



## With Week 6: WiTH Faith

"How much do you trust that God's got you?"

**Icebreaker:** If you could try any circus act, which one would you choose and why?

### Group Discussion Questions

1. Trust and Faith: The sermon compares our faith journey to a flyer trusting a catcher. How does this metaphor resonate with your personal faith experience? Are there areas in your life where you struggle to "let go of the bar"?
2. Role of Trust in Faith: Henri Nouwen's quote was mentioned, "I can only fly freely when I know there is a catcher to catch me." How does this idea of trust influence your relationship with God? Share a time when trusting God's "catch" was difficult for you.
3. Understanding Courage: The sermon suggests that it's not our courage but "Christ in you" that allows us to let go. How does this perspective shift your understanding of courage in your spiritual journey?
4. Spiritual Freedom: Reflect on the concept of spiritual freedom as discussed in the sermon. How can letting go and trusting God lead to a more fulfilling spiritual life?
5. Theological Implications: Discuss the roles of "flyer" and "catcher" as a metaphor for our relationship with God. How does this analogy help us understand our dependence on God's grace and provision?
6. Community Impact: How can our church community support each other in taking "leaps of faith"? What practical steps can we take to encourage one another to trust in God's plan?
7. Call to Action: What is one specific area in your life where you feel called to "let go" and trust God more this week? How can the group support you in this journey?



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### Scripture Exploration

- Read Proverbs 3:5-6. What does it mean to trust in the Lord with all your heart? How does this connect with the idea of letting go?
- Consider Hebrews 11:1. How does this definition of faith relate to the metaphor of the flyer and the catcher?
- In Philippians 4:13, Paul speaks of strength through Christ. How does this verse encourage you in moments when letting go seems daunting?

### Personal Reflection

- What does it mean to you that Christ is the one who gives you the courage to let go? How does this change your understanding of faith?
- Reflect on the quote "the flyer must never try to catch the catcher." How does this relate to your relationship with God?
- How do the principles of trust and faith in God challenge or affirm your current beliefs?

### Personal Application

- Identify one area of your life where you struggle to "let go." What steps can you take to trust God more fully in this area?
- How can you encourage someone else in your community to trust in God like the flyer trusts the catcher?
- Plan a specific action you can take this week to "let go" and rely on God more deeply. Share this plan with a friend or group for accountability.