourishment in this passage deepen your understanding of faith?

Personal Application

- What steps can you take to deepen your commitment to following Jesus, even when it feels difficult?
- How can you encourage others in your community who may be struggling with their faith?
- Identify one practical action you can take this week to demonstrate your faith in Jesus as the "bread of life." How will this influence your daily life and interactions with others?