



Set Free - Week 3

"We all live with the tension between knowing what is good and struggling to do it."

Icebreaker: Share a moment from this past week where you felt truly free or at peace.

What contributed to that feeling?

Group Discussion Questions

1. Reflect on Romans 7: How does Paul's struggle in Romans 7:15-25 resonate with your personal experiences of trying to do good but falling short? How does this passage help you understand the human condition and our need for grace?
2. Hosanna to Crucify: Discuss the shift from "Hosanna" to "Crucify Him" in the context of Palm Sunday and Good Friday. What does this reveal about human nature and our relationship with God?
3. Personal Battles: Paul talks about the internal battle between wanting to do good and falling into sin. What are some practical ways you can rely on God to help you overcome these personal battles?
4. Community and Prayer: Kevin encouraged inviting others to church and praying for them. How can we as a group support each other in this mission, and why is prayer a crucial component?
5. The Role of Honesty: Paul was transparent about his struggles. How can being honest about our own struggles lead to spiritual growth and community support?
6. Easter Anticipation: As Easter approaches, how can reflecting on both the "bad news" of our sin and the "good news" of Christ's redemption prepare our hearts for the celebration? What specific actions can you take this week to prepare spiritually for Easter?



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Scripture Exploration

- Read Romans 7:15-25. What stands out to you about Paul's internal struggle?
- How does the crowd's reaction on Palm Sunday (Matthew 21:1-11) reflect the tension between hope and disappointment?
- What do the terms "Hosanna" and "crucify" reveal about the crowd's expectations and understanding of Jesus?

Personal Reflection

- How does Paul's description of his struggle with sin in Romans 7:15-25 resonate with your own experiences?
- What theological insights can we draw from the contrast between Palm Sunday and Good Friday?
- How does recognizing our own limitations help us understand the need for a Savior?

Personal Application

- Reflect on an area in your life where you feel "bound" or "chained." What steps can you take to seek freedom in this area?
- How can you be more open and honest, like Paul, about your struggles within your community or support network?
- Consider someone you know who might be struggling with similar issues. How can you offer support or an invitation to explore faith together?
- As Easter approaches, what specific actions can you take to prepare your heart to fully appreciate the "good news" of the resurrection?